

Age Friendly Environment – Services and Information

Goal

Darebin's older people and carers have access to quality services for health, wellbeing and independence. Information is accessible to all and enables self-determination, digital literacy and empowerment.

Target	Priorities
<p>Council Aged Services are sustained with Aged Friendly enhancements</p> <p>Services are flexible, responsive and build capacity</p> <p>Consumers are engaged, socially included and empowered</p>	<ol style="list-style-type: none"> 1. Sustain and adapt Covid safe services <ol style="list-style-type: none"> a. Clients and workforce supported b. Social Support Group c. Community Transport routes 2. Positive Ageing (navigation) service report 3. Flexible Meals model development and implementation 4. New service type 'Social Support Individual' introduced 5. Home Care Package (HCP) services <ol style="list-style-type: none"> a. Complete continuity of care trial b. Positive Ageing Service to continue to provide independent HCP advice, promoting choice and control about aged care options c. Darebin HCP feasibility study investigates: <ol style="list-style-type: none"> i. Council provision of HCPs ii. Supporting residents to self-manage HCPs 6. Gardening and lawnmowing- complete trial and report 7. Co-design, engagement and feedback approaches continue 8. Support and promote CHSP funded intergenerational Homeshare in Darebin 9. Home Library Service sustained
<p>Pilot digital empowerment and digital connection programs to address older people's increased social isolation and loneliness due to Covid 19 impacts</p>	<ol style="list-style-type: none"> 1. Libraries and Aged & Disability collaborate to improve older people's access to digital equipment, digital skills and online safety 2. Digital Champions – younger and older mentors – an intergenerational digital volunteer trial promoting digital skill building 3. Trial Digital Social Support Group and Seniors citizens groups 4. Individual Social Support service trial of personal online shopping with CHSP clients 5. Engage older people and relevant community partners to address digital exclusion for vulnerable groups
<p>Continue to support choice and control in aged care</p> <p>Reach older community members, with accessible and culturally sensitive information and programs</p>	<ol style="list-style-type: none"> 1. Positive Ageing (navigation) service extended 2. COVID relief, and community connector programs 3. Age Friendly customer service approaches 4. Information and support in language 5. Aboriginal and Torres Strait Islander – information, service access and digital inclusion 6. Library Strategy
<p>Continue to provide support to older residents in response to Covid</p>	<ol style="list-style-type: none"> 1. Continue to provide Community Navigation Service 2. Reduce the impact of isolation through social connection initiatives 3. Access to support through Emergency Relief 4. Access to meals for Aboriginal community members through Charcoal Lane initiative

Age Friendly Environment –Social Inclusion and Participation

Goal

Opportunities are available for all older people, including Aboriginal and Torres Strait Islanders, for participation, respect, inclusion and recognition in community life.

Target	Priorities
<p>Emerging Older Artists recognised</p> <p>Ageism challenged in and through the arts</p>	<ol style="list-style-type: none"> 1. Fuse Spring Events – Older makers creatives and artists including participation metrics 2. Autumn Fuse 2021 - Amplify - Event Producer Mentorship 3. Seniors Festival 2020 4. Art for good health with Westside Circus – an intergenerational project including Koori VCAL students
<p>Older and Active programs adapted in Covid safe settings</p>	<ol style="list-style-type: none"> 1. Age Friendly integrated in Leisure Strategy 2. Older and Active 2021 3. Age Friendly sensitive design and development within new projects and upgrades– e.g. Northcote Aquatic and Recreation Centre
<p>Visibility, Inclusion and recognition of older people across Council publications and in media</p>	<ol style="list-style-type: none"> 1. Communications and co-participation approach with Active and Healthy Ageing Advisory Committee and engaged community members 2. Projects promoted across media, in language and accessible Age Friendly formats 3. Council an Age Friendly employer of choice
<p>Community development and participation enables:</p> <p>Rebuilding social and community connections and networks</p> <p>Senior Citizens action plan completion</p> <p>Social meals options developed</p> <p>Volunteering opportunities re-established and promoted</p>	<ol style="list-style-type: none"> 1. Seniors Citizens Action Plan includes: <ol style="list-style-type: none"> a. Seniors clubs and diverse groups of older people, engaged to co-create social connections and networks through and beyond Covid 19 b. Covid safe venues and spaces for Seniors groups and events c. Covid safe social meals (adapting flexible Meals Model Project) 2. Community Grants 3. Volunteering, participation and engagement 4. Inclusive neighbourhood-based projects in East Reservoir and East Preston, and supporting Neighbourhood Houses
<p>Recognition of Aboriginal and Torres Strait Islander Elders, Carers and older people</p>	<ol style="list-style-type: none"> 1. Celebrate and support the contribution of Aboriginal Elders and other older Aboriginal and Torres Strait Islander residents with relevant partners

Age Friendly Environment – Accessible Physical Environments

Goal

Darebin's open spaces and buildings promote access, inclusion and safe mobility of older people. Housing and transport advocacy improve equity of opportunity, community connection and liveability for all.

Target	Priorities (but not limited to)
<p>Using participatory approaches to create accessible outdoor spaces for safe social connection, participation and inclusion</p> <p>Darebin's Breathing Space adopts an Age Friendly lens including appropriate improvements to parks</p>	<ol style="list-style-type: none"> 1. Parks performance audits will identify opportunities for Age Friendly infrastructure upgrades 2. New play spaces and outdoor gyms will consider an Age Friendly perspective 3. New park furniture will be constructed in line with Age Friendly principles including arm rests to assist standing 4. Open space management will improve access to sports fields, parks and open spaces
<p>Older community members engaged when designing and scoping building projects and facility upgrades.</p> <p>Infrastructure upgrades enabling access, safety and intergenerational amenity</p>	<ol style="list-style-type: none"> 1. Facility audits engage older people and will identify opportunities for Age Friendly and Covid safe infrastructure upgrades 2. Completion of Changing Places accessible toilet Edwardes Park Lake 3. Oakhill Village lighting and streetscape Improvement
<p>Age Friendly walking, wheeling and cycling, safe access to shared paths during and beyond Covid 19.</p> <p>Age Friendly Pedestrian Network</p>	<ol style="list-style-type: none"> 1. Community engagement will engage older people to ensure walking and cycling projects meet the needs of older community members. 2. Trial a cycling workshop for older people for safe enjoyment of cycling 3. Further speed limit reductions to 40 km/hr in the Northcote and Thornbury areas 4. Deliver 100% of the footpath renewal program, continue improvements on satisfaction of the footpath network. 5. Traffic signals and path improvements at the Cheddar Road and Dole Avenue intersection 6. Four treatments along the Preston Activity Link Streets for People Corridor
<p>Housing Advocacy</p>	<p>Advancing Age Friendly priorities within DCC's Housing Advocacy Statement by engaging with and understanding the needs of older people experiencing rental stress and issues accessing affordable and suitable housing.</p>
<p>Age Friendly Action on Climate</p>	<ol style="list-style-type: none"> 1. Solar Saver program is offered to vulnerable people in 2020-21, including older people 2. Advocate for more energy efficient and comfortable homes through the Northern Greenhouse Gas Alliances' participation in the 1 million homes campaign 3. Engage older people to understand the impacts of the climate emergency on older Darebin residents, including impacts on health and wellbeing at home and in the community.

