

Let's PLAY in Preston East!



- 1 **FLIP** round the monkey bars. An upside down world!
- 2 **HOP** along this line of rocks. You have the Ninja skills.
- 3 **WHISPER** a secret to tiny ant in the community garden.
- 4 **CATCH** and throw a ball. Is it big or tiny, round or oval, bumpy or smooth?
- 5 **EXPLORE** the wild bushland along the creek.
- 6 **PRETEND** you are a character from a movie. Who would you be?
- 7 **BANG** on tubs and pots – your very own drum kit!
- 8 **DODGE** the lines on the floor at the shopping centre. Jump and leap.
- 9 **BREATHE** deeply and count to 3. Open your eyes. What do you see?
- 10 **WEAVE** a creation using grass, string and sticks.
- 11 **SCRAMBLE** over this high rocky tail – is it a dragon, a lizard or something else?
- 12 **CHASE** and run. Tag. You're it!
- 13 **DROP** a trail of clues for a treasure hunt.
- 14 **CROUCH**, kick and glide as you practice skate tricks.