

An abstract, colorful landscape painting. The background is a deep blue sky. In the foreground, there are rolling hills in shades of green and yellow. A winding blue path or river flows through the landscape. The painting style is expressive, with bold colors and visible brushstrokes.

Darebin
Active and Healthy
Ageing Strategy
2011–2021

Mayor's Welcome



On behalf of Darebin Council, I am pleased to present the Active and Healthy Ageing Strategy 2011–2021. This document outlines Council's key strategic directions in achieving an *Age Friendly Darebin* by 2021. Over the next

10 years, Council aims to have policies, services, settings and structures that support and enable people to age actively in Darebin in line with the World Health Organisation's description of an *Age Friendly City*. These include:

- Recognising the wide range of capacities and resources among older people;
- Anticipating and responding flexibly to ageing-related needs and preferences;
- Respecting older people's decisions and lifestyle choices;
- Protecting those who are most vulnerable; and
- Promoting older people's inclusion and contribution to all areas of community life.

Active and healthy ageing is more than just delivering services to older people in their homes. It requires all of Council to look through an older person's lens as it plans and delivers services. Using the World Health Organisation's *Age Friendly Cities Framework*, Council will develop annual action plans to initiate and progress projects and initiatives in the following areas:

- Transport
- Housing
- Social Participation
- Outdoor spaces and buildings
- Respect and social inclusion
- Civic participation and employment
- Communication and information
- Community support and health services.

These areas of focus mirror the needs and aspirations expressed in the community consultations undertaken to develop this strategy. They translate the strategic policy statements and future directions set out in the strategy into practical tasks and actions.

The key strategic directions for Council over the next 10 years include innovative developments in the areas of:

- Whole of Council Approach
- Advocacy
- Orienting Council's service culture to view older people as significant community assets;
- Access to Core Services
- Cultural Competency
- Aged Care Planning Forum
- Carer Support and Recognition
- Developing an Older Citizens Charter
- Forging New Partnerships with the Community
- Food Services.

Importantly, Council aims to continue its proud and longstanding commitment to aged care and the vital services it provides, which includes aiming to ensure that there are no waiting lists for core services such as assessment of needs, general home care, personal care, respite care, home maintenance and meals. The breadth of the issues encompassed by these areas demonstrate both the need for a whole of Council approach to active and healthy ageing and the need to work in partnership with other organisations, groups and the community.

Through this strategy, Council aims to raise the profile of the many talented and active older adults who contribute to the cultural vibrancy of our community. An example of this is the use throughout this publication of the works of local professional artists, who are older adults.

I'd like to acknowledge the significant contribution of the Darebin community including residents, local older adult clubs and interest groups, service providers and Council staff in the development of this strategy. On behalf of Council, I am proud to present this strategy, and am excited by the vision that by 2021 older people will have a sense of community, with mutual support, opportunities for intergenerational contact and enhanced health and wellbeing through recognition of their contributions to the life of the community.

Cr Diana Asmar
Mayor of Darebin



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Disclaimer

An Aged Care Strategy for a 10 year period inevitably will have financial and resource implications for Council throughout the life span of the Strategy and its implementation.

Whilst the Strategy provides a commitment by Council to continue its proud and longstanding history to deliver and significantly fund aged care and the vital services provided it equally presents such within the context of Council, at any point in time, needing to balance a whole range of needs across the entire Darebin population and across various Council roles and strategies.

The Strategy and its companion document the Annual Action Plan both spell out how Council will need to consider its overall financial contribution to the provision of aged care services during the annual budgetary process; and that any new initiatives that have resource implications will be presented for Councils consideration for each coming year throughout the 10 year period.

Above: **Mary HAMMOND**, *Spearwood WA 1928, Preston Market, Saturday late* (detail)
2009 (No.18), oil on canvas, 50.5 x 40.5 cm – Darebin Art Collection.

مسودة جديدة لاستراتيجية الشيخوخة النشطة والصحية

توضح مسودة استراتيجية الشيخوخة النشطة والصحية (Draft Active and Healthy Ageing Strategy) منهج المجلس في بدء بناء مجتمعنا على مدار العشر سنوات المقبلة لكي يصبح «مدينة صديقة لكبار السن»، مدينة تعتنق كبار السن وتحثي بهم وتقيم حكمتهم وإسهاماتهم.

ويأتي هذا متماشياً مع ما ذكرته منظمة الصحة العالمية التي تصف المدينة الصديقة لكبار السن بأنها تلك التي لديها سياسات وخدمات وبيئة وهاكل تدعم الأشخاص وتمكنهم من التقدم في مراحلهم السنوية بنشاط واحترام.

أكثر من مجرد توفير خدمات لكبار السن.

الأمر يتعلق بكون الأشخاص الأكبر سناً قادرين على التقدم في السن على نحو جيد في داربين، مع الوصول إلى خدمات ميسورة والتجول في المجتمع بسهولة. إن مسودة الاستراتيجية سوف تساعد الأشخاص الأكبر سناً على أن يكونوا جزءاً من مجتمعهم المحلي وأن يلقوا الدعم في أحيائهم من خلال دعم الشبكات الاجتماعية والبرامج التي يمكن للأشخاص من كافة الأعمار المشاركة فيها.

داربين بها سكان كبار السن متنوعون للغاية.

سوف تكون هناك زيادة كبيرة على مدار العشر سنوات القادمة في الأشخاص الذين تتراوح أعمارهم بين 50 و70 عاماً، فضلاً عن زيادة أعداد الأفراد في الفئة العمرية فوق 85 عاماً نظراً لازدياد طول المدة التي يعيشها الأفراد. وبالإضافة إلى ذلك، سوف تشهد العشر سنوات المقبلة زيادة سريعة وأعداداً هائلة في الأفراد الأكبر سناً المولودين بدول لا تتحدث الإنجليزية. ويجب أن تكون خدمات المجلس قادرة على الاستجابة لهذه الأعداد المتزايدة من خلال إتاحة الوصول إلى الخدمات والمعلومات بطرق مناسبة ويسهل لمجتمعنا المتنوع الوصول إليها.

لا قوائم انتظار للخدمات الأساسية.

سوف يهدف المجلس على مدار العشر سنوات المقبلة إلى مواصلة تاريخه الطويل والباعث على الفخر لضمان عدم وجود أي قوائم انتظار للخدمات الرئيسية في داربين مثل تقييم الاحتياجات والرعاية المنزلية العامة والرعاية الشخصية والرعاية المؤقتة وصيانة المنازل والوجبات.

منهج المجلس المتكامل.

سوف تشارك جميع مناطق المجلس على مدار العشر سنوات المقبلة في وضع خطة عمل سنوية لاستراتيجية الشيخوخة النشطة والصحية. وهذا سيضمن أن يفكر جميع من في المجلس بشأن مجالات خدماتهم عبر «عدسة كبار السن» – مستنبطين المعلومات مما وقفنا عليه من خلال محادثتنا مع ما يزيد عن 1000 مواطن كبير السن في وضع مسودة الاستراتيجية هذه.

ستقوم خطط العمل السنوية على الجوانب التالية: النقل؛ الإسكان؛ المشاركة الاجتماعية؛ المساحات المفتوحة والأبنية؛ الاحترام والتضمين الاجتماعي؛ المشاركة المدنية والتوظيف؛ الاتصالات والمعلومات؛ الدعم المجتمعي والخدمات الصحية.

Νέο Προσχέδιο Στρατηγικής Υγιεινής και Ενεργής Γήρανσης.

Το Προσχέδιο Στρατηγικής Υγιεινής και Ενεργής Γήρανσης περιγράφει την προσέγγιση του Δήμου να αρχίσει την οικοδόμηση της κοινότητάς μας τα επόμενα 10 χρόνια για να καταστεί ένας «Φιλόξενος προς τα Γηρατεία Δήμος», ένας Δήμος που πλήρως αγκαλιάζει και τιμά τους ηλικιωμένους, τις αξίες, τη σοφία και συμβολή τους.

Αυτό συνάδει με την Παγκόσμια Οργάνωση Υγείας, που περιγράφει ένα Φιλόξενο προς τα Γηρατεία Δήμο αυτόν που έχει πολιτικές, υπηρεσίες, περιβάλλοντα και δομές που υποστηρίζουν και καθιστούν ικανούς τους ανθρώπους να γερνούν ενεργά και με σεβασμό.

Κάτι παραπάνω από την παροχή υπηρεσιών για τους ηλικιωμένους.

Πρόκειται για τους ηλικιωμένους να είναι σε θέση να γερνούν καλά στο Darebin, να έχουν πρόσβαση σε οικονομικές υπηρεσίες και να κινούνται στην κοινότητα εύκολα. Το Προσχέδιο Στρατηγικής θα βοηθήσει τους ηλικιωμένους να είναι ένα μέρος της τοπικής κοινότητάς τους και να υποστηρίζονται στις γειτονιές τους, με την υποστήριξη κοινωνικών δικτύων και προγραμμάτων που οι άνθρωποι όλων των ηλικιών μπορούν να συμμετέχουν.

Το Darebin έχει πολύ ποικιλόμορφο πληθυσμό που γερνάει.

Μέσα στα επόμενα 10 χρόνια θα υπάρξει σημαντική αύξηση των ατόμων ηλικίας 50 έως 70 χρόνων, και ένας αυξανόμενος αριθμός ανθρώπων στην ηλικιακή ομάδα 85+ χρόνων, καθώς οι άνθρωποι ζουν περισσότερο. Επιπλέον αυτού, τα επόμενα 10 χρόνια θα υπάρξει ραγδαία αύξηση και μεγάλος αριθμός ηλικιωμένων που έχουν γεννηθεί σε μη αγγλόφωνες χώρες. Οι υπηρεσίες του Δήμου πρέπει να είναι σε θέση να ανταποκριθούν σε αυτούς τους αυξανόμενους διαρκώς αριθμούς με το να παράσχουν πρόσβαση σε υπηρεσίες και πληροφορίες με τρόπους που είναι κατάλληλοι και προσιτοί για την ποικιλόμορφη κοινότητά μας.

Όχι στις λίστες αναμονής για τις βασικές υπηρεσίες.

Τα επόμενα 10 χρόνια, ο Δήμος θα έχει ως στόχο να συνεχίσει τη μακρά και υπερήφανη ιστορία του να εξασφαλίζει ότι δεν υπάρχουν λίστες αναμονής για τις βασικές υπηρεσίες στο Darebin, όπως η αξιολόγηση των αναγκών, γενική φροντίδα στο σπίτι, προσωπική φροντίδα, φροντίδα ανάπαυλας, συντήρηση σπιτιών και γεύματα.

Προσέγγιση από όλο το Δήμο.

Για τα επόμενα δέκα χρόνια, όλες οι περιοχές του Δήμου θα λάβουν μέρος στην εκπόνηση ενός ετήσιου Σχεδίου Δράσης Στρατηγικής Υγιεινής και Ενεργής Γήρανσης. Αυτό διασφαλίζει ότι όλες οι υπηρεσίες του Δήμου σκέφτονται για τις υπηρεσίες τους μέσω ενός «φακού ηλικιωμένου ατόμου» - μαθαίνοντας από ό,τι έχουμε μάθει από τις συνομιλίες μας με πάνω από 1000 ηλικιωμένους πολίτες στη δημιουργία αυτού του Προσχεδίου Στρατηγικής.

Τα Ετήσια Σχέδια Δράσης θα πρέπει να βασίζονται στους ακόλουθους τομείς: Συγκοινωνίες• Οικισμό• Κοινωνική Συμμετοχή• Υπαίθριους Χώρους και Κτήρια• Σεβασμό και Κοινωνική Ένταξη• Συμμετοχή των Πολιτών και Απασχόληση• Επικοινωνία και Ενημέρωση• Κοινωνική Στήριξη και Υπηρεσίες Υγείας.

活躍及健康長者策略新草案

活躍及健康長者策略新草案解說市議會着手在**10年內**建立一個”適宜長者居住之城市”所採取的方針。該方針將以長者為主並頌揚他們，推崇他們的智慧與貢獻。

這與世界衛生組織所解說的長者之城市一致，即備有支持及令長者活躍和受尊重的政策、服務、背景及架構。

不單只為長者提供服務

還要令長者在戴瑞賓安享晚年、獲得可負擔的服務以及在社區中可以輕易活動。該策略草案將會幫助長者成為地方社區一份子，及通過各年齡人士皆可參與的社區網絡與項目計劃為長者提供鄰里支援。

戴瑞賓長者人口具多元文化特色

在未來**10年**，年齡介乎**50至70歲**的人口將會明顯增加，而且，由於人們更長壽，**85歲以上**的人口亦會愈來愈多。此外，在未來**10年**非英語背景的長者數目亦會激增。市議會的服務必須對這種的增加作出回應，例如在服務及資訊提供方面照顧到多元文化社區的需要。

核心服務毋須等候

在未來**10年**，市議會旨在繼續秉承其優良傳統，確保戴瑞賓居民在獲得核心服務，例如評估需要性、一般性家居護理、個人護理、暫休服務、家居維修及膳食供應等方面毋須等候。

市議會轄下各區參與制訂行動計劃

在未來**10年**，市議會轄下各區將會參與制訂一個活躍及健康長者年度行動計劃。我們在制訂策略草案時曾經跟逾**1000名**長者公民對話並聽取了他們的意見，所以在制訂年度行動計劃時，我們會確保市議會轄下各區都會以長者的角度考慮其提供的服務。

年度行動計劃包括以下範疇：交通運輸；房屋；參與社區；戶外空間及建築物；尊重及社會共融；公民參與和就業；通訊和資訊；社區支援和保健服務。

Нова нацрт-Стратегија за активно и здраво стареење

Нацрт-Стратегијата за активно и здраво стареење го опишува пристапот на Општината кон тоа како да почнеме да ја градиме нашата заедница во текот на следните 10 години за да биде „Општина пријатна за постарите луѓе“, што во целост ќе ги прифаќа и чувствува постарите луѓе и ќе ги цени нивната мудрост и придонес.

Ова е во согласност со Светската здравствена организација која Општините пријатни за постари луѓе ги опишува како општини што имаат правилници, услуги, опкружување и структури што ги поддржуваат луѓето и им овозможуваат да стареат активно и достоинствено.

Нешто повеќе од обично пружање услуги за постарите луѓе.

Треба да им се овозможи на постарите луѓе да стареат пријатно во Даребин, да можат да добиваат достапни услуги и лесно да се движат низ заедницата. Нацрт-Стратегијата ќе помогне постарите луѓе да бидат составен дел од нивните локални заедници и да добиваат поддршка во своите соседства преку поддржувањето на општествени мрежи и програми во кои може да учествуваат луѓе од сите возрасти.

Даребин има многу разнолико население што старее.

Во текот на следните 10 години ќе има значително зголемување на бројот на луѓе на возраст од 50 до 70 години, и се поголем број луѓе на возраст од 85 и повеќе години, затоа што луѓето живеат подолго. Во прилог на ова, во следните 10 години ќе расте бројот на постари луѓе што се родени во земји каде што не се зборува англиски јазик. Општинските служби и услуги треба да можат да одговорат на таа с поголема бројност со пристап до услуги и информации на начини што се погодни и достапни за нашата разнолика заедница.

Да нема чекање за основните услуги.

Во текот на следните 10 години Општината ќе се стреми да продолжи со својата долга и горда историја на осигурување дека нема списоци за чекање за основните услуги во Даребин, како што се проценувањето на потребите, општата нега во домот, личната нега, одмената од негата, одржувањето на домот и оброците.

Пристап со кој се опфаќа целата Општина.

Во следните десет години сите области во Општината ќе земат учество во составувањето на годишен Акционен план за активно и здраво стареење (Active and Healthy Ageing Action Plan). Со тоа се осигурува дека целата општина размислува за подрачјата што ги опслужува преку „очите на постарите луѓе“ – учејќи од она што го дознавме преку нашите разговори со повеќе од 1000 постари граѓани додека ја создававме оваа нацрт-Стратегија.

Годишните Акциони Планови ќе бидат засновани на следните области: превоз, домување, учество во општеството, простори и згради за забава и разонода надвор од домот, почитување и вклученост во општеството, учество во граѓанскиот живот и вработување, комуникации и информирање, поддршка во заедницата и здравствени служби и услуги.

Nuova bozza di strategia Anziani sani e attivi

La bozza della strategia Anziani sani e attivi descrive l'approccio adottato dal comune di iniziare a promuovere una comunità che nei prossimi 10 anni potrà trasformarsi in una "City Amica degli anziani" che abbracci e celebri pienamente gli anziani e ne apprezzi la saggezza e il contributo.

Questo è in linea con l'Organizzazione Mondiale della Sanità che descrive la city amica degli anziani come una caratterizzata da politiche, servizi, impostazioni e strutture che supportino e consentano alla gente di invecchiare dignitosamente rimanendo attivi.

Più di una semplice offerta di servizi per gli anziani.

Per gli anziani questo significa invecchiare bene a Darebin, poter accedere a servizi di basso costo e potersi muovere con facilità all'interno della comunità. La bozza di strategia aiuterà gli anziani a far parte della comunità locale e di avere nel proprio vicinato l'appoggio di reti sociali e programmi a cui possono partecipare le persone di ogni età.

Darebin ha una popolazione di anziani molto eterogenea.

Nel corso dei prossimi 10 anni ci sarà un aumento significativo delle persone comprese tra i 50-70 anni, oltre ad un numero crescente di persone nel gruppo di età 85+ dovuto al fatto che si vive più a lungo. Inoltre, i prossimi 10 anni vedranno un rapido aumento e un alto numero di persone nate in paesi non anglofoni. I servizi comunali devono essere in grado di rispondere a questa crescita numerica fornendo l'accesso a servizi e informazioni in modi che siano adeguati e accessibili alla nostra comunità eterogenea.

Niente file d'attesa per i servizi principali.

Nel corso dei prossimi dieci anni, il comune avrà l'obiettivo di continuare ad assicurare, come fa orgogliosamente da anni, che non ci siano liste d'attesa per i servizi principali di Darebin quali la valutazione dei bisogni, l'assistenza a domicilio, l'assistenza personale, l'assistenza di sollievo, la manutenzione della casa e i pasti.

Approccio unificato del comune.

Per i prossimi dieci anni, tutti i settori del comune parteciperanno all'elaborazione del piano d'azione annuale Anziani sani e attivi. Questo farà sì che tutto il personale comunale osserverà la propria area di servizi con 'gli occhi degli anziani' – imparando dagli insegnamenti derivati dalle nostre conversazioni con oltre 1000 cittadini anziani durante la creazione di questa bozza di strategia.

I piani d'azione annuali saranno incentrati sulle seguenti aree: Trasporti; Alloggio; Partecipazione sociale; Edifici e spazi all'aperto; Rispetto e inclusione sociale; Partecipazione civica e impiego; Comunicazione e informazione; Supporto comunitario e servizi sanitari.

Bản Dự Thảo Sách Lược Năng Vận Động và Lão Hóa Khỏe Mạnh Mới

Bản Dự Thảo Sách Lược Năng Vận Động và Lão Hóa Khỏe Mạnh mô tả phương hướng của Hội Đồng Thành Phố nhằm bắt đầu xây dựng cộng đồng chúng ta trong 10 năm tới để trở thành 'Thành Phố Thích Hợp Tuổi Già', một thành phố mở rộng vòng tay đón nhận và ca ngợi người cao niên và coi trọng kiến thức từng trải và phần đóng góp của người cao niên hoàn toàn.

Phương hướng này phù hợp với quan điểm của Tổ Chức Y Tế Thế Giới về Thành Phố Thích Hợp Tuổi Già tức là có các chủ trương, dịch vụ, môi trường và cơ cấu để trợ giúp và tạo điều kiện cho người dân năng vận động và được kính trọng trong tuổi già.

Không chỉ cung cấp dịch vụ cho người lớn tuổi mà thôi.

Mục đích là người lớn tuổi có thể về già khỏe mạnh tại Darebin, sử dụng được các dịch vụ giá phải chăng và đi lại thuận tiện trong cộng đồng. Bản Dự Thảo Sách Lược này sẽ giúp người lớn tuổi tham gia sinh hoạt trong cộng đồng địa phương và được trợ giúp trong khu vực xóm giềng bởi các mạng lưới và chương trình xã hội mà người thuộc mọi độ tuổi có thể được hưởng/tham gia.

Darebin có dân số người cao niên thuộc rất nhiều nguồn gốc văn hóa và ngôn ngữ khác nhau.

Trong 10 năm tới, số lượng người trong hạn tuổi từ 50 – 70 sẽ gia tăng đáng kể cũng như số lượng người từ 85 tuổi trở lên bởi lẽ thời nay người ta sống thọ hơn xưa. Thêm vào đó, trong 10 năm tới chúng ta sẽ thấy có số lượng lớn người lớn tuổi sinh ở các nước không nói Tiếng Anh và con số này gia tăng nhanh. Các dịch vụ của Hội Đồng Thành Phố cần phải có khả năng đáp ứng với những thành phần dân số gia tăng này bằng cách giúp cộng đồng có nguồn gốc văn hóa và ngôn ngữ khác nhau của chúng ta sử dụng được dịch vụ và biết thông tin theo cách thức thích hợp và hiểu được.

Không có danh sách chờ đợi đối với các dịch vụ then chốt.

Trong 10 năm tới, chúng tôi sẽ tìm cách phát huy quá trình dài lâu và đáng tự hào của Hội Đồng Thành Phố nhằm bảo đảm người dân sẽ không phải chờ đợi để được hưởng các dịch vụ then chốt tại Darebin, chẳng hạn như thẩm định nhu cầu, săn sóc nhà cửa tổng quát, chăm sóc cá nhân, chăm sóc thay thế, bảo trì nhà cửa và các bữa ăn.

Phương hướng toàn thể Hội Đồng Thành Phố.

Trong 10 năm tới, tất cả các lãnh vực của Hội Đồng Thành Phố sẽ tham gia lập Kế Hoạch Hành Động Năng Vận Động và Lão Hóa Khỏe Mạnh hàng năm. Nhờ vậy toàn thể Hội Đồng Thành Phố sẽ suy nghĩ về lãnh vực dịch vụ của mình qua 'ống kính người cao niên' – rút kinh nghiệm từ những gì chúng ta đã học hỏi được trong những câu chuyện trò với hơn 1.000 người cao niên để biên soạn Bản Dự Thảo Sách Lược này.

Kế Hoạch Hành Động Hàng Năm sẽ được dựa trên những lãnh vực sau đây: Phương Tiện Chuyên Chở; Gia Cư; Tham Gia về mặt Xã Hội; Nơi Chốn Ngoài Trời và Tòa Nhà; Tôn Trọng và Bao Gồm về mặt Xã Hội; Tham Gia Dân Sinh và Nhân Dụng; Truyền Thông và Thông Tin; Dịch Vụ Trợ Giúp và Dịch Vụ Y Tế Cộng Đồng.

Our Vision and Principles

The Active and Healthy Ageing Strategy Project Steering Committee developed the following vision that will guide Council and the community in the shared pursuit of an *Age Friendly Darebin* by 2021.

Vision

“Building on our strong foundation the Darebin community in 2021 is one that fully embraces and celebrates older citizens and values their wisdom and contribution. The community is vibrant, happy, caring, compassionate and inclusive of all ages, cultures, abilities, backgrounds and lifestyles. We collectively meet the challenges of an ageing population with a generous spirit and we see older people as part of the solution not as the problem.

An integrated whole of council approach to the ageing population is evident in all the work, policies and planning activities of the



Council. Older residents are able to age in place, access a range of affordable services that support them to age well and are able to get around the community with ease. The community is characterised by a raft of social networks and intergenerational programs that older people actively participate in and all citizens feel connected and supported in their neighbourhoods”.

Principles

The key principles that will guide our work towards an *Age Friendly Darebin* are drawn from those that the Victorian Government has adopted for all Senior Victorians. These principles also mirror the themes that emerged from the community consultations held in Darebin to develop this strategy.

Older People in Darebin should have:

- **A Valued Role**
Certainty that they are valued and listened to for their past, current and future contributions.
- **Their Rights Upheld**
Confidence that their rights will be upheld, their autonomy accepted and their dignity respected.
- **Opportunities for Participation**
Opportunities to fully participate in their communities.
- **Ease of Access**
Access to information, support and services to maximise their independence and maintain health and well being.
- **Responsive Services**
Services and communities which are responsive to their particular needs and interests and which recognise the diversity of our community.

Mary HAMMOND, Spearwood WA 1928, 99c 1980, oil on canvas, 55.5 x 61 cm – Darebin Art Collection.

Introduction

“Population ageing is one of humanity’s greatest triumphs. It is also one of our greatest challenges.”

The City of Darebin embraces this challenge. By considering it now and proactively planning, Council aims to minimise any negative impacts of population ageing on the local community and maximise the opportunities it presents.

Our older citizens are a significant and expanding part of our local community. Over the next decade Darebin will experience a growing population of older people from culturally diverse backgrounds; a significant increase in ‘younger’ older citizens, the 50–70 year age group; a growing 85+ age group; and a corresponding increase in lone person households.

This Active and Healthy Ageing Strategy outlines the strategic policy statements and future directions that Council has made a commitment to facilitate and deliver over a 10 year period to meet the needs of an ageing and diverse population. The key stakeholders in the Strategy are older people, but aspects of the Strategy will also be of relevance to the whole community. Ageing is a lifelong process, with no particular starting point. The foundations for active and healthy ageing are generally laid throughout a lifetime. However, to develop the Strategy, it was necessary to identify older residents of Darebin as those who are 50 years plus and for Aboriginal people those from 40 years onwards.

Importantly, a ‘life course approach’ underpins this work. A life course approach takes into consideration the needs of different generations of the people in the 50 years plus population; the transitions that occur with age and the need for interventions that create supportive environments and foster healthy choices at different stages of life.



Mary HAMMOND, Spearwood WA 1928, Preston Market 2002, watercolour & ink on paper, 28 x 19 cm – Darebin Art Collection.

This Strategy strongly advocates for continued and increased funding from State and Federal Governments so that Local Government can continue to deliver the range of services effectively. Council has substantial experience in local planning and community care service provision and contributes significantly from its own revenue sources to sustain and improve the available services so that older people can be supported to live in their own homes and local community. Council also has a long and proud history of ensuring that there are no waiting lists for core services in Darebin such as assessment of needs, general home care, personal care, respite care, home maintenance and meals. An expanded and more unified community care system is needed to support the majority of older people who wish to age at home and in their local community and Local Government with adequate funding from the State and Federal Governments is best placed to continue to provide these services.

During October 2009 and August 2010, over 1000 older citizens were engaged in a range of conversations across the municipality in exploring what it means to age well in Darebin. In addition, key service providers and networks were consulted about their thoughts and ideas on the needs of older people and Councils future role in meeting these needs.

In November 2009 Council established an Active and Healthy Ageing Strategy Project Steering Committee with community and internal and external service provider participants to guide the development of the future directions as the themes from the consultations were unfolding. The outcome of the community conversations and the Committees work in collaboration with Council is this Strategy.

An Action Plan will be developed each financial year throughout the 10 year lifespan of the Strategy. The goal of each Action Plan will be to translate the strategic policy statements and future directions into practice by identifying a range of tasks and actions for the coming year. As part of this annual work we may need to refashion elements of the Strategy, add a previously missed piece, or reconsider a policy or direction that no longer serves the community

well. This will be a robust process that will involve the community and key service providers/ networks.

Our quest is to have a whole of council approach to our ageing population and to learn as we go with our community- adding value over time.

This Strategy does not exist in isolation from other key strategic documents and processes within Council, including the *Council Plan (2009–2013)* which is the cornerstone of all that we do. Indeed, this Strategy progresses, for older citizens, a number of the strategies detailed in the Council Plan and also the themes of mental health and social wellbeing; improving physical health; and creating safe, supportive and sustainable environments provided in the *Community Health and Wellbeing Plan (2009-2013)*. These and other current and evolving policies and directions such as the Disability Access and Inclusion Plan and Councils Social Inclusion Agenda have been in the forefront of the Steering Committees collective thinking as it has worked to put this Strategy together.

The development framework for the Strategy is diagrammatically provided below:

Development Framework for the Active and Healthy Ageing Strategy





Mary HAMMOND, *Spearwood WA 1928, August 1998 (No.53)*, watercolour & ink on paper, 19 x 29 cm
– Darebin Art Collection.

Council's overall objective in the development of the Strategy and in its implementation over the ten year timeframe is to facilitate a *Darebin Age Friendly City*.

An *Age Friendly City* is one that has policies, services, settings, and structures that support and enable people to age actively by:

- recognising the wide range of capacities and resources among older people
- anticipating and responding flexibly to ageing-related needs and preferences
- respecting their decisions and lifestyle choices
- protecting those who are most vulnerable, and
- promoting their inclusion in and contribution to all areas of community life. WHO (2007)



Gwen GARONI, Melbourne b.1933, *Taungerong, Regrowth after the fires* (detail) 2010, acrylic on canvas 80.0 x 120.0 cm – Darebin Art Collection.

Why Active and Healthy Ageing?

There is a world wide movement towards the principles of active and healthy ageing. Active and Healthy Ageing has become a key policy area for both government and industry. There is a growing body of evidence being underpinned by new and emerging policy directions that suggest that being physically active, having a nutritious diet and remaining mentally and socially engaged with friends, family and the broader community can reduce the impact on individuals of conditions associated with ageing.

The World Health Organisation (WHO) defines active ageing as the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age. It applies to both individuals and population groups. In the context of the WHO definition active ageing emphasises the value of continued involvement across six life domains:

social, economic, civic, cultural, spiritual and physical.

Ageing well in Darebin requires a shift in thinking, a new approach based on increasing knowledge and research about this stage of life. Active and Healthy Ageing aims to extend healthy life expectancy and quality of life for all people as they age. It acknowledges that ageing takes place within the context of family, friends, communities and neighbourhoods. Darebin City Council takes this concept as its starting point.

The Strategy is more than just providing services for older people. It is about older people being able to age well in Darebin, access affordable services and get around the community easily. The Strategy will enable older people to be a part of their local community and be supported in their neighbourhoods by supporting social networks and programs that people of all ages can participate in.

Who are our Older Citizens?

Darebin has a richly diverse ageing population which is growing both in numbers and as a proportion of the total population. This population change provides opportunity for progressing an age friendly society as well as experiencing an increase in demand for aged care and support.

Growth for the 50+ population includes most age groups, however the significant growth for the next decade includes:

- a significant increase in 'younger' older citizens, the 50–70 year age group, and
- a growing 85+ age group, as our older citizens are increasingly living longer.

Focusing on the 2011–2021 period (data obtained from the most recent census 2006) key considerations of Darebin's Older Citizens for this Strategy include:

- a difference in life expectancy for Darebin's Indigenous older citizens compared to the total population (13% 50 years plus compared to 30%)
- a rapid increase in and high proportions of older citizens born in non-English speaking countries (18,722)
- high proportions of people who speak a language other than English at home (18,351)
- a significant number of people who are not proficient in English (7,453)
- increasing numbers of people who will live alone, particularly women (currently 7,992)
- significant proportion of older citizens who have insecure housing
- low socio-economic status (which trends to increase with age) and the corresponding impact on health, wellbeing and participation in community life

- a significant number of health issues and disabilities associated with ageing that respond positively to preventative interventions and support such as social and physical activities
- an increasing number of people who will require assistance with daily tasks and activities with a corresponding increase in demand for support and care
- the significant number of people (4,655) who are involved in caring activities.

Council services need to be able to respond to these growing numbers by providing access to services and information in ways that are suitable and accessible for our diverse community.



Mary HAMMOND, Spearwood WA 1928, Untitled (Couple with trolley) 1989 (No. 38) (detail), watercolour & ink on paper, 19.5 x 21 cm – Darebin Art Collection.

Our Promise and a Snapshot of the Services we provide

As outlined in the *Council Plan 2009–2013* the City of Darebin made a promise to the community that illustrates in a few words our aspirations for the Darebin community:

“As a democratic and accountable local government, we strive in all that we do to achieve fairness, through innovative and progressive leadership that respects and reflects our diverse community.”

The City of Darebin has a long and proud history in the planning, delivery and direct funding of a range of Aged and Disability Services that are underpinned by the key principles of access and equity and a commitment to total inclusiveness of our diverse community. The services we currently provide all aim to advance this promise and make a genuine and positive difference in the lives of our older citizens.

Council through its Aged and Disability Services Branch delivers services and activities at the individual, group and community level that include advocacy, policy development, partnership development with the community and local services, information and referral, assessment, care coordination and case management.

A suite of services to enable older people to remain in their homes as they age, participate in community life and be active and connected are also developed, supported and promoted. These include supporting senior citizen clubs, older persons public housing sponsorship, a hospital admission risk program, a HACC Aboriginal liaison service, community transport, provision of general home care, personal care, respite care, home maintenance, dementia care, carer support, delivered and centre based meals.

In its *Strategic Resource Plan 2009–13* Council has reinforced its longstanding commitment to

provide and significantly fund these vital services for the local Darebin community:

“We will maintain the scope and standard of ongoing services provided to the Darebin community and be flexible to address changing community needs with innovative services and facilities.”

Council's role in funding and providing community care services for older people contributes significantly to the overall strength of the local Darebin service system. Within Council our knowledge of the community, our planning role and capacity provides essential links between our aged and disability support services and other service and land use planning, community health, wellbeing and safety planning, recreation, housing, transport and climate change planning. Council's provision of community care services for older citizens also enables an important internal communication pathway through the service provider - resident relationship that informs us about other needs, issues and solutions in the municipality.

A primary aim of this strategy is to further strengthen these links within Council by progressively developing a whole of council approach to Active and Healthy Ageing whereby all of Councils planning and service activities are considered through the life course lens of Later Years. This approach is detailed in the Councils *Community Health and Wellbeing Plan 2009–2013* and facilitates an integrated planning approach to address the priority health and wellbeing needs of our community.

For the next ten years, all Council areas will take part in putting together an annual Active and Healthy Ageing Action Plan. This ensures that all of Council are thinking about their service areas through an ‘older persons lens’ and responding to the issues raised by our conversations with over 1 000 older citizens in creating this new strategy.



Mary HAMMOND, Spearwood WA 1928, *Preston Market 2002 (No. 6)*, oil on canvas, 75.5 x 49.5 cm – Darebin Art Collection.



Mary HAMMOND, Spearwood WA 1928, Preston Market (detail) 2002, watercolour & ink on paper, 28 x 19 cm – Darebin Art Collection.

Strategic Policy Statements

Under the Local Government Act Council's role is broad, from directly providing services and maintaining facilities, to supporting community cohesion, to advocating for the interests of the community.

Throughout the process of developing this Strategy five roles of Council have been explored and have provided the framework for the development of the strategic policy statements and future directions. These roles are:

1. A Provider of Services and Facilities
2. A Planner and Coordinator
3. A Partnership Builder
4. An Advocate and Facilitator
5. A Community Capacity Builder.

These roles are aligned with the Australian Local Government Association's articulation of the various roles that local government has in relation to the growing older population. They are also aligned with Council's legislative authority and community responsibility to plan for the local area and to ensure community health and well being. They collectively support Council's overall objective to facilitate an *Age Friendly Community*.

1. Council Role: Provider of Services and Facilities

1.1 Policy Statement – Service Scope and Funding

As the Darebin population continues to age, the importance of high quality, inclusive community care services has never been more apparent. Council recognises the importance of community

care services for helping people live in their own homes and local community longer; maintaining their independence, combating social isolation, supporting carers and for overall healthy ageing. In partnership with the Federal and State Governments, Council will continue to provide and contribute significant levels of its own resources to ensure a comprehensive range of aged and disability services that are of a high standard and meet the diverse needs of the ageing Darebin population.

Over the next ten years, Council will aim to continue its long and proud history of ensuring there are no waiting lists for core services in Darebin such as assessment of needs, general home care, personal care, respite care, home maintenance and meals. Council will also ensure total inclusiveness in the provision of all its aged care and related services for older residents. We will continue to work on proactively eradicating any barriers to service access and service provision experienced by our Aboriginal, CALD, residents with a disability and those who are financially and/or socially disadvantaged.

1.2 Policy Statement – Active Service Model

Council will continue to progressively implement the new direction for its HACC and related aged care services: the Active Service Model (ASM). An ASM approach emphasises the provision of person centred, timely and flexible interventions that prioritise capacity building and restorative care to maintain or promote a person's capacity to live as independently as possible, regardless of age. It recognises that given the right support people using services have the potential to improve their capacity and wellbeing and that the HACC service system can facilitate this. In essence ASM is about people being more active in making choices and decisions that affect them as well as leading a more active lifestyle.

1.3 Policy Statement – Workforce Management, Planning and Development

Council will continue to prioritise and strengthen the capacity of its Aged and Disability services workforce by ensuring that a skilled, healthy and valued workforce is maintained. Council acknowledges the operational challenge inherent in the home and community care field of ensuring a safe work place for each employee whilst at the same time ensuring service flexibility and responsiveness. It will endeavour to meet this challenge by developing a comprehensive workforce management and development plan that meets the need for responsive service provision to clients and the needs of direct care staff. Council will aim to achieve a safe and healthy environment for everyone involved.

1.4 Policy Statement – Communication and Information provision

Council will promote opportunities that support older people to remain active in their local communities, ranging from service promotion to social activities and Council decision making processes. This will be achieved through providing accessible information and communication styles, targeting where and how information relevant to older people is disseminated and being flexible in our communication styles to meet the needs of our diverse older adult community.

1.5 Policy Statement – Community Facilities

Council will develop an Integrated Facilities Plan that will include transforming the current Senior Citizen Centres into local community hubs where older people can access a variety of information and activities that foster active and healthy ageing and participate in intergenerational programs.

2. Council Role: Planner and Coordinator

2.1 Policy Statement – Aged Care Services Planning and Coordination

Council will continue to plan for the needs of the ageing population and ensure services are well coordinated through collaborative partnerships. It will aim to build and strengthen the Aged Care Service system for the benefit of the whole Darebin community.

2.2 Policy Statement – Housing

Council will continue to take an active role in facilitating the availability of a range of housing options for people as they age to meet their changing circumstances and support needs and enable them to age in place. The housing options will be reflective of the diversity of the community and pay particular attention to those cohorts in the community who are most disadvantaged. Council will support them to plan for their housing to ensure they are aware of and understand the housing options. The housing options will be reflective of cultural and financial diversity as well as individual choice and need.

With an increased demand for an *Age Friendly City*, housing for the aged in appropriate locations and in close proximity to transport, activity centres and services is essential for the well-being of the community as they age. This requires planning that is inclusive of an ageing population in relation to land use, transport, open space, buildings and facilities development, leisure and recreational opportunities, services, and communication strategies.

2.3 Policy Statement – Transport

The City of Darebin has a vision to be “a community where transport plays a positive role in connecting residents, visitors and employers so that its social networks are strong, local and metropolitan opportunities are accessed easily and the local economy prospers” (*Going Places: Darebin Transport Strategy 2007–2027*).

Access to adequate, appropriate and affordable transport is a key factor that influences active and healthy ageing. Being able to safely move around the city determines levels of social and civic participation and influences access to community and health services. The transport system comprises a range of modalities including public transport, community transport, taxis, driving, cycling and walking. Connections and confidence to access these options underpin the success of our community to age well. Our focus will be to support our community to link and engage with the variety of transport modes available and encourage them to take up sustainable transport options. Council will pay particular attention to those individuals and groups in the community who are ageing with significant social, physical, mental and transport disadvantage. We will achieve this through the ongoing development of our Community Transport Service. This focus will increase social inclusion, enhance health and environmental outcomes and improve community safety.



Frances GALLAGHER, b. Bendigo 1926, Gunditjmarra, Campsite in Springtime 2010, acrylic on canvas, 85.0 x 100.0 cm – Darebin Art Collection.

3. Council Role: Partnership Builder

3.1 Policy Statement – Internal partnerships

Council will develop internal structures and processes to ensure a whole of council approach to the planning and delivery of services to its older citizens.

3.2 Policy Statement – External partnerships

Council will further develop and encourage partnerships that support sustainable, innovative and efficient service delivery models that support older people to age well. It will foster strategic alliances and partnerships with other key service providers and community members in the municipality in the design, development and implementation of an *Age Friendly Darebin*.

4. Council Role: Advocate and Facilitator

4.1 Policy Statement – Advocacy and Facilitation

Council will develop an Advocacy Plan to advocate for continued and increased funding from State and Federal Governments so that Local Government can continue to deliver the range of community care services effectively. In particular, Council will strongly advocate for increased growth in community care to meet demand and that the Commonwealth review the indexation arrangements in the HACC program to reflect the real costs of providing care.

Council's advocacy and facilitation roles will also support residents to address critical factors

influencing healthy ageing. These factors include financial security, housing security, physical health, emotional wellbeing, access to services, independence and respect as well as living in and participating in a familiar community.

Council will facilitate partnerships with community, organisations, peak bodies and governments to enable responsive and collaborative advocacy approaches to emerging issues and trends affecting our older citizens. We will lead responsible service re-design with innovation and facilitate community engagement that fosters cultural exchange and community connection.

5. Council Role: Community Capacity Facilitator

5.1 Policy Statement – Building Community Capacity

Council will continue and strengthen its longstanding commitment to work with the community to build community capacity. A number of factors influence the well being of older people. Critical elements for good health and wellbeing include social supports such as friendships and remaining active members of local communities. The well being of older people is inextricably linked to their engagement with others and Council's role in community capacity building with older people will therefore focus on increased connectedness, partnership development and collaboration.

Our goal will be to ensure that older people experience an increased sense of worth and value; and have opportunities to participate in the local community and their neighbourhoods and in doing so have a strong sense of belonging and connection to the community in which they live.



*Kerry MAHER, Australia, **Dog Pool**, oil on canvas, 2010, 61.0 x 75.0 cm – Darebin Art Collection.*

Key Future Directions

The following information provides a brief overview of the key future directions to be achieved through this 10 year strategy:

Whole of Council Approach

Council will adopt a whole of Council approach to the ageing population by:

- Ensuring the development of an annual Active and Healthy Ageing Action Plan during the ten year life span of this Strategy that will be inclusive of all of Councils services,
- Developing an Integrated Facilities Plan that will provide a comprehensive direction for ensuring the community as a whole has access to a range of facilities to meet needs of learning, making social connections and recreation, and
- Fostering an *Age Friendly Built Environment*.

Advocacy

During the ten year lifespan of this Strategy, Council will remain firmly committed to advocating that any health reform delivers increased access, better services and more community based health care options for Darebin's older citizens. It will advocate for more continuity of care between HACC and related services in the primary, acute, sub acute and mental health service system.

There is and will continue to be supply pressures for community care services for older people. Council will prioritise its advocacy role in aged care and in doing so will strongly advocate to the Federal Government for an expanded and more unified community care system to support older people who wish to age at home and in their local community. It will advocate for sufficient resources to allow a balance of access

to community care, between those in our local community with early and low level needs and those with higher levels of complexity and dependency.

Service Orientation

Council's services will assist older people to remain connected to the local community and will build on the abilities and recognise the resilience and capacities of older people. Council will actively cultivate an internal and external service culture that views older people as natural community leaders and as significant community assets.

Access to Core Services

Council will aim to continue its proud and longstanding commitment to aged care and the vital services provided. We will aim to continue to ensure that there are no waiting lists for core services such as assessment of needs, general home care, personal care, respite care, home maintenance and meals.

Cultural Competency

Council will develop a diversity capabilities framework for Darebin's aged care services workforce that will focus on attitudes, knowledge and behaviour as key elements of our capacity to deliver responsive services to our community. Cultural competencies define those specific skills, knowledge and abilities which are needed in order to work with diverse communities and workplaces. The development of cultural competencies will be a continuous process and will be a core element of an on-going learning cycle and professional development plan for our aged care staff. In order to develop and embed cultural competencies in the way we do things we will explore our values, communication tools, diversity knowledge and skill base, staff diversity (e.g. bi-lingual worker composition) and the appropriateness of our service delivery.

Aged Care Planning Forum

Council will take a leadership role in bringing together key aged care service providers from across the municipality to form a Darebin Aged Care Planning Forum. This will provide a forum for senior managers of local Aged Services to plan and review aged care services across Darebin in an environment of ongoing policy and service sector change; improve integrated aged services planning, coordination and service delivery; and provide a meeting point for direct communication and advocacy with relevant peak bodies and stakeholders about agreed issues.

Carer Support and Recognition

Council will recognise through future work the considerable and vital role unpaid carers play in both assisting older members of the community to remain at home and in substantially reducing the demand for HACC and related community support services. The differing needs of carers will be reflected in service planning and service provision.

Older Citizens Charter

Council will work with the community to facilitate the development of a Darebin Older Citizens Charter. The Charter will be linked to Councils evolving and leadership work on human rights, social inclusion and the prevention of violence against women. The Charter will aim to promote and protect the rights of older people who reside in Darebin, by combating ageism and age discrimination.

The Charter will also aim to assist older people of Darebin to live lives of dignity; and change the prevailing societal view of older people as passive recipients of services and as potential burdens on resources – to individuals with knowledge, power and experience. It is envisaged that

increased respect for older people will improve relationships between different generations and make our community more cohesive.

Forging New Partnerships with the Community

Working towards an *Age Friendly City* by 2021 will provide a range of opportunities for Council to foster new connections and partnerships with the community. This includes older people, carers of older people and community groups. This Strategy and the accompanying Annual Action Plans provides the opportunity to formulate joint approaches and further develop partnerships across the community. Council will actively embrace these opportunities and proactively facilitate a culture of community participation and collaboration.

Food Services

Throughout the lifespan of this Strategy Council will explore and develop local models for providing nutritional assistance to meet the changing needs, expectations and preferences of older Darebin residents. The policy shift to an active ageing approach provides the opportunity and framework to implement a more integrated and capacity building response to support isolated and at risk older people. Council will seek opportunities to enhance centre based meals service provision by actively engaging with eligible food service recipients to participate in communal based meal programs; Council will facilitate and support innovative meals service developments that focus on opportunities for older people to socialise whilst sharing a meal; and also support opportunities to enhance the skills and knowledge generally on nutrition and meals preparation.

Key Supplementary Reports

This Strategy document provides the overarching strategic framework and policy statements for Active and Healthy Ageing in Darebin for the next 10 years.

Two key documents that underpin this strategy are the:

- **Community and Stakeholder Consultation Report September 2010**
- **Darebin Older Citizens Profile September 2010**

Both these documents have provided the contextual information necessary to understand the existing and future make up of Darebin's older population, the current and emerging needs of older residents and the aspirations of our older citizens to age well in Darebin.

The third and primary set of documents that will be the essential companions to this Strategy are the:

- **Annual Active and Healthy Ageing Action Plans**

These will be Whole of Council Action Plans, developed each year throughout the 10 year lifespan of this Strategy.

The Annual Action Plans will be designed around the core features contained in the WHO's *Age Friendly Cities Guide*. The WHO's framework looks at 8 aspects (which are highly interconnected) that need to be considered in the development of an *Age Friendly City*. These are:

- Transport
- Housing
- Social Participation
- Outdoor spaces and buildings
- Respect and Social Inclusion
- Civic Participation and Employment
- Communication and Information
- Community Support and Health Services.

These topic areas mirror the needs and aspirations expressed in the community consultations and will translate the strategic policy statements and future directions into practical tasks and actions. The breadth of the issues encompassed by these areas demonstrate the need for a whole of council approach to active and healthy ageing and the need to work in partnership with other organisations, groups and the community.

It is expected that the vast majority of actions outlined in the annual action plans will be achieved within existing resources. A few actions however may require additional resources. During Council's annual budgetary process, new initiatives that have resource implications will be presented for Council's consideration. Council will need to consider and balance these initiatives in light of other needs and strategies across the whole of Council for the coming year.

All of these supplementary documents can be accessed via the City of Darebin website at www.darebin.vic.gov.au/activeageing

As part of the performance reporting on the Strategy and the accompanying Action Plans, Council will receive quarterly progress reports and there will also be annual public reporting.

References

Australian Local Government Association, *Age friendly Built Environments; Opportunities for Local Government*, December 2005.

City of Boroondara, *Creating an Age Friendly Boroondara*, 2009–2014.

Municipal Association of Victoria's Submission to Productivity Commission Inquiry, *Caring for older Australians*, August 2010.

MAV, Victorian HACC, *Review of the Home and Community Care Program Food Services*, 2004.

World Health Organisations *Global Age-friendly Cities: A Guide*, 2007.



Gwen GARONI, Melbourne b.1933, Taurugorong. **Taurugorong Country – View of Yea** 2006, gouache on canvas, 70 x 98 cm. Winner DATSICC Award for emerging artist 2006 – Darebin Art Collection.

Darebin Council wish to acknowledge the contribution of Council staff, residents and local community support agencies to the development of this strategy:

Active and Healthy Ageing Strategy Project Steering Committee:

Chairperson: Cr Gaetano Greco

Resident Participants: Eileen Capocchi, Hahn Le, Molly Hadfield, Nick Nicholaou, Santosh Kumar.

Community Support Agencies: Darebin Community Health, Merri Community Health Services, Royal Womens Hospital – Indigenous Womens Liaison Unit, Spectrum Migrant Resource Centre.

Consultation Participants:

Aboriginal Community Elders Service, Bigla Macedonian Senior Citizens Club Inc, Darebin Aboriginal and Torres Strait Islander Community Council, Darebin Aged & Disability Services Network, Darebin Disability Advisory Committee,

Darebin Ethnic Communities Council, Darebin Greek Womens Senior Citizens Club Inc, Darebin U3A Inc, Darebin Writers Group, East Reservoir Senior Citizens Club Inc, Greek Nazarene Senior Citizens Club Inc, Greek Womens Elderly Friendly Club of Preston Inc, Islamic Elderly Group Inc, Italian Senior Citizens Club of Preston Inc, Kookaburra Club, Life Activities Club of Darebin Inc, North West Reservoir Italian Senior Citizens Club Inc, Northcote Italian Pensioners Club Inc, Northcote Macedonian Senior Citizens Club Inc, Northern Health, Northern Region Indians Seniors Association Inc, Polish Senior Citizens Club of Reservoir Inc, Preston Greek Elderly Citizens Club Inc, Reskeon Maltese Seniors Group Inc, Reservoir Greek Elderly Citizens Club Inc, Spectrum Migrant Resource Centre Planned Activity Groups (Vietnamese, Macedonian, Chinese, Filipino, Assyrian, Congolese), St Mary's Italian Elderly Citizens Club Inc, Thornbury Italian Senior Citizens Club Inc, Victorian Aboriginal Health Service.



Ken SENIOR, Australia b.1946, 'Outback' Preston 2009, watercolour, pen, ink on paper, 26.0 x 23.0 cm – Darebin Art Collection.



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