



How Your Baby Moves in the First Year

Thursday 9 March 2023
10.00am – 11.30am

Northcote Family
Centre (185 – 187 High
Street, Northcote)

Darebin City Council and Your Community Health (a Paediatric Physiotherapist) will present a free parenting program on baby movement and gross motor development in their first year.

Babies grow, learn and develop at different ages through play. This program will focus on a deeper understanding of how babies develop through physical movement and play. Activities promoting healthy child development such as “tummy time”, rolling, sitting, crawling, pulling up into standing position and walking will be demonstrated. Families will have the opportunity to ask questions in an interactive discussion.

Bookings are essential

To register your interest, please email vanessa.stuto@darebin.vic.gov.au and include your name, mobile number, child’s name, child’s date of birth, postcode and how many adult/children will be attending. **Bookings close on 7 March.**

Darebin Council acknowledges the Wurundjeri Woi Wurrung people who are the Traditional Owners of the land that this event will take place on.

CITY OF DAREBIN

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