

# Active and Healthy Ageing Community Advisory Board Meeting

**MINUTES – Thursday 14<sup>th</sup> April 2016**

**Chair:** Cr Gaetano Greco

**Facilitator:** Gillian Damonze

**Minutes:** Fionnuala Spillane

**Community Representatives Attendance:** Marika Bozinova, Frances Hennessy, Virginia Herts, Draga Kostandinova, Anne Learmonth, Nick Nicholaou, Geoffrey Richards and Mary Castellani.

**Darebin Council Representatives Attendance:** Gillian Damonze (Coordinator Community Participation and Development), Sophie Jordan (Marketing and Community Engagement Officer) and Fionnuala Spillane (Community Development Officer).

**Apologies:** Lyn Austin, Audrey Grace, Robin Vote, Nicola Johnson (Community Development Officer), Katrina Knox (Director Community Development), Bridget Monro-Hobbs (Manager Aged and Disability) and Ronnie Spykens (Community Resource Support Officer).

## AGENDA

| Item  | Key Discussion Points  | Action – Who/When |
|---|--|-------------------|
| 1. <b>Welcome and agenda overview</b>                                 | Cr Greco welcomed Board members.   |                   |
| 2. <b>Review of AHAB work plan activities and set 2016 priorities</b> | <p>The Board were invited to comment on the AHAB work plan that had been sent to members last week:</p> <ul style="list-style-type: none"><li>• Suggestion for inclusion of a 'Statement of Intent', such a statement needs to state that the principle of community involvement should inform all the work of the plan.</li><li>• The plan as it stands needs to be more specific and detailed. SMART: Specific, Measurable, Attainable, Relevant and Timely. SMART goals would be useful.</li><li>• For each of the 8 items in the plan we need to agree 2-3 things to</li></ul> |                   |

|   |  |   |
|---|--|---|
|   | <p>work on for the year.</p> <ul style="list-style-type: none"> <li>• Suggestions from the Board included consulting Alzheimer’s Australia, other community organisations and other councils in development of the plan. Include some consideration of more isolated older people in the community – those not engaged in clubs etc.</li> <li>• Separate walkers from bikes, especially on St George’s Rd.</li> <li>• Dementia Friendly focus</li> <li>• Include plans for transition of the senior citizens clubs from independent to having more support from Council as members become more frail</li> <li>• Senior Citizens Centres to become community hubs, increasing intergenerational contact</li> <li>• Transport needs of people attending social events needs to be included in the plan.</li> </ul> |   |
| <p><b>4. NDIS/Aged Care Reforms</b></p> | <p>Time did not allow for updates on these topics</p>  | <p>GD will send updates to members</p>  |
| <p><b>6. Other agenda items</b></p>     | <p>Members in senior citizens clubs with high support needs beyond the capacity of the clubs to manage.</p> <p>Questions arose about the maintenance of Senior Citizens Centres. The audit that was recently conducted by Council did it include a consumer rep? Are these centres safe for older people?</p> <p>Gerard Mansour, Commissioner for Senior released a report “<i>Ageing is everyone’s business: a report on social isolation and loneliness among senior Victorians</i>”. In response the Victorian Government has announced a number of initiatives to support older people in the community.</p>   | <p>Gillian and staff will link with Marika about the needs of her group</p> <p>GD to feed back to the audit group AHAB concern about a lack of input from groups using the centres.</p> <p>The report is available online</p> |

|                        |   |  |
|------------------------|---|--|
|                        |   |  |
| <b>7. Next meeting</b> | <b>Next meeting:</b> 5.00 – 6.30pm, Thursday 16 <sup>th</sup> June<br>Conference Room – 274 Gower Street, Preston |  |