What are some benefits of Bike Ed?

- Students learn how to be a safe road user, however they are travelling.
- They develop an understanding of the road environment as a bike rider.
- They will learn responsible behaviours in a fun learning environment that can be tailored to all ages and abilities.
- Children’s confidence and independence will grow.
- Support your school community to travel actively to school.

What can Darebin Council offer your school?

- We can fund two teachers to be trained as Bike Education Instructors.
- Fund a casual relief teacher whilst teachers undertake training.
- Provide resources including: A Family Guide to Bike Ed; Riding to School with Kids FAQ; stickers; and Darebin Travelsmart maps.
- A trained Bike Ed assistant to support your teachers in program delivery.
- Support for creative projects about bike and road safety.
“Our school has been offering Bike Ed for three years now. We have a really community-minded school and lots of families want to walk and ride in. So, we want to be able to set our students up for life with some good skills. They gain a lot of confidence and skills from Bike Ed.”

Tom, PE teacher at Bell Primary School

“I liked that we got lots of exercise, and I know more about riding a bike, and I learnt to get my balance right.”

Gareth, Grade 4 student at Bell Primary School

“I think that other schools should do it because you learn about road rules and it can help in the future as well. I learnt how to be a lot safer on the road.”

Riley, Grade 4 student at Bell Primary School

“We don’t swim every day, but most schools offer swimming lessons. We do use roads and paths each day, so I’d like to see bike education in my children’s school”

Kate, Preston parent
How does Bike Ed fit into the curriculum?

Bike Ed supports broader learning outcomes:

- Spatial and geographical competence such as map reading and route planning.
- Problem solving skills through practical riding components and decision making.
- Increased self-confidence and independence.
- Community responsibilities in relation to safe road use behaviour.
- Interpersonal benefits include improved group work and cooperation.
- Health benefits including exercise and enhancing complex motor skills.
- Understanding the role of the individual in sustainability and respect for the environment.

Bike Ed can also be incorporated into other discipline areas:

- **Maths** – braking distances under different conditions, crash statistics.
- **Science** – motion and inertia, forces involved in crashes, bicycle safety designs.
- **English** – poems and stories about cycling, role plays, debates.
- **Art** – drawing and constructing models of bicycles, cycle safety messages.
- **Civics and Citizenship**
- **Personal Learning**
- **Communication**
- **Thinking Processes**

Further Information

Darebin Council
Information on what Darebin Council can provide to help implement Bike Ed in your school, what some of our schools are up to, as well as other transport events and programs.


VicRoads
Materials and resources for Bike Ed, also available in Arabic, Mandarin, Turkish and Vietnamese.


Bike Ed Instructor courses
Dates and venues for Bike Ed Instructor courses

www.cyclingsafe.com.au