



the place  
to live



# OLDER AND ACTIVE IN DAREBIN

DIRECTORY  
2017-2019

## **Older and Active in Darebin**

This booklet contains information about activities, clubs and recreation for older adults in Darebin. To find out information in your own language, contact the multilingual telephone line on 8470 8470.

## **Anziani e attivi a Darebin**

Questo opuscolo contiene indicazioni sulle attività, i club e gli svaghi per gli anziani di Darebin. Per avere informazioni nella propria lingua contattare la Linea telefonica multilingue al numero 8470 8470.

## **Ηλικιωμένοι και δραστήριοι στο Darebin**

Το βιβλιάριο αυτό περιέχει πληροφορίες για δραστηριότητες, λέσχες και τόπους αναψυχής για ηλικιωμένα άτομα στο Darebin. Για να μάθετε περισσότερες πληροφορίες στη γλώσσα σας, επικοινωνήστε με την πολύγλωσση τηλεφωνική γραμμή στο 8470 8470.

## **戴瑞賓市老年人活動天地**

本冊子包含有關戴瑞賓市老年人活動、俱樂部 and 娛樂休閒方面的資訊。如需透過自己的母語查詢相關資訊，請致電多語種專線8470 8470。

## **نشاطات لكبار السن بمنطقة داربين**

يقدم هذا الكتيب معلومات حول النشاطات والنوادي والترفيه الخاص بالسكان كبار السن المقيمون بمنطقة داربين. للحصول على هذه المعلومات بلغتك الرجاء الإتصال بخط الهاتف متعدد اللغات على الرقم 8470 8470.

## **Постарите активни луѓе во Darebin**

Оваа книшка содржи информации за активности, клубови и рекреација за постарите во Darebin. Ако сакате повеќе информации на ваш јазик јавете се на повеќејазичната телефонска линија на 8470 8470.

## **Bạc cao niên và Năng động tại Darebin**

Tài liệu này trình bày thông tin về những hoạt động, câu lạc bộ và sinh hoạt tiêu khiển dành cho người cao niên ở Darebin. Muốn biết thêm chi tiết bằng tiếng Việt, xin điện thoại cho đường dây đa ngữ qua số 8470 8470.

इस पुस्तिका में डारेबिन में वरिष्ठ निवासियों के लिए गतिविधियों, क्लबों और मनोरंजन के बारे में जानकारी शामिल है। अपनी भाषा में जानकारी पाने के लिए, बहुभाषी टेलीफोन लाइन 8470 8470 पर संपर्क करें।



THE CITY OF DAREBIN  
ACKNOWLEDGES,  
RECOGNISES AND RESPECTS  
THE ELDERS, FAMILIES  
AND FOREBEARS OF THE  
WURUNDJERI PEOPLE AS THE  
TRADITIONAL OWNERS OF  
THE LAND.



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## INTRODUCTION

Darebin Council encourages people from all communities to be active as they age.

Council's work with older people is guided by Darebin Active and Healthy Ageing Strategy 2011 - 2021. As part of this work Darebin Council has put together Older and Active in Darebin 2017 - 2019. This small and handy book lists a range of community organisations and programs that welcome older people.

**Can't find what you are looking for?  
See the index at the end of this booklet on page 58**



## ABORIGINAL ACTIVITIES AND ORGANISATIONS

### **3 KND, Kool N Deadly Radio 1503AM and Digital**

Melbourne's only Indigenous radio station. We provide specialist training in radio and media broadcasting to Indigenous community members.

**48 Mary St, Preston**  
**Contact 9471 1305**  
**[3knd.org.au](http://3knd.org.au)**

### **Aborigines Advancement League**

Home and Community Care Programs for younger people, Community Home Support Program for eligible clients including in home help and property maintenance. Also provide food, financial counselling, guidance for families, and support for tenants at risk. Other services focus on culture, music and disability support.

**2 Watt Street, Thornbury**  
**Contact 9480 7777**

### **Aboriginal Catholic Ministry**

We strive for reconciliation by working with those who believe in making things better for the Aboriginal Community.

**434 St. Georges Rd,  
Thornbury**  
**Contact 9480 3849**  
**[cam.org.au/acmv](http://cam.org.au/acmv)**

### **Aboriginal Community Elders Service (ACES)**

Tai Chi, Massage, hydro (with physiotherapist), art and craft, social lunch, outings and men's shed.

**5 Parkview Avenue,  
East Brunswick**  
**Contact 9838 4244**  
**[acesinc.org.au](http://acesinc.org.au)**

### **Barrbunin Beek Food Share**

A place for local Aboriginal and Torres Strait Island community members to get together and take home fresh fruit and vegetables for the whole family.

**Contact Banyule  
Community Health  
9450 2015**  
**or Darebin Community  
Health on 8470 1111**

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### **Budda Men’s Shed**

Support group for Aboriginal and Torres Strait Islander men to interact, join in activities and discuss health issues.

**Darebin Community Health,  
155 Blake Street, Reservoir.  
Contact 8470 1111**

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### **Darebin Council Aboriginal Contact Officer**

This officer can talk to you about Aboriginal matters and what Council can do to support the community.

**Contact 8470 8366 or  
0427 797 668**

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### **Fitzroy Stars Football and Netball Club**

Fitzroy Stars is more than just a football and netball club. Activities available in this family friendly environment include ladies exercise, football training, netball, dinners, Elders bus, Oz Kick and Health Promotions.

**Sir Douglas Nicholls Oval  
2 Watt Street, Thornbury  
[australianrulesfootball.com.au/pages/fitzroystarsfc](http://australianrulesfootball.com.au/pages/fitzroystarsfc)  
Contact Simon  
0406 531 581  
[fitzroystarsfc@bigpond.com](mailto:fitzroystarsfc@bigpond.com)**

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### **Gurwidge Neighbourhood House**

Aboriginal Women’s Yarning Circle, family support and food parcels.

**43 Clapham Street,  
Thornbury (opposite  
Aborigines Advancement  
League)  
Contact 9416 7682**

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### **Kookaburra Club**

A club for Aboriginal and Torres Strait Islander people, elders and their carers to enjoy a chat, a feed and join in the laughs

**Darebin Community Health,  
125 Blake Street, Reservoir  
Contact 8470 1135**

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### **Melbourne Polytechnic Koorie Services Centre**

Encourages and supports Aboriginal and Torres Strait Islander students of all ages with course advice, books, uniforms, equipment, fees and tutorial support.

We also encourage Aboriginal Elders to join our cultural hub with other Elders who offer cultural guidance to staff and students.

**77 St Georges Road, Preston  
Contact Koorie Services  
9269 1339**

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### **Minajalku Healing Centre**

Activities include smoking ceremony, art therapy, strength and balance groups for women and men, and parents' groups for the local Aboriginal Community.

**11 Rossmoyne Street,  
Thornbury**

**Contact 8549 3800**

Tram 86

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### **Sista Circle**

Sista Circle is a safe space where Aboriginal and Torres Strait Islander women meet to yarn, share stories of hope, strength, caring and wisdom. We also do art and craft activities. Lunch is provided.

**Barrbunin Beek**

**Contact 8470 1812**

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### **Victorian Aboriginal Health Service**

Medical, dental and other health services and Community Programs.

**186 Nicholson Street Fitzroy**

**Contact 9419 3000**

Medical, health services and community gym facility.

**238-250 Plenty Road**

**Preston**

**Contact 9403 3300**

**[vahs.org.au](http://vahs.org.au)**

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### **Victorian Aboriginal Legal Service**

The Victorian Aboriginal Legal Service Co-operative Limited provides legal advice and representation for the Koorie community.

**273 High Street, Preston**

**Contact 1800 064 865**

**[vals.org.au](http://vals.org.au)**

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### **Yarra Healing: Towards Reconciliation with Indigenous Australians**

**Contact 9267 0228**

**[yarrahealing.catholic.edu.au](http://yarrahealing.catholic.edu.au)**

**See also Spiritual  
Healing Walk page 29**



## ARTS, CRAFTS, MUSIC, DANCE, DRAMA

### Art for all Abilities

Join in with fun art activities and discover your own creativity! You will make art of all kinds with recycled materials and go out on excursions together. Suitable for adults with an intellectual disability or living with mental illness.

**SPAN Community House**  
**64 Clyde St, Thornbury**  
**Contact 9480 1364**  
**[spanhouse.org](http://spanhouse.org)**

### Artistic Development

Explore colour and mixed media and develop your own work. Best for those with some experience.

**SPAN Community House**  
**64 Clyde St, Thornbury**  
**Contact 9480 1364**  
**[spanhouse.org](http://spanhouse.org)**

### Arts Directory

Search Darebin Council's arts directory for Darebin artists and creative organisations at [darebin.vic.gov.au/Discover-Darebin/Arts-and-Creativity/Arts-Directory](http://darebin.vic.gov.au/Discover-Darebin/Arts-and-Creativity/Arts-Directory).

**For a printed copy of this Directory, or to find out more about arts in Darebin, contact Darebin Council on 8470 8505**

### Arts Website

The Darebin Arts website is a portal to all arts events, programs and festivals produced by Darebin City Council.

**Visit [darebinarts.com.au](http://darebinarts.com.au)**

### Darebin Art Prize

The Darebin Art Prize is a biennial national multi-medium art prize. Artists from across Australia are presented in this major exhibition where they compete for a \$10,000 acquisitive prize.

**Contact Bundoora**  
**Homestead Art Centre**  
**9496 1060**  
**[bundoorahomestead.com](http://bundoorahomestead.com)**

### Painting and Drawing

The Bridge, Preston  
**218 High Street, Preston**  
**Contact 9484 5806**

### Reservoir Arts Festival - True North

This annual festival celebrates the unique cultural identity and expanding artistic community of Darebin's north.

**Contact Darebin Council**  
**8470 8888**  
**[darebinarts.com.au](http://darebinarts.com.au)**



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## **What's On Darebin Arts Newsletter**

What's On Darebin Arts is a fortnightly email newsletter featuring Darebin-based arts events and projects.

**Contact Darebin Council**  
**8470 8211**  
[darebin.vic.gov.au](http://darebin.vic.gov.au)

## ARTS CENTRES

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### **Bundoora Homestead Art Centre**

Public art gallery, restored heritage house and gardens, charming café.

Open Wed – Sun, free entry

**7 Prospect Hill Drive,  
Bundoora**  
**Contact 9496 1060**  
[bundoorahomestead.com](http://bundoorahomestead.com)  
Bus 563, Tram 86

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### **Darebin Arts and Entertainment Centre**

Art exhibitions, performances, concerts for seniors including morning tea.

**Corner St Georges Road  
and Bell Street, Preston**  
**Contact 8470 8282**  
[darebinartscentre.com.au](http://darebinartscentre.com.au)  
Bus 513, Train Bell Station

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### **Islamic Museum of Australia**

A visit to the Islamic Museum takes you on a journey through art and history that helps you to discover what Islam is about. Art exhibitions by contemporary Muslim artists are a highlight of your experience and so is the scrumptious food at the IMA café! Group tours and art workshops available.

**15a Anderson Rd,  
Thornbury**  
**Contact 1300 915 171**  
[islamicmuseum.org.au](http://islamicmuseum.org.au)

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### **Northcote Town Hall**

Artistic hub and venue for exhibitions, performance and cultural events.

**189 High Street, Northcote**  
**Contact Darebin Council on  
9481 9500**  
[northcotetownhall.com.au](http://northcotetownhall.com.au)  
Tram 86

# CRAFTS AND TEXTILES

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## Alphington Knitting Group

In the cooler months you can come along and knit for charity.

Beginners welcome.

**Alphington Community Centre**  
**2 Kelvin Road, Alphington**  
**Contact 9499 7227**  
**[alphingtoncommunitycentre.org.au](http://alphingtoncommunitycentre.org.au)**

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## Craft Circle

Bring your own craft or work together on craft projects for special occasions.

**Reservoir Neighbourhood House**  
**2B Cuthbert Road,**  
**Reservoir**  
**Contact Rachel 9462 4611**  
**[admin@reservoirnh.org.au](mailto:admin@reservoirnh.org.au)**

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## Carers Get Creative

Enjoy fun art activities with other family carers in a friendly and relaxed group. Take some time out for yourself and explore your creativity.

**SPAN Community House**  
**64 Clyde Street, Thornbury**  
**Contact 9480 1364**  
**[spanhouse.org](http://spanhouse.org)**

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## Craft Works

Whether you knit, sew or crochet, get together with other crafters to swap skills and stories.

**SPAN Community House**  
**64 Clyde Street, Thornbury**  
**Contact 9480 1364**  
**[spanhouse.org](http://spanhouse.org)**

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## Purling Around

Informal knitting group. Come along and share skills and new ideas over a coffee.

**Degani's Café, Station Street, Fairfield.**  
**Contact Anne 9486 7184**  
**[annelearn@bigpond.com](mailto:annelearn@bigpond.com)**



## KNITTING GROUPS

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### **Knitting group - The Bridge, Preston**

**218 High Street, Preston  
Contact 9484 5806**

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### **Knitting group - The Bridge, Thornbury**

**131 Shaftesbury  
Parade, Thornbury  
Contact 9480 0466**

## WOODTURNING

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### **Northern Woodturners Club**

Group caters for men and women of all ages.  
Weekly meetings and regular training sessions.

**Kingsbury Scout Hall,  
Browning Street.  
Contact Gordon 9470 4546**

## DANCE

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### **Bootscoot'n Basics**

Country style dance class in the Northern Suburbs

**Contact Caro on  
0408 187 020**

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### **Moving Stars**

Explore your creative, artistic and theatrical skills in a supportive class aimed at people with additional needs and their carers.

**Leinster Grove Community  
Hall, Thornbury  
Contact The Bridge,  
Thornbury 9480 0466**

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### **The Spring Dreams Dancing Group**

Chinese Ethnic Dancing Group

**East Reservoir Senior  
Citizens Centre  
7a Strathmerton Street,  
Reservoir  
Contact Emily  
0416 180 488**

**See also Darebin  
U3A for art and craft  
activities page 35**

# MUSIC

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## **ARCapella Choir**

Community choir sings  
4 part voice parts - no  
experience necessary!

Concerts and weekly  
rehearsals are fun and led by  
a professional conductor.

**Donald St Community Hall,  
Preston.**

**Contact Amelia  
0434 356 687**

**[arcappella.org.au](http://arcappella.org.au)**

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## **Catchment Players**

Reservoir based music  
theatre group, regular  
productions.

**Contact secretary@  
[catchmentplayers.org.au](mailto:catchmentplayers.org.au)**

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## **Carols in All Nations**

With a great program of  
music, carol singing and  
wonderful activities for  
children, Carols In All Nations  
provides an opportunity to  
celebrate the start of the  
festive season with your  
community at this relaxed  
event.

**Contact 8470 8888  
[darebinarts.com.au/carols](http://darebinarts.com.au/carols)**

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## **Caribbean Drums**

Everyone Welcome!!  
Drumming is fun and easy!

**Jika Jika Community  
Centre, corner Plant and  
UnionStreets, Northcote**

**Contact 9482 5100**

**[jikajika.org.au](http://jikajika.org.au)**

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## **Celtic Jam for Morning Tea**

Come and join in a relaxed  
introduction to playing Celtic  
music.

We learn slowly and by ear.

**Jika Jika Community  
Centre, corner Plant and  
Union Streets, Northcote**

**Contact 9482 5100**

**[jikajika.org.au](http://jikajika.org.au)**

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## **Community Music Victoria**

Wide range of music  
activities throughout Victoria

**[cmvic.org.au](http://cmvic.org.au)**

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## **Darebin City Brass**

Brass band with a great  
reputation! Beginners  
welcome.

**Meets at Hall on corner of  
Cramer and Mary Streets,  
Preston (opposite Preston  
Market)**

**Contact 0403 075 458**

**Secretary@  
[darebincitybrass.com](http://darebincitybrass.com)**

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### **Darebin Music Feast**

Annual music festival featuring Melbourne's thriving and diverse music community.

Includes Songwriters Award.

**Contact 8470 8888**  
**darebinarts.com.au**

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### **Expressive Women's Choir**

Brings women together to explore their voices, the richness of world music, and to connect with one another through song.

**Contact Bronwyn**  
**0421 426 117**  
**bronnyalice@optusnet.com.au**

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### **High Street Bells Choir**

People of all abilities are welcome to join in the joy of singing and performing. The choir helps the community to understand ability and disability through regular concerts.

**Contact Sally 0412 546 665**  
**highstreetbellschoir.org.au**

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### **Melbourne Ukulele Collective**

For those who love the uke. No experience necessary.

**Contact Dean 0450 768 575**  
**muk.com.au**

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### **Northern Voice Community Choir**

**Jika Jika Community Centre**  
**Corner Plant and Union Streets, Northcote**

**Contact 9482 5100**  
**jikajika.org.au**

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### **Orkeztra Glasso Bashalde**

Can you read music? Come and play in our Gypsy and World music orchestra

**Jika Jika Community Centre**  
**Corner Plant and Union Streets, Northcote**  
**Contact 9482 5100**  
**jikajika.org.au**

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### **Preston Symphony Orchestra**

Enthusiastic players of orchestral instruments welcome.

Weekly rehearsals and 4 concerts per year.

**Preston City Hall,**  
**284 Gower Street, Preston**  
**Contact 9481 8810**  
**prestonsymphony.org.au**

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### **Squawkestra**

Adult beginner community orchestra, Northcote area.

**Contact Katrina**  
**0415 107 190**  
**squawkestra.com.au**

## PHOTOGRAPHY

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### **Preston Photographic Club**

We are a small friendly club. Activities include guest speakers, workshops, competitions.

**Preston Library,  
266 Gower St, Preston  
Contact Robin  
0425 744 360**

[prestonphotographicclub.net](http://prestonphotographicclub.net)

## WRITING

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### **Hellenic Writers Association**

Support for writers, workshops, readings, book launches, discussion.

**Northcote Library,  
Separation Street,  
Northcote**

**Contact Joanna 9480 1217**

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### **Thornbury Writers**

The group share their writing and work together to develop skills guided by a published author. Beginners welcome.

**SPAN Community House,  
64 Clyde St, Thornbury  
Contact 9480 1364**

[spanhouse.org](http://spanhouse.org)

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### ***n*-SCRIBE**

Published once a year, *n*-SCRIBE brings together the work of writers and illustrators from different cultures and generations across Darebin. *n*-scribe is free online or in print through Darebin Libraries, in cafes and community hubs.

**Contact Darebin Council  
8470 8458.**

[darebinarts.com.au/  
programs/n-scribe/](http://darebinarts.com.au/programs/n-scribe/)



## CONNECT WITH DAREBIN COUNCIL

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**For information about rubbish disposal and recycling, parking, pets, rates and other Council matters contact or visit Darebin Customer Service Centres (see addresses page 17):**

**Darebin Council phone number - all services and enquiries 8470 8888**

**Darebin Council Website [darebin.vic.gov.au](http://darebin.vic.gov.au)**

**Language Support  
8470 8470**

العربية	Italiano
繁體中文	Македонски
Ελληνικά	Soomalii
हिंदी	Tiếng Việt

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### **Speak My Language (Interpreting Services)**

Darebin Council offers a free interpreting service for people who don't speak English.

### **Call the Multilingual Telephone Line 8470 8470**

Say your language and we will connect you to a Language Aide or interpreter.

Or you can visit any Customer Service Centre and we will find a Language Aide or interpreter.

**See also Deaf, Speech  
or Hearing Impaired  
(Support) page 53**



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## **Darebin Council Customer Service Centres**

### **Northcote Customer Service Centre (Northcote Library)**

**32-38 Separation Street, Northcote**

**Open 10:00am-5:00pm**

Bus 508/552/567,  
Train Northcote station,  
Tram 86/112

### **Preston Customer Service Centre**

**274 Gower Street, Preston**

**Open 8:30am-5:00pm**

Bus 552/553/527,  
Train Preston Station,  
Tram 86

### **Reservoir Community and Learning Centre**

**Edwardes Street, Reservoir**

**Open 10:00am-5:00pm**

Bus 552, 555, 556, 561, 553,  
558, Train Reservoir Station

**See also  
Libraries page 33**





## ENVIRONMENT, FOOD, GARDENS

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### **Alphington Community Lunch**

Join us for monthly lunch, a chat and local entertainment!

### **Alphington Community Centre**

**2 Kelvin Road, Alphington**

**Contact 9499 7227**

**[alphingtoncommunitycentre.org.au](http://alphingtoncommunitycentre.org.au)**

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### **Community Lunch at SPAN Community House**

Once a month a two course home cooked meal is shared in our dining room with other friendly community members. Come along for company, conversation and support.

**SPAN Community House,  
64 Clyde Street, Thornbury**

**Contact 9480 1364**

**[spanhouse.org](http://spanhouse.org)**

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### **Alphington Patch Gardening Group**

Garden group meets to help maintain the Alphington Community Centre gardens, learn skills, share information, and have a cuppa. We grow produce for our community lunches.

**2 Kelvin Road, Alphington**

**Contact 9499 7227**

**[alphingtoncommunitycentre.org.au](http://alphingtoncommunitycentre.org.au)**

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### **Backyard Harvest Festival**

Celebration of home food growing traditions. Learn from passionate and knowledgeable local experts from different cultures. Visit home gardens, participate in gardening workshops and get inspired to create your own food garden this spring! Held once a year in November.

**Contact Darebin Council  
8470 8392**

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### **Budget Bites Guide**

Darebin Council's Budget Bites Guide provides information and advice on how to make healthy food choices for yourself and your family, even while living on a tight budget.

**Contact Darebin Council 8470 8888** to be sent a copy. Or visit your nearest Customer Service Centre to pick up a copy.

[darebin.vic.gov.au](http://darebin.vic.gov.au)

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### **East Reservoir Community Garden**

A space for gardeners, friends and locals to come together and relax, unwind, swap and share vegetables and gardening secrets, expertise and friendship.

Garden plots available.

**7A Strathmerton Street, Reservoir**

**Contact Jess 0423 088 722**  
[eastreservoirgarden@gmail.com](mailto:eastreservoirgarden@gmail.com)

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### **Environment and Sustainability**

Darebin Council offers resources and community events to help residents live more sustainably.

**Contact Darebin Council 8470 8405.**  
[sustainablecommunities.vic.gov.au](http://sustainablecommunities.vic.gov.au)

## FRIENDS GROUPS

Groups of people interested in natural heritage / biodiversity and who work alongside the Darebin bush crew doing mostly weeding and revegetation activities.

**See below for web details.**

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**Friends of Darebin Creek**  
[friendsofdarebincreek.org.au](http://friendsofdarebincreek.org.au)

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**Friends of Edgars Creek**  
[foec.org.au](http://foec.org.au)

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**Friends of Merri Creek**  
[friendsofmerricreek.org.au](http://friendsofmerricreek.org.au)

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### **Good Bugs Garden Group**

Come and join the SPAN Gardening Team in our community garden.

Wheelchair accessible, fun and supportive.

**SPAN Community House,  
64 Clyde Street, Thornbury**

**Contact 9480 1364**

**[spanhouse.org](http://spanhouse.org)**

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### **Food Swaps - Transition Darebin**

Check website for details

**[transitiondarebin.org](http://transitiondarebin.org)**

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### **Fruit Squad**

Fruit Squad is a community fruit harvesting, distribution and tree maintenance program

**Contact 9480 8200**

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### **Homemade Food and Wine Festival**

Held every year in May, this festival celebrates sustainable food practices and food traditions from many cultures.

**Contact 8470 8888**

**[darebinarts.com.au](http://darebinarts.com.au)**

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### **Northcote Library Food Garden**

A communal food growing space next door to the Northcote Library. Activities include working bees and gardening workshops.

**32-38 Separation Street,  
Northcote**

**[northcotelibraryfoodgarden@gmail.com](mailto:northcotelibraryfoodgarden@gmail.com)**

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### **Preston Garden Club**

Gardening information, guest speakers, raffle, annual show October, monthly competitions and newsletter.

**Preston Shire Hall,  
Gower Street, Preston  
Contact Cheryl 9467 3078  
[prestongardenclub.org.au](http://prestongardenclub.org.au)**

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### **Sow What When guide**

**Contact Darebin Council  
8470 8888 to be sent a  
copy.**

**Or visit your nearest  
Customer Service Centre to  
pick up a copy.  
[darebin.vic.gov.au](http://darebin.vic.gov.au)**

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### **Sustainable Gardening booklet**

**Contact Darebin Council  
8470 8888 to be sent a  
copy.**

**Or visit your nearest  
Customer Service Centre to  
pick up a copy.  
[darebin.vic.gov.au](http://darebin.vic.gov.au)**

.....

### **Sylvester Hive Community Garden**

A large garden with communal raised beds, fruit trees, a shelter and seating. Neighbours and friends meet regularly for working bees and to share meals.

**On the grounds of the  
Pavilion School, corner  
of Dean and Gray Streets,  
Preston  
Contact 8470 8888**

**For a list of all community gardens in Darebin see  
[darebinfoodharvestnetwork.org.au/2012/08/25/list-of-darebin-community-gardens/](http://darebinfoodharvestnetwork.org.au/2012/08/25/list-of-darebin-community-gardens/)**



## FESTIVALS

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### **Darebin Community and Kite Festival**

Annual Community festival featuring kite flying, entertainment, food and information stalls, family activities.

**Contact 8470 8888**  
**[darebinarts.com.au](http://darebinarts.com.au)**

### **Darebin Seniors Month**

A program of springtime activities celebrating older people. Events are held throughout the municipality showcasing organisations and activities that are welcoming of older people. Activities range from exhibitions, lunches and concerts to events held in parks and gardens, libraries and community centres.

**Contact Darebin Council**  
**8470 8312 or 8470 8063**

#### **See also:**

**Darebin Music Feast**  
**page 14**

**Homemade Food and Wine Festival**  
**page 20**

**Backyard Harvest Festival**  
**page 18**





# FITNESS, EXERCISE AND SOCIAL SPORT

## AEROBICS

see **Golden Oldies** page 42

## ATHLETICS

### Collingwood Masters' Athletics

Sprints, middle distance or long distance runs. For non competitive athletes there are warm ups, and social activities.

**George Knott Reserve,  
Heidelberg Rd, Clifton Hill  
Contact Keith 9410 9808**

## BADMINTON

see **Golden Oldies** page 42

## BOWLS

### Bocce Court

**Merrilands Community  
Centre  
35 Sturdee Street, Reservoir  
Contact 9462 6077**  
Bookings required

### Alphington Bowls Club

Parkview Road, Alphington  
**Contact 9499 2530**  
[alphingtonbowlsclub.org.au](http://alphingtonbowlsclub.org.au)

### Darebin City Bowls Club

Social lawn bowls all year round (indoors in winter). All abilities welcome - basic tuition provided.

### Darebin International Sports Centre

**281 Darebin Road,  
Thornbury (John Cain  
Memorial Park)**  
**Contact John 0415 608 232**  
[darebincity.bowls.com.au](http://darebincity.bowls.com.au)

### Fairfield Bowling Club

**125 Gillies Street, Fairfield**  
**Contact 9481 3145**  
[fairfieldbowlingclub.com.au](http://fairfieldbowlingclub.com.au)

### Kingsbury Bowls Club

**Arch Gibson Reserve  
Dunne Street, Kingsbury**  
**Contact 9462 2803**  
[kingsburybowlsclub.com.au](http://kingsburybowlsclub.com.au)



.....

### Ten Pin Bowling

AMF Keon Park Social  
competition for seniors

**16-18 Keon Pde, Keon Park**  
**Contact 9460 4602**

.....

### Preston – Reservoir Bowling Club

**75 Leamington St, Reservoir**  
**Phone 9469 3547**

.....

### Thornbury Bowls Club

**27 Ballantyne Street,**  
**Thornbury**  
**Contact 9484 2815**  
**[thornburybowls.com.au](http://thornburybowls.com.au)**

.....

## CANOEING

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### Fairfield Canoe Club

Canoeing and kayaking on  
the Yarra at Fairfield

**9 The Esplanade, Fairfield**  
**[fairfieldcanooclub.org.au](http://fairfieldcanooclub.org.au)**

.....

## CYCLING

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### Bike Skills

Want to learn how to ride a bike or build your confidence? Our series of bike skills workshops will help you learn more about your bike and how to ride safely on local bike paths and quiet streets around your neighbourhood.

**Contact 8470 8683**  
**[darebin.vic.gov.au/cycling](http://darebin.vic.gov.au/cycling)**

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### Darebin Bicycle User Group

Support group for cyclists to promote and improve cycling.

Regular social bike rides.

**Contact Jika Jika**  
**Community Centre on**  
**9482 5100**

**[darebinbug.org.au](http://darebinbug.org.au)**

.....

### Darebin Travel Smart Map – cycling paths

Available from Customer Service Centres this map gives great information about on and off road cycling paths and accessible walking routes.

**See your nearest Customer Service Centre page 16**  
**[darebin.vic.gov.au](http://darebin.vic.gov.au)**

.....  
**Northcote Cycling Club**  
Darebin International Sports  
Centre

281 Darebin Road,  
Thornbury  
Contact 0417 369 250

.....  
**Preston Cycling Club**  
TW Andrews Reserve  
(velodrome and club house)

Cuthbert Road, Reservoir  
Contact 9404 1740 or  
0432 203 119  
[prestoncyclingclub.com](http://prestoncyclingclub.com)

## EXERCISE

Gentle exercise classes are  
available at

Leisure Centres page 27  
Neighbourhood Houses and  
Community Centres pages  
34 & 35

Social Groups page 40-49

.....  
**Get Active in Darebin**

Darebin Council provides  
free exercise and low cost  
social sport programs in  
different neighbourhoods  
throughout Darebin.

Activities include Walking,  
Zumba, Tai Chi, Yoga and  
more.

Contact Darebin Council  
8470 8304

[darebin.vic.gov.au/  
getactive](http://darebin.vic.gov.au/getactive)

.....  
**Open Doors Program at  
Northcote Aquatic and  
Leisure Centre**

Low cost programs for  
people with financial  
difficulties.

180 Victoria Rd, Northcote  
Contact 9486 7200 to find  
out more.

[northcote.ymca.org.au](http://northcote.ymca.org.au)

.....  
**Outdoor Fitness Equipment  
in Darebin Parks**

All weather gym equipment  
to exercise any time for free!

**Locations include**

Edwards Lake Park –  
Griffiths St, Reservoir.

CH Sullivan Memorial Park –  
Blake St, East Preston.

TW Andrews Reserve –  
Strathmerton Street,  
East Reservoir

Contact Darebin Council on  
8470 8888 to find out about  
more parks with exercise  
equipment.

.....  
**Staying Active All Abilities  
Gym Program**

A gym program designed  
for people with a disability.  
A great program if you want  
to improve your overall well-  
being. Pool access included  
on the same day.

Reservoir Leisure Centre,  
Cuthbert Road

## FISHING

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### Fairfield and Alphington Fish Protection Society and Anglers Club

Various angling activities

**Contact Doug 9873 1930**

**[erlogie@live.com.au](mailto:erlogie@live.com.au)**

.....

### Northern Suburbs Fly Fishing Club

**[flyfishing.org.au](http://flyfishing.org.au)**

.....

### Preston Northcote Angling Club Inc

Fish conservation, local and weekend trips.

**270 Murray Road, Preston**

**Contact 9435 2044**

.....

### Red Tag Fly Fishers Club

Various fishing activities.

**Yarra Bend Park**

**Contact Bill 0414 254 229**

**[redtagflyfishers@gmail.com](mailto:redtagflyfishers@gmail.com)**

.....

## GOLF

.....

### Bundoora Park Golf Course

18 hole course, driving range, pro shop.

**1069 Plenty Road,  
Bundoora**

**Contact 9469 3880**

Bus 563, Tram 86

**[bundoorapark.com.au](http://bundoorapark.com.au)**

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.....

### Latrobe Golf Park

Driving range, mini-golf, lessons and clinics, functions, drive through coffee.

**906 Plenty Road, Kingsbury  
Contact 9470 4481**

**[latrobegolfpark.com.au](http://latrobegolfpark.com.au)**

.....

### Northcote Public Golf Course

**143 Normanby  
Avenue, Thornbury  
Contact 9484 6961**

Bus 510, Tram 112

.....

## LEISURE CENTRES

.....

### Darebin Community Sports Stadium

Multipurpose indoor sports stadium and outdoor tennis and netball.

Activities include gentle exercise, badminton and more.

**857 Plenty Road, Reservoir  
Contact 9471 4935**

**[darebin.ymca.org.au](http://darebin.ymca.org.au)**

Bus 563/566/567, Tram 86

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## **Northcote Aquatic and Recreation Centre**

Programs include memberships for over 50s, aqua aerobics, gym, gentle exercise, pilates, yoga, cycle class and more.

Stay up to date with over 50s Newsletter.

**180 Victoria Road,  
Northcote**

**Contact 9486 7200**

**[northcote.ymca.org.au](http://northcote.ymca.org.au)**

Bus 246/250/251

/508/510/552

.....

## **Reservoir Leisure Centre**

Programs include memberships for over 55s, arthritis classes, strength training, aqua aerobics, gentle exercise, yoga and hydrotherapy.

**2a Cuthbert Road, Reservoir  
Contact 9496 1050**

**[reservoirleisurecentre.com.au](http://reservoirleisurecentre.com.au)**

Bus 552/555/556/561

## PARKS

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**For locations, information on accessibility and facilities of each park and reserve in Darebin**

**contact Darebin Council  
8470 8888**

**[darebin.vic.gov.au](http://darebin.vic.gov.au)**

## TAI CHI

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**Tai Chi sessions are available at**

**Leisure Centres page 27 & 28**

**Neighbourhood Houses and Community Centres pages 34 & 35**

## PILATES

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**Pilates classes are available at Leisure Centres page 27 & 28**

**Neighbourhood Houses and Community Centres pages 34 & 35**

## WALKING

### **Bushwalking Victoria**

[bushwalkingvictoria.org.au](http://bushwalkingvictoria.org.au)

### **Discover Darebin Map – walking routes**

Available from Customer Service Centres this map gives great information about on and off road cycling paths and accessible walking routes.

[darebin.vic.gov.au/walking](http://darebin.vic.gov.au/walking)

### **Spiritual Healing Trail**

A self directed or guided walk to promote personal healing. A gift as a gesture of Reconciliation from the Aboriginal and Torres Strait Islander Community.

**Darebin Parklands,  
Yarana Road, Alphington**

**For further information  
contact Darebin Council  
on 8470 8888**

## WALKING GROUPS

### **Merri Walking Group**

**Edwardes Lake Park,  
Edwardes Street, Reservoir  
Contact John 9460 5051**

### **Northcote Aquatic and Recreation Centre Walking Group**

Summer months only

**180 Victoria Road,  
Northcote**

**Contact 9486 7200  
[northcote.ymca.org.au](http://northcote.ymca.org.au)**

### **Preston Walking Group**

Local walks and trips.

**Reservoir Leisure Centre,  
Cuthbert Road, Reservoir  
Contact Keith 9460 6729**

### **The Bridge Preston Walking Groups**

Two walking groups on  
Wednesdays

**218 High Street, Preston  
Contact 9484 5806**

## YOGA

**Yoga sessions are available  
at Leisure Centres page 27  
Neighbourhood Houses and  
Community Centres pages  
34 & 35**





# LESBIAN, GAY, BISEXUAL, TRANSGENDER, INTERSEX (LGBTI)

## **Bisexual Alliance Victoria (BAV)**

BAV helps bisexual people, their partners, families and friends with support.

**[Bi-alliance.org](http://Bi-alliance.org)**

## **Matrix Guild**

A charitable, feminist support and advocacy group for older lesbians, includes social activities and home visiting service.

## **Women's Health in the North**

**680 High Street, Thornbury**

**Contact Anneke**

**0427 482 976**

**[matrixguildvic.org.au](http://matrixguildvic.org.au)**

## **Out and About Community Visitors Scheme**

Volunteer home visiting service for older LGBTI people who receive Home Care Packages or are living in residential care.

**Contact 03 9663 2474 or**

**0466 218 921**

**[switchboard.org.au/out-about/](http://switchboard.org.au/out-about/)**

## **Transgender Victoria (TGV)**

TGV helps trans and gender diverse people, their partners, families and friends to get the health and community services they need.

**[transgendervictoria.com](http://transgendervictoria.com)**

## **Victorian AIDS Council (VAC)**

Supporting services for the LGBTI community and people living with HIV.

Volunteer opportunities available.

**6 Claremont Street,  
South Yarra**

**Contact 9865 6700**

**[volunteers@vac.org.au](mailto:volunteers@vac.org.au)**

## **Vintage Men etc**

A social and support group for older gay and bisexual men, various activities, meets weekly.

**Contact Gordon 9598 7356**

**[vintagemen.org](http://vintagemen.org)**



## LIFELONG LEARNING AND RESOURCES

### COMPUTERS

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#### **Broadband for Seniors**

Basic computer classes and assistance to use smartphones, tablets etc are available from

**Neighbourhood Houses and  
Community Centres pages  
34 & 35**

### HISTORY

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**See heritage.  
[darebinlibraries.vic.gov.au](http://darebinlibraries.vic.gov.au)**





# LIBRARIES

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## **Darebin Libraries**

Quiet spaces to relax, read a newspaper, connect to the free wifi or use a library computer. Books, magazines, DVDs and CDs to borrow in English, Chinese, Vietnamese, Arabic, Italian and Greek, large print collections, talking books and a Home Library Service for people unable to get to the library due to age, illness or disability. Free sessions on using technology, author talks and more.

**Contact 1300 655 355**  
**[darebinlibraries.vic.gov.au](http://darebinlibraries.vic.gov.au)**

## **Darebin Libraries Locations:**

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### **Fairfield Library**

**121 Station Street, Fairfield**

Bus 567, 609,  
Train Fairfield Station

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### **Northcote Library**

**32-38 Separation Street, Northcote**

Bus 508, 567, Train  
Northcote Station, Tram 86

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### **Preston Library**

**266 Gower Street, Preston**

Bus 552, 553, 527, 903, Train  
Preston Station

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### **Reservoir Library**

**Reservoir Community and Learning Centre**

**Edwardes Street, Reservoir**

Bus 552, 555, 556, 561, 553,  
558, Train Reservoir Station

# NEIGHBOURHOOD HOUSES AND COMMUNITY CENTRES

**Neighbourhood Houses and Community Centres in Darebin offer a variety of services, volunteering opportunities and programs for people of all ages and abilities. Activities include community lunches, computer access and training, English language skills, arts, crafts, music, dance, health and fitness, cooking, self-help groups, cultural groups, community events and more. See below for locations and contact details.**

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## **Alphington Community Centre**

**2 Kelvin Road, Alphington**

**Contact 9499 7227**

**[alphingtoncommunitycentre.org.au](http://alphingtoncommunitycentre.org.au)**

Bus 508,  
Train Alphington Station

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## **Darebin Intercultural Centre**

Intercultural activities including films, performance, information forums, spaces for groups to meet.

**59a Roseberry Ave,  
Preston.**

**Contact Darebin Council  
8470 8440**

**[darebin.vic.gov.au](http://darebin.vic.gov.au)**

Bus 552, 553, 527, 903, Train  
Preston Station, Tram 86

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## **Jika Jika Community Centre**

**Corner Plant and Union  
Streets, Northcote**

**Contact 9482 5100**

**[jikajika.org.au](http://jikajika.org.au)**

Train Westgarth Station,  
Tram 86

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## **The Bridge - Preston**

**218 High Street, Preston**

**Contact 9484 5806**

**[bridge.org.au](http://bridge.org.au)**

Bus 552, 553, Train Bell  
Station

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## **The Bridge - Thornbury**

**131 Shaftesbury Parade,  
Thornbury**

**Contact 9480 0466**

**[bridge.org.au](http://bridge.org.au)**

Bus 510, Tram 11

.....  
**Preston Reservoir Adult  
Community Education  
(PRACE)**

**Merrilands Community  
Centre**  
**35 Sturdee Street, Reservoir**  
**Contact 9462 6077**  
**[prace.vic.edu.au](http://prace.vic.edu.au)**

Bus 552, 555, 560,  
Train Keon Park Station

.....  
**Reservoir Neighbourhood  
House**

**2B Cuthbert Road,  
Reservoir**  
**Contact 9462 4611**  
**[reservoirnh.org.au](http://reservoirnh.org.au)**

Bus 552, 555, 556, 561  
Train Reservoir Station

.....  
**SPAN Community House**  
**64 Clyde Street, Thornbury**  
**Contact 9480 1364**  
**[spanhouse.org](http://spanhouse.org)**

Bus 522, 251, 251

.....  
**University of the Third Age  
(U3A) Darebin**

U3A is an organisation for people over 50 who want to keep learning, develop new skills and enjoy the company of like minded people.

Classes held at community venues throughout Darebin  
Activities include arts/crafts, computers, singing, book discussion, dancing, English skills, Tai Chi, Yoga, Line Dance, and more.

**Fairfield Railway Station**  
**26 Railway Place, Fairfield  
(Office)**  
**Contact 9489 2103**  
**[u3adarebin.com.au](http://u3adarebin.com.au)**





## MEETING PLACES FOR COMMUNITY GROUPS

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### **East Preston Community Centre**

Community health and wellbeing programs, council services and education programs and courses.

**7 Newton Street, Reservoir**  
**Contact 8470 8107**

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### **Senior Citizen's Centres**

Facilities and spaces around Darebin available for hire to not-for-profit community groups and organisations.

**Contact Darebin Council**  
**8470 8634**  
[darebin.vic.gov.au](http://darebin.vic.gov.au)

.....

### **Community Facilities**

Halls and Community Hubs available for community use.

**Contact Darebin Council**  
**8470 8110**  
[darebin.vic.gov.au](http://darebin.vic.gov.au)





## SENIORS RIGHTS, ACTIVISM AND ADVOCACY

.....

### **COTA Victoria - The Voice of Older Victorians**

Advocacy, education and information for older people.

**Contact 9654 4443**  
**[cotavic.org.au](http://cotavic.org.au)**

.....

### **Darebin Active and Healthy Ageing Advisory Board**

The Board advises Council on issues of relevance to older people and monitors the roll out of Darebin's *Active and Healthy Ageing Strategy 2011 - 2021*.

The Board is made up of a diverse group of older people, Councillors and staff and meets 6 times per year. If you are interested in joining the Board or want to find out more **contact 8470 8828**

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### **Darebin Council Human Rights Officer**

Information, advice and advocacy on human rights protected by the Victorian Charter of Human Rights and Responsibilities.

Information and referral on discrimination, harassment and equal opportunity.

**Contact Darebin Council  
8470 8446**

.....

### **Grandmothers Against Detention of Refugee Children**

Help fight for the release of children, their families, and unaccompanied minors in detention.

Grandmothers and friends are invited to contact us at **[grandmothersref@gmail.com](mailto:grandmothersref@gmail.com)**

.....

## **Housing for the Aged Action Group**

Statewide housing information and support service for older people.

**1st Floor, Ross House, 247  
Flinders Lane, Melbourne  
3000**

**Contact 9654 7389**  
**[oldertenants.org.au](http://oldertenants.org.au)**

.....

## **Seniors Rights Victoria**

Information, support and advice about elder abuse.

Languages other than English catered for.

**Contact 1300 368 821**  
**[seniorsrights.org.au](http://seniorsrights.org.au)**

.....

## **Victorian Equal Opportunity and Human Rights Commission**

Free information, advice and mediation on discrimination, victimisation, sexual harassment, racial or religious vilification, equal opportunity and the Charter of Human Rights and Responsibilities. Can also provide information sessions to community groups.

**Contact 1300 292 153 or  
9032 3583**

**[humanrightscommission.vic.gov.au](http://humanrightscommission.vic.gov.au)**





## **SOCIAL GROUPS (RUN BY VOLUNTEERS)**

**Social groups and Senior Citizens Clubs are run by older people who are volunteers and offer regular social, cultural and recreational activities.**

**Groups are listed below under culture or language.**

**For more Information and help connecting with groups contact Darebin Council on 8470 8312 or 8470 8603.**

### ARABIC

.....  
**Islamic Elderly Group**

Activities include cards, meals, educational sessions, excursions, celebrations and parties.

**Merrilands Community Centre, 35 Sturdee Street, Reservoir**

**Contact Nabil 9462 4750**

### CHINESE

.....  
**Home Away from Home Group**

Get together, cooking, dancing, play games.

**East Reservoir Senior Citizens Centre**

**7a Strathmerton Street, Reservoir**

**Contact Darebin Council 8470 8828**

**See also Community Visitors Scheme page 53  
Aboriginal page 53**

**See also Spring Dreams Chinese Dance Group page 12**



# ENGLISH SPEAKING

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## ACES Men's Shed

**See Aboriginal  
Activities and Groups  
page 5**

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## Agg Street Movie and Lunch

We meet monthly at Agg Street Community Hall, watch a movie, have some lunch and a chat.

**3 Agg Street, Thornbury  
Contact 9480 1364**

[spanhouse.org](http://spanhouse.org)

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## Alphington Men's Shed

Our men's shed is finally here!

**Alphington Community  
Centre  
2 Kelvin Road, Alphington  
Contact 9499 7227**

[alphingtoncommunitycentre.org.au](http://alphingtoncommunitycentre.org.au)

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## Combined Probus Club of Reservoir

Day trips, theatre outings, luncheons, book club, cards, tours, morning melodies and guest speakers.

**East Reservoir Senior  
Citizens Centre,  
7A Strathmerton Street,  
Reservoir  
[reservoirprobus@gmail.com](mailto:reservoirprobus@gmail.com)  
Contact Rose on 9469 5525**

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## Darebin Euchre Group

**Thornbury Bowling Club,  
27 Ballantyne St, Thornbury  
Contact Aileen  
0419 593 136**

[Aileen\\_Brooks@yahoo.com.au](mailto:Aileen_Brooks@yahoo.com.au)

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## East Preston Senior Citizens Club

Bingo, New Vogue Dancing and Art Group.

**East Preston Senior Citizens  
Centre  
Donald Street, East Preston  
Contact John 9478 3629  
[johnfc36@hotmail.com](mailto:johnfc36@hotmail.com)**

.....

### **East Reservoir Senior Citizens Club**

Activities include indoor bowls, bingo, cards, music, trips and celebrations.

### **East Reservoir Senior Citizens Centre**

**7A Strathmerton Street,  
Reservoir**

**Contact Darebin Council  
8470 8828**

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### **Fife Fancy Canary Club of Victoria**

Learn about keeping canaries, buy birds, chat about all things canary, exhibitions and annual show.

**Contact Steve  
0407 304 464**

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### **Golden Oldies Club**

Activities include badminton, aerobics, trips and celebrations

**Darebin Community Sports Stadium**

**857 Plenty Road, Reservoir  
Contact 9471 4935**

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### **Life Activities Club Darebin**

Activities include indoor bowls, cards, speakers, meals, walks, entertainers.

### **Merrilands Community Centre**

**Corner Asquith and Sturdee Street, Reservoir**

**Contact Tony 9467 6731  
[life.org.au](http://life.org.au)**

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### **Men's Shed at Darebin Community Health**

Darebin Community Health host a range of men's sheds, with different days for men under 50, Aboriginal men and older men.

**125 Blake Street, Reservoir  
Contact 8470 1111**

.....

### **Northcote Senior Citizens Club**

Sing alongs, games, high class entertainers, afternoon tea and "New Vogue Dancing".

**Northcote Senior Citizens Centre**

**18A Bent Street, Northcote  
Contact Darebin Council  
8470 8828**

.....  
**Northern Darts Association**  
[ndadarts.org.au](http://ndadarts.org.au)  
.....

**Older Men : New Ideas  
(OM:NI)**

Men aged 50+ meet fortnightly to discuss what's happening in their lives, current affairs and topics of whatever they choose.

**SPAN Community House,  
64 Clyde St, Thornbury  
Contact 9480 1364**

[spanhouse.org](http://spanhouse.org)  
.....

**Probus Club of Kingsbury**

Get together for older retired people to have fun once a month.

Activities include guest speakers, trips, cinema/theatre, walking and cards.

**Kingsbury Bowls Club,  
Arch Gibson Reserve  
Dunne Street, Kingsbury  
Contact Kingsbury Bowls  
Club 462 2803**  
.....

**Rotary Club of Preston**

Encourage humanitarian service and ethical standards, help build goodwill and peace in the world.

**Darebin RSL, 402 Bell  
Street, Preston  
Contact Geoff 0418 500 031  
[rotary-prestonaust.com](http://rotary-prestonaust.com)**

.....  
**Reservoir West Probus Club**  
Fun, friendship, fellowship  
and socialising

**Preston-Reservoir Bowls  
Club**

**75 Leamington Street,  
Reservoir  
Contact Marjorie 9469 3415**

FIJIAN

.....  
**Northwest Fiji Seniors Club**

**Contact PDT Jairam Sharma  
0416 246 904**

GREEK

.....  
**Australian Greek Elderly  
Citizens Club Northcote**

Activities include monthly lunch, cards, talking, coffee, tabli and Greek TV.

**1 Bastings Street Northcote  
Contact Darebin Council  
8470 8828**  
.....

**Australian Greek Ex  
Servicemens Elderly Club of  
Northcote**

Social activities and lunches.  
**Northcote Senior Citizens  
Centre  
18a Bent St, Northcote  
Contact Darebin Council  
8470 8828**

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### **Australian Thornbury Pensioners Club**

Weekly meetings for discussion groups, recipes, knitting, cards, activities and excursions,

**Nevoliany Scopia Social Club Hall**

**1 Miller Street Thornbury**

**Contact Peter 9481 3590**

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### **Batman Elderly Greek Womens Group**

Activities include bingo, lunches, excursions and celebrations.

**Batman Park Hall  
Separation Street, Northcote**

**Contact Soula 0439 610 868**

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### **Darebin Greek Womens Senior Citizens Group**

Activities include social, bingo, cards, gentle exercise, trips to church, celebrations.

**Reservoir Community and Learning Centre**

**Edwardes Street, Reservoir**

**Contact Soula 9460 9405**

**[soula945@yahoo.com.au](mailto:soula945@yahoo.com.au)**

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### **Greek Women's Elderly and Friendly Club**

Activities include social get together, bingo, lunch, trips and celebrations.

**East Preston Community Centre**

**7 Newton Street,  
East Preston**

**Contact Darebin Council  
8470 8828**

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### **Hellenic Stegi Friendly Elderly Citizens Club Inc**

Activities include social, bingo, cards, lunches, walking, swimming, celebrations.

**St. Methodios and Kyrilos Greek Orthodox Church**

**2 Yann Street, Preston**

**Contact Alexander  
0435 252 615**

.....

### **Keon Park Greek Senior Citizens Club**

Activities include social, walking, day and overnight trips.

**Keon Park Community Hall  
Dole Avenue, Reservoir**

**Contact Darebin Council  
8470 8828**

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### **Reservoir Greek Elderly Citizens Club**

Lunches, bingo, cards, walking, music, dancing, trips.

### **Reservoir Community and Learning Centre**

**23 Edwardes Street,  
Reservoir**

**Contact John 9460 5051  
or 0413 563 747**

.....

### **Thornbury Greek Senior Citizens Club**

Program of social activities for seniors.

**814 High Street, Thornbury**

**Contact Sam 9460 9302  
or 0413 079 159**

**[iphestos46@gmail.com](mailto:iphestos46@gmail.com)**

.....

### **Greek Senior Citizen's Club - The Hope**

Activities include social lunches.

**Northcote Senior Citizens Centre**

**18a Bent Street, Northcote  
Contact Takis 0412 565 107**

.....

## INDIAN

.....

### **Northern Region Indian Seniors Association**

Monthly meetings including lunch, information and entertainment.

**Northcote Senior Citizens Centre**

**18A Bent Street, Northcote**

**Contact Dr Santosh  
9816 3401 or 0411 136 612**

**[santosh.kumarau@gmail.com](mailto:santosh.kumarau@gmail.com)**

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## ITALIAN

.....

### **Italian Elderly Citizens Group Holy Spirit**

Bingo, cards, luncheons and excursions.

**Holy Spirit Parish Hall**

**197 Clarendon Street,  
Thornbury**

**Contact Darebin Council  
8470 8828**

.....

### **Italian Senior Citizens Club of Preston**

Bocce, yoga, dances, bingo, day trips, cards and choir.

**Sacred Heart Church Hall**

**85 David Street, Preston**

**Contact Frank 9478 9644**

**[fpascale@optusnet.com.au](mailto:fpascale@optusnet.com.au)**

.....

**Italian Womens Club of Reservoir**

Activities include bingo, tombola, cards, morning tea, lunches and trips.

**Reservoir Living and Learning Centre  
Edwardes Street**

**Contact Darebin Council  
8470 8828**

.....

**Kingsbury Italian Senior Citizens Club**

Activities include tombola, cards, lunches, trips, celebrations.

**Kingsbury Bowls Club,  
Arch Gibson Reserve,  
Dunne Street**

**Contact Connie 9465 3773**

.....

**Merrilands Italian Senior Citizens Club**

Activities include bocce, cards, excursions.

**Merrilands Community Centre  
35 Sturdee Street, Reservoir**

**Contact Darebin Council  
8470 8828**

.....

**Northcote Italian Pensioners Club**

Activities include bingo, cards, lunches and celebrations.

**Northcote Town Hall  
189 High Street, Northcote**

**Contact Darebin Council  
8470 8828**

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**North West Reservoir Italian Senior Citizens Club**

Monthly dinner dance, weekly club gentle exercises, bingo, cards and games.

**St. Joseph The Worker Community Hall  
79 Wilson Boulevard,  
Reservoir**

**Contact Carmencita  
9469 5377 or 0409 188 189**

.....

**Reservoir Italian Pensioners Club**

Activities include bocce, cards, bingo, walking, dancing, special lunches and trips.

**Merrilands Community Centre  
35 Sturdee Street, Reservoir**

**Contact Darebin Council  
8470 8828**

.....

**St. Marys Italian Elderly Citizens Club**

Weekly gatherings, morning tea, bingo, cards, monthly lunch and activities/outings.

**St. Marys Parish Hall  
(opposite church)  
789 High Street, Thornbury**

**Contact Tony 0419 381 631  
[tony.spano@bigpond.com](mailto:tony.spano@bigpond.com)**

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**Thornbury Italian Senior Citizens Club**

Weekly gatherings, afternoon tea, bingo, cards and monthly lunches.

**Leinster Grove Community Hall**

**99 Leinster Grove, Thornbury**

**Contact Tony 0419 381 631  
tony.spano@bigpond.com**

LEBANESE

.....

**Australian Lebanese Zhale Association**

Monthly meetings and cultural events.

**tjbacash@hotmail.com**

.....

**Australian Lebanese Christian Ladies Group (Darebin)**

Activities include social, cards, exercise, speakers, luncheons, excursions.

**Reservoir Learning and Community Centre  
Edwardes Street, Reservoir  
Contact Yoland 0425 773 583**

.....

**Maronite Activities Group for the Elderly**

Activities include social, cards, exercise, speakers, luncheons, excursions.

**Contact Parish 9480 2059**

MALTESE

.....

**Reskeon Maltese Seniors Group**

Activities include bocce, bingo, lunches for special occasions, outings to restaurants.

**Merrilands Community Centre**

**35 Sturdee Street, Reservoir  
Contact Darebin Council  
8470 8828**

MACEDONIAN

.....

**Australian Macedonian Pensioners Group of Reservoir**

Activities include chess, luncheons, cards and trips.

**Reservoir Community and Learning Centre  
23 Edwardes Street, Reservoir**

**Contact Dimce 0425 112 407**

.....

**Bigla Senior Citizens Group**

Social group meets for lunches, coffee, chess and cards.

**East Preston Senior Citizens Centre  
Donald Street, Preston  
Contact Darebin Council  
8470 8828**

.....

**Macedonian Senior Citizens Club Pellister**

Activities include cards, luncheons and trips.

**Regent Centre**

**Robinson Road Road,  
Preston**

**Contact Darebin Council  
8470 8828**

.....

**Macedonian Senior Citizens Group St. Nikola Merlikinski**

Weekly get together.

**East Preston Senior Citizens Centre**

**Donald Street, East Preston**

**Contact Marika Bozinova  
9466 8481**

**[marikabozinova@yahoo.com.au](mailto:marikabozinova@yahoo.com.au)**

.....

**Northcote Macedonian Senior Citizens Group**

Activities include cards, picnics, luncheons and outings.

**Northcote Senior Citizens Centre**

**18A Bent Street, Northcote**

**Contact Darebin Council  
8470 8828**

.....

**Prespa Macedonian Senior Citizens Club**

Morning tea, lunches, cards, music, dancing, trips, knitting, billiards.

**Reservoir Senior Citizens Centre**

**2- 4 Wright Street,  
Reservoir**

**Contact Darebin Council  
8470 8828**

.....

POLISH

.....

**Polish Senior Citizens Club of Reservoir**

Monthly lunches, telling jokes, bingo, singing, celebrations, lectures and outings.

**Reservoir Community and Learning Centre**

**Edwardes Street, Reservoir**

**Contact Halina 9465 9069**



## SLAVIC

### **Multi Ethnic Slavic Senior Citizens Group – Preston**

Social and cultural group for older people to prevent loneliness and isolation.

Activities include light exercise, health information, outings and celebrations.

#### **Preston Library**

**266 Gower St, Preston**

**Contact 9639 1930**

**[info@slavicwelfare.com.au](mailto:info@slavicwelfare.com.au)**

## VIETNAMESE

### **Preston / Reservoir Indo-chinese Elderly Group**

Social and cultural activities, share information about healthy eating and living better in Australia. Outings to help members feel at home in the community.

#### **Darebin Intercultural Centre**

**59A Roseberry Avenue,  
Preston**

**Contact Hanh Le 0401 507 256**

**For more social groups  
see Intercultural Centre  
page 34**





## **SOCIAL SUPPORT GROUPS - SUPPORTED BY STAFF**

**Groups have a social and recreational focus and are designed for people who require additional support to participate.**

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### **Compass (Acquired Brain Injury)**

Peer support, advocacy, rehabilitation, skills development and social inclusion.

**230 Normanby Avenue,  
Thornbury**

**Contact 9489 4399**

**[melbournecitymission.org.au](http://melbournecitymission.org.au)**

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### **Darebin Community Health Social Support Groups**

Darebin Community Health run Social Support groups for older people who need assistance to participate in social activities including outings, music, games, crafts, meals, discussion groups and more

**Sessions are held in  
Reservoir, Preston and  
Northcote**

**To find out more contact  
8470 1135**

**[dch.org.au](http://dch.org.au)**

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### **Spectrum Migrant Resource Social Support Groups**

Spectrum supports older people who need help to get out and about.

Activities for Cantonese, Greek, Macedonian, Mandarin and Italian speakers.

**Sessions held in Preston  
and Reservoir.**

**Contact 1300 735 653**

**[spectrumvic.org.au](http://spectrumvic.org.au)**





## SUPPORT TO LIVE AT HOME AND IN YOUR COMMUNITY

### My Aged Care

'My Aged Care' is the new one-stop-shop for all aged care supports and information. Register with My Aged Care to find the best supports for you.

**Contact My Aged Care  
1800 200 422**

[myagedcare.gov.au](http://myagedcare.gov.au)

### National Disability Insurance Scheme (NDIS)

The NDIS will provide all Australians under the age of 65 who have a permanent and significant disability with individualised supports to help them achieve their goals and enjoy an ordinary life.

**Contact 1800 800 110  
[ndis.gov.au](http://ndis.gov.au)**

### Brotherhood of St Laurence (BSL)

In Darebin the Brotherhood of St Laurence are working with the National Disability Insurance Agency (NDIA) to ensure that people with disability receive the support they need through the National Disability Insurance Scheme (NDIS).

**293 High Street, Preston  
Contact 1300 275 634**

[bsl.org.au](http://bsl.org.au)

### Carer Card Program

Wide range of discounts and benefits for eligible carers from businesses, local council, community organisations and public transport.

**Contact 1800 901 958  
[carercard.vic.gov.au](http://carercard.vic.gov.au)**

### Carerlinks North

We provide free information and support to all types of carers in Darebin and surrounding municipalities.

**Level 2, 110 Chifley Drive,  
Preston  
1800 052 222 or 9495 2500  
[merrihealth.org.au/  
services/carers-support](http://merrihealth.org.au/services/carers-support)**

**See also Carers Get  
Creative page 10**

### Community connection for people with disability

For support and information about accessing the community and services in  
**Darebin contact Council's  
MetroAccess Officer  
8470 8368**

.....

## **Community Recreation Support**

If you have a disability and need help finding local sport and recreation activities

**contact Darebin Council's Leisure Services 8470 8305**

.....

## **Deaf, Speech or Hearing Impaired Support**

If you are deaf, or have trouble hearing or speaking, you can contact Darebin Council through the National Relay Service.

**TTY Dial: 133 677**

**Speak and Listen:  
dial 1300 555 727**

**Internet Relay:  
[relayservice.gov.au](http://relayservice.gov.au)**

**Then enter 03 8470 8888**

## COMPANIONSHIP

.....

### **Community Visitors Scheme**

Organisations across Victoria carry out the Community Visitors Scheme. Volunteers are recruited to provide companionship and friendship to older people living in their own homes and receiving a home care package.

**Contact CVS State Network Member 9845 2800**

**[agedcare.health.gov.au](http://agedcare.health.gov.au)**

.....

### **Fresh Connections**

Fresh Connections aims to reconnect people into community life. We visit the person at home and explore their interests and goals. The person is then supported to access new friendships and activities.

**Contact Darebin Community Health 8470 1135**

**[dch.org.au](http://dch.org.au)**

.....

### **TeleCHAT**

Free service to members of the community living at home independently.

We match up a person with a friendly volunteer who calls each week for a social chat.

**Contact Jadie 8354 4880**

**[jhunter@redcross.org.au](mailto:jhunter@redcross.org.au)**

.....

## Telecross

Free service provides peace of mind to people who live alone through a daily telephone call to check on your wellbeing.

**Contact Narelle 8327 7720**  
[nsmith@redcross.org.au](mailto:nsmith@redcross.org.au)

# TRANSPORT SUPPORT AND CONCESSIONS

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## Access and Mobility Maps

Show the five main shopping centres in Darebin, including accessible toilets and car parking; taxi ranks; bus stops; railway stations; accessible pedestrian crossing points. Maps available online and from Darebin Council Customer Service Centres

**Contact 8470 8888**  
[darebin.vic.gov.au/  
accessmaps](http://darebin.vic.gov.au/accessmaps)

.....

## Car Share

Car sharing gives you the flexibility of having access to a private vehicle without having to pay the high costs associated with owning a car.

**Contact 8470 8383**  
[darebin.vic.gov.au/carshare](http://darebin.vic.gov.au/carshare)

.....

## Community Transport

Darebin Council's Community Transport Service can help you stay active and connected in your local community, with regular trips to shopping centres, social clubs, local gyms and Community Health Centres. A service for people who have difficulty using public and private transport.

**Contact Darebin Council**  
**8470 8828**

**See also LINK  
Community Transport  
page 55**

.....

## Disability Parking Permits

Available for drivers and passengers with medically assessed mobility issues.

**Contact Darebin Council**  
**8470 8888**

.....

## Free Myki Travel Passes

Available to eligible passengers.

**Contact 1800 800 007**  
[ptv.vic.gov.au/tickets/  
free-travel-passes](http://ptv.vic.gov.au/tickets/free-travel-passes)

.....

### **LINK Community Transport**

Provides a range of transport options for older people and people with disabilities and carers.

**Contact LINK 8358 8000**  
**[linkcommunitytransport.org.au](http://linkcommunitytransport.org.au)**

.....

### **Mini Bus Hire**

Darebin Council operates mini buses that not-for-profit community groups can hire to service the local community. **Contact Darebin Council 8470 8828**

.....

### **Multi Purpose Taxi**

Eligible passengers get half price taxi fares.

**Contact Taxi Services Commission 1800 638 802**  
**[transport.vic.gov.au/taxis/mptp](http://transport.vic.gov.au/taxis/mptp)**

.....

## **PUBLIC TRANSPORT**

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### **Public Transport Victoria**

provides information on all public transport services, timetables and fares.

**Contact 1800 800 007**  
**[ptv.vic.gov.au](http://ptv.vic.gov.au)**

.....

### **Victorian Companion Card**

For people with significant permanent disability who need carer assistance to use public transport or attend movies and other entertainment. The card allows the carer to attend free of charge.

**Contact 1800 650 611**  
**[companioncard.org.au](http://companioncard.org.au)**

.....

### **Victorian Concessions Guide**

A guide to discounts and services for eligible households in Victoria. Available in book or online.

**Contact 1800 658 521**  
**[dhs.vic.gov.au](http://dhs.vic.gov.au)**

.....



## VOLUNTEERING

### **Darebin Information Volunteer Resource Service (DIVRS)**

Volunteering is a great way to meet people, share or develop skills and become involved in your community.

**287 High Street, Preston**

**For more information  
contact 9480 8200**

**[divrs.org.au](http://divrs.org.au)**

### **Volunteer at Jika**

Come and join Jika's team of volunteers and work in the community you live in!

We are always looking for volunteer admin staff, homework tutors, English tutors and more.

**Jika Jika Community Centre  
Corner Plant and Union  
Streets, Northcote**

**Contact 9482 5100**

**[jikajika.org.au](http://jikajika.org.au)**

**See also Community  
Visitors Scheme page 53**

**See also Link  
Community Transport  
page 55**

**See also Neighbourhood  
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**See also Victorian Aids  
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## CITY OF DAREBIN

274 Gower Street, Preston  
PO Box 91, Preston, Vic 3072  
T 8470 8888  
F 8470 8877  
E [mailbox@darebin.vic.gov.au](mailto:mailbox@darebin.vic.gov.au)  
[darebin.vic.gov.au](http://darebin.vic.gov.au)



### National Relay Service

TTY dial 133 677 or  
Speak & Listen 1300 555 727  
or [relayservice.gov.au](http://relayservice.gov.au),  
then enter 03 8470 8888



### Speak Your Language

T 8470 8470  
العربية Italiano  
繁體中文 Македонски  
Ελληνικά Soomali  
हिंदी Tiếng Việt