# DAREBIN FAMILY SERVICES



# CITY OF DAREBIN

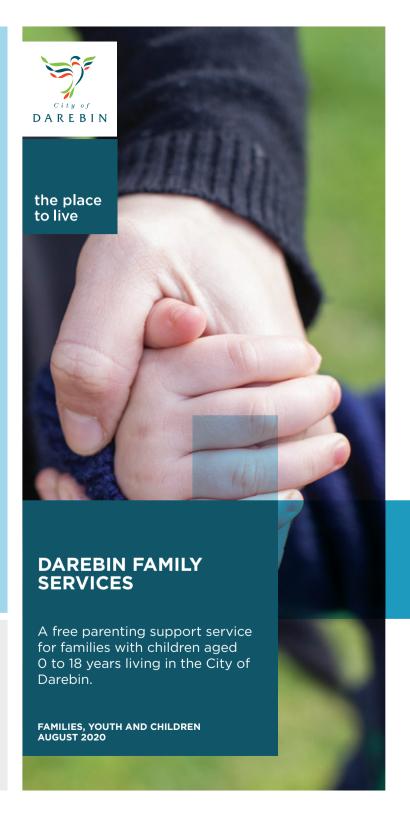
274 Gower Street, Preston
PO Box 91, Preston, Vic 3072
T 8470 8888
F 8470 8877
E mailbox@darebin.vic.gov.au
darebin.vic.gov.au



National Relay Service TTY dial 133 677 or Speak & Listen 1300 555 727 or relayservice.gov.au, then enter 03 8470 8888



Speak Your Language 8470 8470



# **DAREBIN FAMILY SERVICES**

#### **DAREBIN FAMILY SERVICES**

### The aim of the service is to:

- Enhance individual and family functioning
- Support, empower and resource parents to provide a safe and nurturing environment for their children under the age of 18 years old
- Work in a flexible, culturally sensitive and respectful way to provide a high quality service
- Build on family strengths and helps to manage the challenges of every day life
- Enhance personal and family communication
- Explore issues that may be affecting relationships
- Work together to identify and achieve family goals
- Support families to address issues such as family violence, mental illness, drug and alcohol abuse
- Provide practical support and parenting strategies to assist families to manage challenging behaviours
- Help establish routines in the home that work for the family
- Provide case management support and work together in a family home.



## **Group Work**

We offer a range of parenting groups that provide support, education and the opportunity to meet others. Some of the groups include Circle of Security, Parenting after Violence, Tuning into Teens, and Parent-Child Mother Goose Program.

Please check our website for up to date group work information at www.darebin.vic.gov.au/familyservices (listed in Family Support - Parent Education Groups).

#### Referrals

If you wish to make a referral to the Family Services program, please call 8470 8018 or email family. services@darebin.vic.gov.au

### **Contact Details**

Northcote Family Centre 185-187 High Street, Northcote VIC 3070

Tram Route 86 Stop 31

T: (03) 8470 8018

E: family.services@darebin.vic.gov.au

Web: www.darebin.vic.gov.au/familyservices

Family Workers are available to meet from various locations across Darebin.

#### Feedback

If you have a feedback, concern or a grievance with any aspect of the service, please contact the Family Services Team Leader on 8470 8018 or email family.services@darebin.vic.gov.au

Alternatively, you can contact: Commission for Children & Young People 1300 78 29 78 Consumer Affairs Victoria 1300 55 81 81