

SERVICES OUTSIDE DAREBIN

CHURCH OF ALL NATIONS

Where: 180 Palmerston Street, Carlton

When: Tuesdays, Wednesdays and Thursdays 10am -12pm

Available: emergency relief, selection of food from pantry (monthly), vouchers are available on case-by-case basis, assistance with Myki day pass (once every 3 months), pharmacy expenses (3 months), Telstra landline bills (annually), advocacy, referrals and counselling

Things to know: Current ID is essential

Contact: 9347 7077

GAMBLER'S HELP NORTH AND NORTH WESTERN

Where: Your Community Health 42 Separation Street, Northcote

When: Monday and Thursdays by appointment

Available: Financial Counselling and Therapeutic Counselling

Contact: T: 1300 133 445

HOME AT LAST

Where: Housing Information Centre 1st Floor, Ross House, 247-251 Flinders Lane, Melbourne

When: Monday to Friday 10am-4pm

Available: access to secure, affordable and appropriate housing for older people

Things to know: Appointment preferred

Contact: 1300 765 178

LAUNCH HOUSING

Where: Mezzanine Level, 145 Smith Street, Fitzroy

When: Monday to Friday 9am-5pm

Available: Housing support and advocacy for people sleeping rough in the Darebin, Moreland and Yarra areas

Things to know: Appointment preferred, but not necessary

Contact: 9288 9800 or Opening Doors

FREE AND CHEAP MEALS AT A GLANCE

CHURCH OF ALL NATIONS

Where: Drop-In Centre (enter from the rear, north side of the Church) 180 Palmerston Street, Carlton

When: Lunch every Tuesday (except Public Holidays) 11.30am-1pm

Cost: \$1

COLLINGWOOD SOUP VAN

Where: Corner of Smith and Stanley Streets, Collingwood

When: Dinner - Sunday, Tuesday, Thursday and Friday 7.30pm

Cost: Free

CROSSWAYS

Where: Level 1, 123 Swanston Street, Melbourne

When: Lunch and Dinner - Monday, Tuesday, Wednesday, Thursday, Friday, Saturday 11.30am-8pm

Cost: \$7.95, Concession \$5.95 (add 50 cents for take away)

HAMODAVA CAFÉ

Where: 69 Bourke Street, Melbourne 3000; Ph. 9653 3213

When: Breakfast and Lunch- Monday, Tuesday, Wednesday, Thursday and Friday 9am-1pm

Cost: Free

HARE KRISHNA TEMPLE

Where: 197 Danks Street, Albert Park 3206

When: Daily - Breakfast (8.30am), Lunch (1pm) and Dinner (5.30pm)

Cost: Free

HARTLEY'S COMMUNITY DINING

Where: Ground Floor, 211 Chapel Street, Prahran; Ph. 9692 9500

When: Monday, Tuesday, Wednesday, Thursday and Friday - Lunch 11am-2pm, Breakfast (June to August only) 7.30am-9.30am

Cost: \$4

MATTHEW TALBOT SOUP VAN

Where: All Saints Church King William Street, Fitzroy

When: Dinner- Daily 7.45pm-8pm

Cost: Free

OPEN DOOR

Where: 27 Alfred Crescent, Fitzroy North

When: Dinner - Sunday, Tuesday and Thursday 6.30pm-7.30pm

Cost: Free

Contact: 9857 7977

OZANAM COMMUNITY CENTRE

Where: 268 Abbotsford Street, North Melbourne 3005; Ph. 9329 6733

When: Daily - Breakfast (9.15am-10am), Lunch (12pm-1pm)

Cost: Free

EMERGENCY RELIEF & FINANCIAL ASSISTANCE IN DAREBIN



the place to live

CITY OF DAREBIN

National Relay Service
TTY dial 133 677 or
Speak & Listen 1300 555 727
or iprelay.com.au, then enter
T 03 8470 8888

Speak your language
T 8470 8470

274 Gower Street, Preston
PO Box 91, Preston, Vic 3072
T 8470 8888 F 8470 8877
E mailbox@darebin.vic.gov.au
darebin.vic.gov.au

24 HOUR CRISIS HELPLINES

In an emergency call: 000

Life Line: 131 114
Beyond Blue: 1300 224 636
Suicide Line: 1300 651 251

Kids Help Line (5-25yrs): 1800 55 1800

Maternal and Child Health
(24 hour, 7 days a week service): 13 22 29

ST VINCENT DE PAUL WELFARE LINE

Available: Food parcels, food vouchers, Telstra vouchers, help sourcing furniture and household items, referral to other services, such as No Interest Loans financial counselling and rent assistance

When: 10am-3pm

Things to know: Assessment and referral to Local Conference members in Reservoir, Preston, Thornbury

Contact: 1800 305 330

ROSIE'S VAN

Where: Flinders Street Station

When: Supper - Wednesday 8.30pm-10.30pm and Friday 9.15pm-11.30pm

Cost: Free

SACRED HEART MISSION

Where: 87 Grey Street, St Kilda; Ph. 9537 1166

When: Weekdays - Breakfast 8.30am-10am, Lunch 11.45am-1.15pm, Weekends - Breakfast 9am-10am, Lunch 11.45am-1.15pm

Cost: Free

ST MARY'S HOUSE OF WELCOME

Where: 165 - 169 Brunswick Street, Fitzroy

3065; Ph. 9417 6497

When: Breakfast and Lunch - Monday, Tuesday, Thursday and Friday 8.30am-3.30pm, Wednesday and Saturday 8.30am-1.30pm

Cost: Free

DEPARTMENT OF HUMAN SERVICES - CONCESSIONS UNIT

Available: Disability, financial and welfare, hardship, health concessions

Things to know: Concessions are available to low income Victorians experiencing difficulty in paying their council rates, water, gas and electricity bills. Discounts are available on essential services to ease the financial burden. For each concession and/or benefit, there is an eligibility criterion. Concessions programs are designed to ensure eligible cardholders have access to essential services

Contact: General Advice Line 1800 658 521

FATHER BOB MAGUIRE COMMUNITY MEAL

Where/when: Alma Park, St Kilda (Monday 6.30pm), Corner of Farrell and Princes Street, Port Melbourne (Tuesday and Friday 6.30pm), Courtyard of 200 Dorcas Street, South Melbourne (Wednesday 7pm), The Peanut Farm Reserve Chaucer Street, St Kilda (Sunday 6.30pm)

Cost: Free

CONSUMER ACTION LAW CENTRE

Available: General advice line

Contact: 9629 6300

CONSUMER AFFAIRS VICTORIA

Available: General information line

Contact: 1300 558 181

DAREBIN SERVICE CENTRE - CENTRELINK AND MEDICARE

Where: 251 Murray Road, Preston

When: Monday, Tuesday, Wednesday, Thursday and Friday 8.30am-4.30pm

Available: Digital Services include Medicare, Centrelink and Child Support. Assisted Services include Medicare and Centrelink

Contact: 132 468 (Recorded Information)

131 202 (Language Assistance)

131 450 (Translating and Interpreting Service)

FOR ANY QUESTIONS ABOUT THIS RESOURCE PLEASE CONTACT:

Faten Mohamed
Community Development Officer
8470 8552
Faten.Mohamed@darebin.vic.gov.au

OTHER HELPFUL CONTACTS

SERVICES WITHIN DAREBIN

📍 Food services 📍 Material assistance 📍 Health services

5 Northern Community Careworks

Where: 81 High Street, Preston
When: Monday, Tuesday, Wednesday and Thursday 12.30pm
Available: Community lunch
Things to know: \$4 donation (if you bring a container a takeaway meal is often available for \$3)
Contact: 9484 4788

6 Reservoir Neighbourhood House

Where: 2B Cuthbert Road, Reservoir
When: Monday-Thursday 9am-4pm (excluding school holidays), free light meal every Monday and free hot meal on the 4th Wednesday of every month (excluding school holidays)
Available: Free meals and take away food relief (when available)
Things to know: RNH is a drop-in centre and main purpose is to welcome all community members. Visitors do not have to be doing a course to visit and free coffee and tea facilities are available. Addressing issues around social isolation, mental and physical health, unemployment and any other issues that cause people to feel alone
Contact: 9462 4611

7 Salvation Army Family Support Services

Where: 263 Gower Street, Preston
When: Monday, Tuesday, Wednesday and Thursday 9.30am-3pm
Available: food vouchers, food parcels, financial counselling program, No Interest Loans (NILs), advocacy, lunch every Thursday (12pm-1pm)
Things to know: appointment is necessary, Thursday lunch is \$2
Contact: 9471 9111

8 Span Community House

Where: 64 Clyde Street, Thornbury
FRUIT PICK UP
When: Wednesdays 1pm-3.30pm
Available: Fresh fruit
Things to know: Bring bags to take home fresh fruit
COMMUNITY LUNCH
When: Second Wednesday of each month 12.30-2.30pm
Available: Two course home cooked meal
Things to know: Please RSVP for catering purposes
Contact: 9480 1364 or info@spanhouse.org

9 St Vincent de Paul Stores

9A Preston Vinnies
 596-598 Plenty Road Preston (Corner Plenty Road and Wood Street)
9B Northcote Vinnies
 368 High Street, Northcote (Corner High Street and Separation Street)

10 Lentil As Anything

Where: 562-564 High Street, Thornbury
When: Lunch 11am-3.15pm, Dinner 6pm-9pm
Cost: Pay as you feel
Contact: 0406 101 381

11 The Bridge Preston

Where: 218 High Street, Preston
When: Lunch every Friday 12pm-1pm
Cost: \$2
Things to know: Bring your own container (occasional take-home available for \$1)
Contact: 9484 5806

12 Thornbury Community Kitchen

Where: Salvation Army Hall, 710 High Street, Thornbury
When: Dinner every Friday evening 6pm-7.30pm
Cost: Free
Contact: 9484 5806

1 Anglican Parish of Jika Jika - Darebin Community Canteen

Where: Corner of High Street and Murray Road, Preston
When: Every Saturday 12.30pm
Available: Free community meals
Things to know: Bring bags to take home food parcels of fresh fruit and vegetables after lunch
Contact: darebincommunitycanteen@gmail.com

2 Darebin Information and Volunteer Resource Service

Where: 285-287 High Street, Preston
When: 9.30am-2.30pm Monday-Thursday
Available: Foodbank parcels are available without appointment on Monday - Thursday. Fresh food is available Monday and Wednesday and bread is available Tuesday and Thursday. All food relief programs operate from 9.30am-12.30pm. Clients must live in Darebin and meet eligibility criteria to receive one food bank and fresh food parcel per week. DIVRS also provides information, referrals and advocacy, no interest loans (NILS), TAX HELP, our Urban food program, Learner driver mentor program (L2P) and volunteer resource program to Darebin residents. Please refer to our website for detailed program information www.divrs.org.au
Things to know: Appointments are necessary for TAX HELP, NILS and extended referral and advocacy appointments. Please bring cloth bags to reduce plastic usage
Contact: 9480 8200

3 Encompass Care - Emergency Food Crisis Centre

Where: 31-61 McLeans Road, Bundoora (Food Crisis Centre & Community Café)
When: Food Crisis Centre - every Tuesday 9am-3pm & Wednesday 9.30am-12.30pm
Community Café: every Tuesday 10am-12pm
Available: Encompass Care provides emergency relief and support to low-income earners in the Northern Suburbs of Melbourne and the Whittlesea Shire
BREAKFAST PROGRAM
Where: Norris Bank Primary School, 146 Settlement Road, Bundoora
When: Every Tuesday 8am-9am
Things to know: Families in crisis with a current health care card are eligible to receive a food parcel
Contact: 9467 6777

4 Haven; Home, Safe

Where: 52-56 Mary Street, Preston
When: Monday, Tuesday, Wednesday, Thursday and Friday 9am-5pm
Available: Access point for people experiencing homelessness and housing related issues including housing information and advocacy, assessment of Housing and Support needs, referral to crisis accommodation and specialist support services, limited financial assistance to establish or maintain rental tenancies
Things to know: Appointment is necessary
Contact: 9479 0700

13 Your Community Health

13A East Reservoir Health Centre
 125 Blake Street, Reservoir
13B East Reservoir Community Hub
 1/44 Whitelaw Street, Reservoir
13C Northcote Health Centre
 42 Separation Street, Northcote
13D PANCH Health Centre
 300 Bell Street Preston
Available: Medical, dental and allied health services and support programs. Some services and activities may be available in your home or in community settings. We prioritise access to:
 • Aboriginal and Torres Strait Islanders
 • Newly arrived Refugees and Asylum Seekers
 • Children under 12 (with support to their parents and carers)
 • Adults aged 65 or over
 • People who are socioeconomically disadvantaged
 • People with chronic or complex conditions
 • People who live in unsafe or insecure environments
 • People living with a disability
Things to know: Your Community Health was formerly Darebin Community Health
Contact: 8470 1111 or info@yourcommunityhealth.org.au

14 Work For The Soul

FOOD FOR THOUGHT
Where: 2/73 Gower Street, Preston
When: Mon-Thurs 10am-4pm, Saturdays from 10am-3pm
Available: Food relief parcels and emergency relief vouchers (please call to confirm availability)
Things to know: Parcels are available by weekly order cut off time is 12.30 Mondays - surplus parcels may be available and can be requested via phone or internet. Vouchers are available to other support agencies and to via self-referral. Vouchers are redeemable in our Charity Op Shop (no cash vouchers are distributed).
Contact: 9478 0888 or 0418 297 265

