



- PERFORM a play on these platforms.
- 2 LISTEN for the sound of birds and frogs along the creek.
- 3 NAKE a mud kitchen in your backyard.
- 4 JOG and ride and run around the track, Keep it going. You can do it!
- 5 II under a tree. The branches go up so high, imagine how deep the roots go down...
- B DIVE and splash in the cool pool water.
- 7 WRITE a story you made up yourself.

- 8 CLAP and stomp and sing. Music makes us move!
- FEEL the wind on your face, the rain on your hands. Ball play is everyday!
- 10 INVENT a machine using old cardboard boxes and string.
- [1] GAZE at this big colourful mural on the wall.
- 12 WHOOP and laugh as you swing up high.
- BOUNCE on a trampoline, bounce a ball, bounce yourself down the hall.
- 14 SKIP stones and jump onto a chalk hopscotch game.

