

Darebin says NO
to family violence

PARENTING AFTER VIOLENCE

2018
A GROUP FOR WOMEN
DEALING WITH THE
EFFECTS OF FAMILY
VIOLENCE.

Darebin Family Support Services, in partnership with cohealth, are offering a group for women dealing with the effects of family violence including difficulties in coping with challenging behaviour and stress.

This is a 4 week program and includes the following topics:

- Family violence and it's effects on you and your children
- Understanding children and their behaviour
- Talking with your children about family violence, their behaviours, feelings and fears
- Moving on as a parent (after family violence) including practical information, strategies and self-care

DATES, TIME & LOCATION

TERM 3

Wednesdays 10.00am - 1.00pm

1 - 22 August 2018

Northcote Town Hall
189 High Street, Northcote

COST: Free

BOOKINGS:

To register or for further information please call 9496 1018 or email familyservices@darebin.vic.gov.au



CITY OF DAREBIN

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