

# Brush Book Bed

13 February 2025

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to live



Brush Book Bed is a free dental hygiene program for families with young children aged 0-5 years. **Baby Teeth Count Too!** Children and their parents/caregivers are invited to join a Brush, Book, Bed session to learn about developing good dental health habits that will keep teeth strong and healthy for life. There are activities, songs and story book ideas you can learn to encourage your child to brush their teeth in a fun way with Chomper! There will be a special guest appearance from Your Community Health Oral Health Team to assist families with dental hygiene.

Sessions are free and are designed for single-session attendance. However, families are welcome to book return visits to help their children learn healthy habits for healthy teeth! Families attending will receive a gift bag containing dental products.

## Date, Time and Location

**Thursday 13 February 2025, 10am - 11.30am**  
at Reservoir East Family Centre (15  
Gisborne Crescent, Reservoir)

Bookings essential.

**To register your interest, go to**

**[www.darebin.vic.gov.au/support-for-parents](http://www.darebin.vic.gov.au/support-for-parents)**  
or scan the QR code provided below.

*The Early Parenting Program service aims to be an accessible, equitable, inclusive, safe and respectful service that actively welcomes and supports the inclusion of all children and their families. We value and celebrate the diversity of families who use our service.*



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