



City of
DAREBIN

the place
to live

Older and Active in Darebin

DIRECTORY



Older and Active in Darebin

This booklet contains information about activities, clubs and recreation for older adults in Darebin. To find out information in your own language, please contact the multilingual phone line on 8470 8470.

Παλαιότερος και ενεργός στο Darebin Αυτό το φυλλάδιο περιέχει πληροφορίες σχετικά με δραστηριότητες, συλλόγους και αναψυχή για ηλικιωμένους στο Darebin. Για πληροφορίες στη γλώσσα σας, επικοινωνήστε με την πολύγλωσση τηλεφωνική γραμμή στο 8470 8470.

Vecchio e attivo a Darebin Questo opuscolo contiene informazioni su attività, club e attività ricreative per anziani a Darebin. Per informazioni nella propria lingua, si prega di contattare la linea telefonica multilingue al numero 8470 8470.

Постари и активни во Даребин Оваа брошура содржи информации за активности, клубови и рекреација за постари луѓе во Даребин. За да дознаете информации на вашиот јазик, молиме контактирајте ја повеќејазичната телефонска линија на 8470 8470.

كبار السن والنشطين في داربين يحتوي هذا الكتيب على معلومات حول الأنشطة والنوادي والترفيه لكبار السن في داربين. لمعرفة المعلومات بلغتك الأم، يرجى الاتصال بخط الهاتف متعدد اللغات على 8470 8470.

Darebin 的老年人和活跃者 这本小册子包含有关 Darebin 老年人的活动、俱乐部和娱乐的信息。如需以您自己的语言查找信息，请拨打多语种电话 8470 8470。

Già hơn và hoạt động tích cực ở Darebin Tập sách này chứa thông tin về các hoạt động, câu lạc bộ và giải trí cho người cao tuổi ở Darebin. Để tìm hiểu thông tin bằng ngôn ngữ của bạn, vui lòng liên hệ với đường dây điện thoại đa ngôn ngữ theo số 8470 8470.



Darebin City Council acknowledges the Wurundjeri Woi-Wurrung people as the Traditional Owners and custodians of the land and waters we now call Darebin and pays respect to their Elders, past, present and emerging.

Artwork by Natasha Ellis-Corrigan, proud Jinabara/Bundjalung woman. Aboriginal artist from Jinabara Designs.



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Older and Active in Darebin

Darebin Council is dedicated to ensuring you have access to the information and support you need. This directory has been created to help older adults live active, healthy lives by connecting you to services and programs designed to reduce loneliness, improve mental well-being, and keep you engaged with your community.

Aboriginal and Torres Strait Islander Organisations and Services



3KND: Kool N Deadly 1503AM & Digital Radio

Melbourne's only Indigenous radio station. Provides specialist training in radio and media.

Keeping Community Connected.

📍 **35 Copernicus Crescent
Bundoora**

☎ **9471 1305**

🌐 **3knd.org.au**

Aboriginal Advancement League (AAL)

Provide home support and property maintenance for eligible clients. Programs also offer food support, financial counselling, and advice for families.

AAL assist tenants who are at risk of losing their homes and provides cultural support to make sure services respect different backgrounds.

📍 **2 Watt Street, Thornbury**

☎ **9480 7777**

🌐 **aal.org.au**

Aboriginal Catholic Ministry Victoria

Promotes reconciliation and mutual understanding.

📍 **434 St Georges Road
Thornbury**

☎ **9401 6380**

🌐 **cam.org.au/acmv**

Aboriginal Community Elders Services (ACES)

ACES provide a range of aged care programs. They include gentle exercise, massage, hydrotherapy, arts and crafts, social lunch, outings and Men's Shed.

📍 **5 Parkview Avenue
East Brunswick**

☎ **9383 4244**

🌐 **acesinc.org.au**



Barrbunin Beek Aboriginal Gathering Place

A place for local Aboriginal and Torres Strait Islander people to come together. Several programs are on offer, including food share and food pantry.

📍 **Olympic Park**
55 Catalina Street
West Heidelberg

☎ **0423 063 737**
or 0419 579 451

@ **barrbunin.beek**
@banyule.vic.gov.au

🌐 **barrbuninbeek.org**

Dardi Munwurro

A specialist Aboriginal family violence healing service offering programs for healing, behaviour change, and safety planning, aiming to build stronger families, break trauma cycles, and create safer communities.

📍 **558 High Street, Preston**

☎ **8456 3044**

🌐 **dardimunwurro.com.au**



Darebin Council Aboriginal Contact Officer

This Officer can talk to you about Aboriginal matters and what Council can do to support the community.

📍 **274 Gower Street**
Preston

☎ **8470 8366**
or 0427 797 668

@ **diversity@darebin**
.vic.gov.au

🌐 **darebin.vic.gov.au**

Fitzroy Stars Football and Netball Club

Family friendly environment offers football training including women's football, netball, and health promotions.

📍 **Sir Douglas Nicholls Oval**
2 Watt Street, Thornbury

☎ **0402 753 411**

🌐 **aal.org.au**

Gurwidj Neighbourhood House

Aboriginal Women's Yarning Circle, group activities such as painting and sewing.

📍 **Aborigines Advancement**
Leage, 2 Watt Street
Thornbury

☎ **9480 7777**

🌐 **aal.org.au**

Kookaburra Club

A club for Aboriginal and Torres Strait Islander people, elders, and their carers to enjoy a chat, a feed and join in the laughs.

 **Your Community Health**
155 Blake Street
Reservoir

 **8470 1111**

 **yourch.org.au**

Melbourne Polytechnic Koorie Services Centre

We offer education and cultural support for students and staff.

 **77 St Georges Road**
Preston

 **9269 1626**

 **koorie@melbournepolytechnic.edu.au**

Reconciliation Victoria

State-wide body promoting local reconciliation groups and undertaking activities across Victoria.

 **1 Tripovich Street**
Brunswick

 **9016 0657**


 **info@reconciliationvic.org.au**

 **reconciliationvic.org.au**

Victorian Aboriginal Health Service (VAHS)

Medical, dental and other health services, including mental health.

 **238-250 Plenty Road**
Preston

 **9419 3000**


 **info@vahs.org.au**

 **vahs.org.au**

Victorian Aboriginal Legal Service (VALS)

VALS is an Aboriginal Community Controlled Organisation with 50 years of experience providing culturally safe legal and community justice services.

 **273 High Street, Preston**

 **1800 064 865**

 **vals@vals.org.au**

 **vals.org.au**

William T Onus Hostel

Culturally safe and affordable accommodation for First Nations people who need to be away from home to access services and economic opportunities.

 **75 Westgarth Street**
Northcote

 **9036 4510**

 **ahl.gov.au**



Activities: Arts & Crafts, Dance, Music, Choirs, Reading and Writing



Visit your local Neighbourhood House or Community Centre to get involved in a range of courses, hands-on skills, art, craft, and design. See pages 11-17 to find out more.

Art Centres

Bundoora Homestead Art Centre

Heritage site and public art gallery, housing contemporary art, gardens, café, activities, and events.

-  **7 Prospect Hill Drive Bundoora**
-  **9496 1060**
-  **bundoora.homestead@darebin.vic.gov.au**
-  **arts.darebin.vic.gov.au**

Darebin Arts Centre

Preston's premier arts venue. Hosts performances, festivals and expos. Consists of a proscenium arch theatre, exhibition space, bar area and two multipurpose function rooms.

-  **401 Bell Street (corner St Georges Road) Preston**
-  **8470 8280**
-  **dacevents@darebin.vic.gov.au**
-  **arts.darebin.vic.gov.au**

Islamic Museum of Australia

A visit to the Museum offers a journey through art and history, revealing the essence of Islam. Enjoy contemporary art exhibitions, delicious food at the café, and group tours or art workshops.

-  **15A Anderson Road Thornbury**
-  **1300 915 171**
-  **admin@islamicmuseum.org.au**
-  **islamicmuseum.org.au**

Northcote Town Hall Arts Centre

Northcote's vibrant arts and culture venue. It hosts Darebin Arts Speakeasy, a year-round program of theatre, dance, circus and live art; and also contains spaces available for hire.


-  **189 High Street Northcote**
-  **8470 8280**
-  **nthacevents@darebin.vic.gov.au**
-  **arts.darebin.vic.gov.au**

Interest Groups Crafts & Hobbies

Fife Fancy Canary Club of Victoria

Learn about keeping canaries, buying birds, chat about all things canary, exhibitions, and annual show. Meet monthly, visitors welcome

 **Reservoir Senior
Citizen's Centre
2-4 Wright Street
Reservoir**

 **0407 304 464**

 **ffccvicinc@gmail.com**

In the Loop

Bring your own craft project to work on in the company of like-minded crafty folk. Knitting, crochet, needlework, drawing... whatever you're working on!

 **Preston Library
266 Gower Street
Preston**

 **1300 655 355**

 **[libraries.darebin.
vic.gov.au](http://libraries.darebin.vic.gov.au)**

Northern Woodturners Club

Group caters for men and women of all ages. Weekly meetings and regular training sessions.


 **Merri Community Shed
19 Harding Street, Coburg**

 **[secretary@northern
woodturners.org.au](mailto:secretary@northernwoodturners.org.au)**

 **[northernwood
turners.org.au](http://northernwoodturners.org.au)**

Preston Photographic Club

Club members come from diverse backgrounds, with varying ages, occupations, and skill levels, all united by a shared goal: to improve their photography and raise the overall standard of their work. The club offers a range of activities, including presentations, competitions, field trips, workshops, and social events.

 **Kingsbury Bowls Club
Arch Gibson Reserve
181 Dunne Street
Kingsbury**

 **[info@preston
photographicclub.net](mailto:info@prestonphotographicclub.net)**

 **[prestonphotographic
club.net](http://prestonphotographicclub.net)**

Music

Community Music Victoria

CMV fosters skills development, opportunities, and networks for accessible music-making for all, regardless of age, skills or background.

📍 1/35 Johnston Street
Collingwood

@ info@cmvic.org.au

🌐 cmvic.org.au

Darebin City Brass

Brass band with a great reputation.

Beginners welcome!

📍 Band Hall, corner of
Cramer/Mary Streets
Preston

@ secretary@darebincity
brass.com

🌐 darebincitybrass.com

Preston Symphony Orchestra

Enthusiastic players of orchestral instruments welcome. Weekly rehearsals and 4 concerts per year.

📍 Preston City Hall
284 Gower Street
Preston

☎ 9481 8810

@ info@prestonsymphony
.org.au

🌐 prestonsymphony.org.au

Squawkestra

Community orchestra for adults who are beginning to learn or returning to playing music.

📍 Northcote Senior
Citizens Centre
18a Bent Street
Northcote

@ info@squawkestra
.com.au

🌐 squawkestra.com.au



Choirs


ARCappella Choir

Community mixed-voice choir singing a wide range of music. Both accompanied and acappella.

Concerts and weekly rehearsals are fun and led by a professional conductor.

New members are always welcome.

 **Sacred Heart Primary School**
1 Clifton Grove, Preston

 **0434 356 688**

 **manager@arcappella.org.au**

 **arcappella.org.au**

Climate Choir Melbourne


Non-auditioned choir that sings at climate action events around Melbourne, mostly in the city.

 **climateChoirMelbourne@gmail.com**

Greek Parikia Choir

A choir for Greek speaking singers. Or people with an interest in learning Greek songs and dance.


 **Darebin Intercultural Centre**
350 High Street, Preston

 **Efterpi 0423 767 379**

High Street Bells Choir

Inclusive community choir who come together each week to socialise and to experience the joy of singing and performing.

 **Northcote Uniting Church**
251 High Street
Northcote

 **0474 850 543**

 **highstreetbellschoir@gmail.com**

 **highstreetbellschoir.org.au**

Northern Voice Choir

A friendly, social choir with no auditions.

All welcome.

 **Clyde Street Hall**
64 Clyde Street
Thornbury

 **0405 319 110**

 **northernvoiceschoir@gmail.com**

 **northernvoices.com.au**

Sicilia Bella

This singing and dancing group promotes Sicilian and Italian culture and language.

 **Keon Park Children's Hub**
1-7 Dole Avenue
Reservoir

 **Rita 0410 632 647**



Dance

Bent Street Seniors' Dance

Ballroom dancing and social tea dance.

📍 Northcote Senior
Citizens Centre, 18a
Bent Street, Northcote

☎ 0417 889 959

Bootscoot'n Basics

Line Dancing classes in the Northern Suburbs.

☎ 0408 187 020

@ stoll.67.caro@gmail.com

Dance for Health and Parkinsons

Classes combine a warm and friendly environment with dance and great music, welcoming everyone (with and without neurological conditions).

📍 Reservoir Seniors Centre
Wright Street, Reservoir

@ katrinamrank@gmail.com

Line Dancing

Alphington Community Centre.

📍 Scout Hall
7 Adam Street,
Alphington

☎ 0410 601 796



Writing & Reading

dSCRIBE

Darebin's annual literary magazine, publishing all forms of creative writing from writers with a connection to the City of Darebin.

☎ 8470 8888

@ writingprojects
@darebin.vic.gov.au

🌐 arts.darebin.vic.gov.au

Hellenic Writers Association

Support for writers, workshops, readings, book launches and discussion.

📍 Northcote Library
32-38 Separation Street
Northcote

☎ 0425 552 122

inSITU: Darebin's Creative Writing Program

Opportunities for writers who live, work or study in the City of Darebin.

Activities vary each year, but include workshops, drop-in writing sessions and readings.

☎ 8470 8888

@ writingprojects
@darebin.vic.gov.au

🌐 arts.darebin.vic.gov.au

Tough Guy Book Club

Worldwide network of men's book club in local pubs.

Members meet at various locations across Darebin that you can get to easily on public transport.

@ info@toughguybookclub.com.au

🌐 toughguybookclub.com

Annual Festivals and Events

These events are held every year in Darebin. Visit your local Council Customer Service or the Darebin website to learn about upcoming events in your neighbourhood.

Would you like to receive regular updates on free and low-cost activities and events for older adults in Darebin?

Call Darebin Council on 8470 8828 to subscribe to the bi-monthly Older and Active Newsletter.

FUSE Festival

Darebin's contemporary, multi-arts festival every September.

☎ 8470 8888

@ fuse@darebin.vic.gov.au

🌐 fusedarebin.com.au

NAIDOC Week (National Aborigines and Islanders Day Observance Committee)

National NAIDOC Week celebrations are held to celebrate and recognise the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples.

☎ 8470 8888

🌐 darebin.vic.gov.au

🌐 naidoc.org.au

Victorian Seniors Festival

The festival focuses on free and low-cost events and activities in October. Darebin Council celebrates the launch of Seniors Festival every year.

☎ 8470 8888

@ olderandactive
@darebin.vic.gov.au

🌐 seniorsonline.vic.gov.au

🌐 darebin.vic.gov.au



Climate Action, Environment, Sustainability and Gardens



Climate and Sustainability in Darebin

There is so much each of us can do to take action on the climate emergency. When we all take part, we inspire each other, and our impact grows.

☎ 8470 8888

@ climateemergency
@darebin.vic.gov.au

🌐 darebin.vic.gov.au

Darebin Climate Action Now

Welcomes people of all ages and all walks of life who are concerned about climate change. Join a monthly meeting to find out more.

☎ Karen 0425 753 266

@ darebincan@gmail.com

🌐 darebincan.org.au

Darebin Hard Rubbish Heroes

A not-for-profit group promoting and supporting reuse, repair, repurposing (upcycling) and recycling of preloved items through education and events. Keeping things in use and out of landfill.

@ emaildhrh@gmail.com

🌐 darebinhardrubbish
heroes.org

Darebin Go Electric

Electrify your home or business and benefit from clean energy and healthy and safe future while saving on your energy bills.

☎ 8470 8888

@ climateemergency
@darebin.vic.gov.au

🌐 darebin.vic.gov.au/
go-electric

Neighbours United for Climate Action

NUCA is a grassroots group that supports the 'Hot Planet Matching Making Service' website. NUCA connects groups and people taking action on the climate in local communities.

@ neighboursunitedca
@gmail.com

🌐 nuca.org.au



Transition Darebin

Aims to inspire a transition to lower energy, more resilient and more sustainable ways of living.

This collective of Darebin volunteers and supporters coordinate initiatives including the Darebin Repair Café.

 transitiondarebin@gmail.com

 transitiondarebin.org

Stationeers

Stationeers' groups are local volunteers who share a passion for the environment and their local community. Their activities aim to improve local train stations and their surroundings for residents and wildlife.

You can contact your local Stationeers' group via the website or social media.

 kabvic.org.au

Victoria's Container Deposit Scheme

Make a difference to our community and environment and exchange eligible drink containers for 10 cents. Visit the website to find your nearest refund point.

 **134 237**

 cdsvic.org.au

Friends Groups

Groups of volunteers, interested in natural heritage and biodiversity. They organise regular activities to restore and preserve Darebin's natural environment.

Friends of Darebin Creek

 **9499 4454**

 friendsofdarebincreek@gmail.com

 friendsofdarebincreek.org.au

Friends of Edgars Creek

 edgarscreek@gmail.com

 foec.au

Friends of Edwardes Lake

 friendsofedwardeslake@gmail.com

 friendsofedwardeslake.org

Friends of Merri Creek

 friendsofmerricreek@gmail.com

 friendsofmerricreek.org.au

Community Gardens

Darebin's community gardens provide an opportunity for residents to grow food, connect with nature, learn about plants and enjoy social connection with others.

All Nations Kitchen Garden

📍 All Nations Park
Cnr Separation and
Hopetoun Streets,
Northcote

@ climateemergency
@darebin.vic.gov.au

Bundoora Park Community Garden

📍 1069 Plenty Road
Bundoora

@ climateemergency
@darebin.vic.gov.au

🌐 darebin.vic.gov.au

Newton Street Community Garden

📍 9 Newton Street,
Reservoir

☎ 8470 8107



Northcote Library Food Garden

📍 Separation Street
Northcote

@ northcotelibraryfood
garden@gmail.com

Preston Garden Club

Meets monthly to hear an interesting speaker, enjoy supper and chat about gardening.

📍 Preston Shire Hall
286 Gower Street
Preston

☎ 0438 467 836

Regent Community Garden

📍 4 Robinson Road,
Reservoir

@ friendsofregent
@gmail.com

Sylvester Hive Community Garden

📍 Cnr Dean and Gray
Street, Preston

@ sylvesterhive@gmail.com

Connect with Darebin Council



Darebin Council Customer Service Centres

For information about rubbish disposal and recycling, parking permits, pets, rates, and other Council matters contact or visit your local Darebin Customer Service Centres.

📍 Preston Customer Service Centre
274 Gower Street

Open Monday—Friday,
8.30am—5pm

📍 Northcote Customer Service Centre
32—38 Separation Street
Located inside Northcote Library

Open Monday—Friday,
10am—5pm

📍 Reservoir Community and Learning Centre
23 Edwardes Street
Located inside Reservoir Community Learning Centre (Library)

Open Monday—Friday,
10am—5pm

Centres are closed on public holidays.

Our customer service teams are ready to take your call from 8.30am—5pm weekdays.

☎ 8470 8888

@ mailbox@darebin.vic.gov.au

🌐 darebin.vic.gov.au





Speak my language

Darebin Council offers a free interpreting service for people who do not speak English.

You can visit your local Customer Service Centre; say your language and we will connect you to a Language Aide or interpreter.

 **Call the multilingual telephone line 8470 8470**

Deaf, speech, or hearing-impaired support

If you are deaf, or have trouble hearing or speaking, you can contact Darebin Council through the National Relay Service.

 **TTY dial: 133 677**

 **Speak and Listen: 1300 555 727**

 **relayservice.gov.au then enter 03 8470 8888**

Darebin Community Grants

Our community grants program supports projects that make Darebin a better, healthier, sustainable and more inclusive place. You can apply for our annual grants if you are a not-for-profit community group or organisation.

 **8470 8504**

 **darebingrants@darebin.vic.gov.au**

 **darebin.vic.gov.au**



Exercise and Fitness



Bike Riding

Bike Parking at Stations

Many Darebin train stations have free Parkiteer bike parking cages.

 1300 546 526

 parkiteer.com.au

Darebin's Bike Skills Workshop and monthly Bike Checks

Autumn and spring workshops focus on bike maintenance and safe riding on local paths and roads. Free 20-minute bike checks are held on the third Saturday of each month at Batman Park in Northcote and the fourth Sunday at Reservoir Leisure Centre.

 8470 8683

 darebin.vic.gov.au

Darebin BUG bicycle user group

Social riding group with a regular and varied riding program.

 **Jika Jika Community Centre, 1B Plant Street Northcote**


 9482 5100

 darebinbug.org.au

Preston Cycling Club

Road and track cycling club with velodrome. The club welcomes riders of all ages and with varying level of experience.

 **TW Andrews Reserve Velodrome, Cuthbert Road, Reservoir**

 0407 541 447


 info@prestoncyclingclub.com

 prestoncyclingclub.com

Seniors Bike Shed

Come along and talk bikes, get help with repairs, and connect with other bike riders on the first Thursday of every month.


 **Jika Jika on the Park East Street, Northcote**

 9482 5100

WeCycle

Group of volunteer bike mechanics who work together to recondition bikes for refugees and others who need them.

 **Batman Park, Northcote on Saturdays**

 8470 8683

 wecycle-melbourne.com

Bowls

Bowls is a sport for all ages and a fun social activity. Head down to your nearest green and try one of the many activities bowls clubs have on offer.

Alphington Bowls Club

Bowls and regular entertainment.

📍 **Alphington Park**
28 Parkview Road

☎ **9499 2530**

@ **info@alphington**
bowlsclub.org.au

🌐 **alphingtonbowlsclub**
.org.au

Fairfield Bowling club

📍 **125 Gillies Street**

☎ **9481 3145**

@ **info@fairfieldbowling**
club.com.au

🌐 **fairfieldbowlingclub**
.com.au

Kingsbury Bowls Club

Bowls and Music every third Sunday of the month.

📍 **Arch Gibson Reserve**
Dunne Street

☎ **9462 2803**

@ **info@kingsbury**
bowlsclub.com.au

🌐 **kingsbury.bowls.com.au**

Preston Reservoir Bowls Club

📍 **75 Leamington Street**
Reservoir

☎ **9469 3547**

@ **Resbowls@bigpond**
.com.au

🌐 **resbowls.com.au**

Thornbury Bowls Club

Bowls and regular entertainment.

📍 **27 Ballantyne Street**

☎ **9484 2815**

@ **Info@thornburybowls**
.com.au

🌐 **thornburybowls.com.au**



Community Sport Centres

Recreational social activities and programs for 50+. Increase your quality of life and make new friends!


Stadiums offer a range of sporting facilities for hire, including tennis courts.

 darebin.vic.gov.au

Darebin Community Sports Stadium

DCSS is a well-established community sports facility that offers a variety of spaces for hire, including a four-court indoor stadium, mezzanine hall, multi-purpose room, and five outdoor netball/tennis courts.

 **857 Plenty Road, Reservoir**

 **9471 4935**

 **info@darebincommunitysportsstadium.com.au**

 **darebinstadiums.com.au**

Northcote Aquatic and Recreation Centre

Northcote Aquatic Recreation Centre (NARC) is a community hub offering a state-of-the-art health club, five group fitness spaces, and six aquatic areas, including indoor and outdoor pools, splash pads, and wellness facilities. The Active Adult membership for those 60+ provides daily access to the Aquatic and Gym areas, plus participation in Active Adult aquatic and group fitness classes.

 **180 Victoria Road, Northcote**

 **9088 4600**

 **info@northcoteaquaticreccentre.com.au**

 **northcoteaquaticreccentre.com.au**



Narrandjeri Stadium

Narrandjeri Stadium, located in Thornbury, is a premier facility designed for everyone in the community to enjoy. It features four indoor courts, including a show court with over 300 fixed seats and six universal access spaces, along with four outdoor courts, meeting rooms, and an on-site café.

📍 **281 Darebin Road,
Thornbury**

☎ **9989 5800**

@ **Info@narrandjeristadium
.com.au**

🌐 **darebinstadiums.com.au**

Reservoir Leisure Centre

RLC is an important community facility that brings people together, creating connections and supporting the health and wellbeing of residents. The centre offers a broad range of aquatics, fitness, gym and bike services and activities to people of all abilities.

📍 **2A Cuthbert Road
Reservoir**

☎ **9496 1050**

@ **rlc@darebin.vic.gov.au**

🌐 **darebin.vic.gov.au**

Canoeing

Fairfield Canoe Club

This welcoming club located by the Yarra River in Fairfield offers a popular beginner course, regular training sessions, coaching, and a weekly e-newsletter.

📍 **9 The Esplanade
Fairfield**

🌐 **fairfieldcanoecub.org.au**

Exercise Social

Get Active in Darebin

Council's free community-based exercise program. Most activities are catered for people of all ages, abilities and fitness levels. Pick up the full program at your local council customer service or join the mailing list on Council's website.

☎ **8470 8888**

🌐 **darebin.vic.gov.au**



Golden Oldies Club/ Happy Group

Social seniors meet for gentle exercise and badminton.

📍 **Narrandjeri Stadium**
281 Darebin Road
Thornbury

📍 **Darebin Community
Sports Stadium**
857 Plenty Road
Reservoir

☎️ 9989 5800 and
9471 4935

🌐 darebinstadiums.com.au

Outdoor Fitness Equipment in Darebin Parks

All weather gym equipment to exercise across Darebin parklands. Anytime for free!

Locations include:

📍 **Link Reserve, Kingsbury**

📍 **Edwardes Lake Park,
Reservoir**

📍 **CH Sullivan Memorial
Park, East Preston**

📍 **Mayer Park, Thornbury**

📍 **All Nations Park,
Northcote**

☎️ To receive a list of
outdoor gyms, call
Council on 8470 8888

🌐 darebin.vic.gov.au

Parks and playgrounds directory

Whether you're looking for somewhere to play, relax or exercise, Darebin has a great range of parks and playgrounds. For locations, information on accessibility and facilities of each park visit your local customer service or call Council on

☎️ 8470 8888

🌐 darebin.vic.gov.au

Darebin Travel Smart Map

This map is the ideal place to start when you're planning your route. It features shared paths and bike lanes as well as walking paths, public toilets and public transport information, including tram and train maps.

Pick up from your nearest customer service centre or library.

☎️ 8470 8683

🌐 darebin.vic.gov.au



Uniting Age Well

A fully equipped gym designed for older people to provide education, therapy and support programs to help you maintain or restore your independence.

 **9 Langwells Parade
Northcote**

 **7503 7200**

 **ah@unitingagewell.org**

 **unitingagewell.org**

Golf

Darebin's golf courses offer well-kept greens, lessons, cafés, outdoor activities, and events for all ages.

Bundoora Park Public Golf Course

Nestled in the Bundoora Park Precinct, Bundoora Golf features an 18-hole course, Driving Range with Covered Bays, and Ball tracking Trackman technology. Enjoy expert coaching, a stocked golf shop, a food truck, licensed café, and equipment hire.

 **1069 Plenty Road
(off Fairway Drive)**

 **9469 3880**

 **info@bundoorapark
golfcourse.com.au**

 **bundooraparkpublic
golfcourse.com.au**

Northcote Public Golf Course

Located along the Merri Creek and walking trail, this 9-hole public course is one of Melbourne's most affordable and welcoming golf destinations. Catering to all skill levels, it offers a rewarding challenge for golfers. Enjoy professional lessons, a fully licensed café, and much more in a relaxed community atmosphere.

 **143 Normanby Ave
Thornbury**


 **9484 6961**

 **info@northcotepublic
golfcourse.com.au**

 **northcotepublic
golfcourse.com.au**

Latrobe Golf Park

Indoor facility, welcoming people of all ages and abilities. Offering driving range practice, Trackman golf simulators, mini-golf, lessons and clinics, functions and drive through coffee.

 **906 Plenty Road
Kingsbury
Contact 9470 4481**

 **enquiries@latrobe
golfpark.com.au**

 **latrobegolfpark.com.au**

Walking

Park and Green Spaces in Darebin

We have over 150 parks in Darebin. Walk, ride, play, exercise or just relax.

There are parks big and small not far from you.


Darebin parks include Bundoora Park Farm, Edwardes Lake, All Nations Park, Darebin and Merri Creek Trails.

 **8470 8888**

 darebin.vic.gov.au

Spiritual Healing Trail

A self-guided or guided walk designed to support personal healing, offered as a meaningful gesture of reconciliation from the Aboriginal and Torres Strait Islander communities.

 **Darebin Parklands**
Separation Street
Alphington
Contact 9499 4454

 info@dcmc.org.au

 dcmc.org.au

Walking groups

Walk together to connect and to feel happier and healthier.

There are quite a few groups running regular walks across Darebin. Ask at your local neighbourhood house and leisure centre.

Or visit the Heart Foundation Walking website.

 walking.heartfoundation.org.au

Parkrun

A free community event where you can walk, jog, run or volunteer. Parkrun is positive, welcoming and inclusive, there is no time limit, and no one finishes last. Everyone is welcome to come along.

Every Saturday at 8am.

 **CT Barling Reserve**
Plenty Road
Reservoir

 darebin@parkrun.com

 parkrun.com.au

Housing and Crisis Support



After hours emergency response to homelessness

Statewide crisis and emergency accommodation.

📞 **1800 825 955**

🌐 housing.vic.gov.au

Haven Home Safe

Access point for housing assessment, emergency assistance, prioritisation and referrals.

📍 **52-56 Mary Street, Preston**

📞 **1300 428 364**

🌐 havenhomesafe.org.au

Launch Housing

Launch Housing offers emergency shelter, crisis accommodation, specialist supports, and rough sleeping services so those at risk can secure a safe home.

📞 **1800 825 955**

Merri Outreach Support Services (MOSS)

Provide clients with holistic, person-centred support, connecting them to housing, health services and community resources.

📍 **1 Holmes Street Northcote**

📞 **9481 0036**

🌐 merri.org.au

Housing for the Aged Action Group

Provides support, advocacy, and information to help older people find safe, secure, and affordable housing. HAAG is actively campaigning for housing justice.

📞 **1300 765 178**

Interpreters are available



Darebin Housing Support Program

Darebin City Council has sponsorship rights to three public housing estates for older people. The Aged Housing Support Officer assists current or former residents of Darebin to access secure, long-term housing in an estate where all residents are aged 55 and over.

☎ 0436 347 038

@agedhousing@darebin.vic.gov.au

Free and low-cost meals

Many people in Darebin face daily challenges in accessing nutritious food for a healthy life. Visit your local neighbourhood house or church for free and low-cost community meals and food relief programs.

📍 Visit your nearest customer service for a list of the local food relief options

☎ Darebin Council
8470 8888

Nurse on Call

Free telephone service that provides immediate, expert health advice from a registered nurse 24/7.

☎ 1300 60 60 24

Gamblers' Help

You can contact Gambler's Help for free and confidential support with your gambling.

☎ 1800 858 858





Independence, Support at Home and in the Community

Aged Care Visitors Volunteer Scheme

This scheme supports volunteer visits to provide friendship and companionship to older people. Visits are available to anyone who:

- receives government-subsidised residential aged care or Home Care Packages, including care recipients approved or on the National Priority System for residential or home care packages.
- is socially isolated.

 [health.gov.au](https://www.health.gov.au)

Care Finder

Council's Care Finder program provides support for older people who might otherwise 'fall through the cracks' and don't have anyone to assist them to navigate My Aged Care, access aged care services and other relevant supports in the community.

 **8470 8543**

 positiveageingcarefinder@darebin.vic.gov.au

 [darebin.vic.gov.au](https://www.darebin.vic.gov.au)

Council's Home Support Services

Darebin Council provides a range of government-funded home support services for older residents. Services include: domestic assistance, personal care, delivered meals, respite care and home maintenance. We also offer Individual Social Support services, including escorted shopping, community access and in home visiting.

People wishing to use these services will need to be assessed via My Aged Care.

 **8470 8828**

 mailbox@darebin.vic.gov.au

Or contact

 **My Aged Care on
1800 200 422**

 [darebin.vic.gov.au](https://www.darebin.vic.gov.au)

Darebin Disability Access

A regular e-newsletter on all things access and inclusion in the community. It covers NDIS updates, workshops, and training opportunities.

 **Darebin Access and Inclusion Team**


 **8470 8327**

 disability.access@darebin.vic.gov.au

 [darebin.vic.gov.au](https://www.darebin.vic.gov.au)

HACC PYP: Home and Community Care Program for Younger People

Darebin's Home and Community Care Program for Younger People (HACC PYP) assists residents aged 18-64 and Aboriginal and Torres Strait Islander people aged 18-50 who may struggle with independent living. This support is for those facing chronic illness, mental health issues, disability, or other conditions, and who need help with daily activities to stay independent at home or in the community.


 **8470 8913**

 **haccpyp@darebin.vic.gov.au**

 **darebin.vic.gov.au**

LiveUp

Free healthy ageing online platform, offering exercise classes, assistive products suggestions and local groups.


 **1800 951 971**

 **support@liveup.org.au**

 **liveup.org.au**

My Aged Care

My Aged Care is an Australian Government service and your first point of contact for accessing government-funded aged care services. It is designed to support individuals with diverse needs, backgrounds, and circumstances, ensuring you receive the right care tailored to your specific situation.

 **1800 200 422**


 **For translating and interpreting services call 131 450**

 **myagedcare.gov.au**

National Disability Insurance Scheme (NDIS)

The National Disability Insurance Scheme (NDIS) provides funding to eligible people under 65 with a disability to promote independence, access new skills, jobs, improve quality of life and connect them with services in their community. The Local Area Coordination agency for Darebin is the Brotherhood of St Laurence.

 **293 High Street, Preston**

 **1300 275 634**

 **bsl.org.au**

Seniors Card

The free program encourages people over 60 to keep active and engaged in the community, by providing discounts and making it more affordable to get out and about.

☎ **1300 797 210**

🌐 seniorsonline.vic.gov.au

Social Support Individual

Darebin Council's aged care clients can receive assistance from a community support worker at home or in the community. It mainly focuses on giving a person social contact, companionship, or support to be active in their community. People wishing to use this service will need to be assessed via My Aged Care:

☎ **1800 200 422**



Support for Carers

Council's Support for Carers program focuses on supporting the wellbeing of unpaid carers in the community. We offer tailored, flexible support to carers, addressing their individual needs. Supports can include carer groups, advice, short-term respite, material aid, assistance navigating service systems and help with the challenges of caring for someone, like isolation, psychological distress, health impacts and financial stress.

☎ **8470 8543**

@ [@positiveageingcarefinder](https://www.facebook.com/positiveageingcarefinder)
[@darebin.vic.gov.au](https://www.facebook.com/darebin.vic.gov.au)

Vision Australia

Services and resources for people who are blind or have low vision.

☎ **1300 84 74 66**

🌐 visionaustralia.org



LGBTIQA+

**Lesbian, Gay, Bisexual,
Transgender and Gender
Diverse, Intersex, Queer,
Asexual, BrotherBoys,
SisterGirls**



Australian LGBTIQ Multicultural Council

AGMC is the national peak body for lesbian, gay, bisexual, trans, intersex, queer individuals and community groups of multicultural and multifaith backgrounds.

📍 **Victorian Pride Centre**
78-81 Fitzroy Street
St Kilda

@ contact@agmc.org.au

🌐 agmc.org.au

Bisexual Alliance Victoria

Resources, support and events for bisexual people, their partners, families, and friends.

@ info@bi-alliance.org

🌐 bi-alliance.org

The Lesbian Club

An association promoting and organising cultural events for lesbian members.

🌐 thelesbianclub.org.au

Matrix Guild

A charitable, feminist support and advocacy group for older lesbians, includes social activities and home visiting service.

📍 **PO Box 99**
Fairfield 3078

📞 **Liz Smith**
0421 236 894

@ secretary@matrixguildvic.org.au

🌐 Matrixguildvic.org.au



Intersex Human Rights Australia

Promotes human rights and bodily autonomy of intersex people, and provides education and information services.

@ info@interaction.org.au

🌐 interaction.org.au

Out and About Community Visitors Scheme

Volunteer based home visiting program for older LGBTIQ+ people. This program is available to all older LGBTIQ+ people.

☎️ **1800 729 367**

@ [outandabout](https://www.outandabout.org.au)
[@switchboard.org.au](https://www.outandabout.org.au)

🌐 switchboard.org.au

Switchboard in partnership with Qlife

Free and confidential telephone and webchat counselling for anyone needing to discuss personal thoughts and feelings around sexuality, identity, gender, bodies, feelings or relationships.

☎️ **1800 184 527**

SMS 0480 017 246

🌐 switchboard.org.au

🌐 **Online chat: qlife.org.au**

Switchboard's Rainbow Door

Free specialist LGBTIQ+ helpline providing information, support, and referral to all LGBTIQ+ Victorians, their friends and family. You don't need a referral to use this service.

☎️ **1800 729 367**

@ [support@rainbowdoor.org.au](https://www.support@rainbowdoor.org.au)

🌐 rainbowdoor.org.au



**DAREBIN
PROUD** 

Thorne Harbour Health

Offering a wide range of health services and programs, including services for older LGBTIQ+ and Aboriginal and Torres Strait Islander people that are experiencing social isolation. Participants are matched with a volunteer who is also a part of the LGBTIQ+ community, for regular social visits and ongoing connection.

📍 200 Hoddle Street
Abbotsford

☎ 9865 6700

@ enquiries@thorne
harbour.org

🌐 thorneharbour.org

Transgender Victoria

Transgender Victoria helps trans and gender diverse people, their partners, families and friends to get the health and community services they need.

📍 Shop 2, 360
Lygon Street
Brunswick East

🌐 tgv.org.au

Victorian Pride Centre and Memory Lane

Is a supportive space for LGBTIQ+ individuals, allies, and their families, friends and caregivers affected by dementia. Held regularly at the Victorian Pride Centre in St Kilda, the event is free to attend. Bookings are essential.

📍 79-81 Fitzroy Street
St Kilda

☎ National Dementia
Helpline 1800 100 500

@ vic.memorylanecafe
@dementia.org.au

🌐 pridecentre.org.au





Lifelong Learning, Meeting Places and Neighbourhood Houses

Darebin Libraries

Your local library is a welcoming space for learning, leisure, and lounging. You will find a large physical and digital collection of books, movies, music, newspapers, and magazines available for borrowing. Resources are available in English as well as in many community languages and in large print. Darebin libraries also run free events, including author talks, help with technology, workshops and more.

There are also rooms and spaces for hire to run your own activities.

📞 1300 655 355

🌐 libraries.darebin.vic.gov.au

Fairfield Library

📍 121 Station Street

Northcote Library

📍 32-38 Separation Street

Preston Library

📍 266 Gower Street

Reservoir Community and Learning Centre (Library)

📍 23 Edwardes Street

📞 9496 1021

@ community.hubs@darebin.vic.gov.au

🌐 darebin.vic.gov.au

Home Library Service

This free service is for Darebin residents who can't visit the library due to ill health, frailty and disability.

📞 1300 655 355

Darebin Heritage Website

Our local history website, Darebin Heritage, has over 1000 articles on Darebin's history, historic photographs, newspapers, oral histories, and more.

🌐 libraries.darebin.vic.gov.au







Neighbourhood Houses


Join in with fun activities: share a meal, discover your own creativity, or join as a volunteer. Get your hands dirty in the community gardens! Darebin's neighbourhood houses and community centres offer a wide range of free and low-cost activities for all abilities and ages. Community centres offer programs and services to address health and wellbeing needs.

There are also rooms and spaces for hire to run your own activities.


Alphington Community Centre

-  2 Kelvin Road, Alphington
-  9499 7227
-  info@alphington.org.au
-  alphington.org.au

Bridge Darebin - Preston

-  218 High Street, Preston
-  9484 5806


Bridge Darebin - Thornbury

-  131 Shaftesbury Street
Thornbury
-  9484 5806
-  bridgedarebin.org.au

East Preston Community Centre

-  7 Newton Street,
Reservoir
-  8470 8107
-  darebin.vic.gov.au

Gurwidj Neighbourhood House

-  Aborigines
Advancement League
2 Watt Street, Thornbury
-  9480 7777

Jika Jika Community Centre

-  1B Plant Street, Northcote
-  9482 5100
-  office@jikajika.org.au
-  jikajika.org.au

Reservoir Neighbourhood House

-  2C Cuthbert Road,
Reservoir
-  8488 6655
-  admin@reservoirnh.org.au
-  reservoirnh.org.au

Span Community House

📍 64 Clyde Street,
Thornbury

☎ 9480 1364

@ info@spanhouse.org

🌐 spanhouse.org

Meeting Places

Darebin Intercultural Centre

Intercultural programs, language courses, services, and spaces to meet, including public lounge area. Open weekdays.

📍 350 High Street, Preston

☎ 8470 8440

@ intercultural@darebin.vic.gov.au

🌐 darebin.vic.gov.au

Darebin Northwest Uniting Church

Stay Connected - iPad course for older adults, sewing group, monthly High Tea and heartwarming service on Sundays followed by morning tea.

📍 399A Murray Road
Preston

☎ 9471 3265

🌐 dnw.unitingchurch.org.au

Keon Park Children's Hub

Keon Park Children's Hub provides a range of family and community services and has multi-purpose spaces available for hire.

📍 1-7 Dole Avenue
Reservoir

☎ 8470 8022

@ [keonPark.Childrenshub@darebin.vic.gov.au](https://www.keonPark.Childrenshub@darebin.vic.gov.au)

🌐 darebin.vic.gov.au

Prace Community Centre

Prace is a Registered Training Organisation, offering adult education in a supportive community setting. Classes include adult literacy, English courses, computer essentials and more.

Classes are held at local community venues and at Merrilands Community Centre.

📍 35 Sturdee Street
Reservoir

☎ 9462 6077

@ office@prace.vic.edu.au

🌐 prace.vic.edu.au



Senior Citizens Centres

Facilities and spaces around Darebin available for hire to not-for-profit community groups and organisations.

📞 **Bookings and enquiries on 8470 8634 or**

@ **seniorcitizenscentres**
@darebin.vic.gov.au

🌐 **darebin.vic.gov.au**

U3A - University of the Third Age

Become a member at U3A and access a large range of courses and activities for adults 50+. The course calendar includes arts & craft, history, languages, music, exercise, digital learning and much more. Classes are being held at community venues throughout Darebin.

📍 **PO Box 44, Fairfield 3078**

📞 **9489 2103**

@ **info@u3adarebin.com.au**

🌐 **u3adarebin.com.au**

Council Community Centres

We have a variety of centres across Darebin providing services to improve the wellbeing of the community. They offer support to families with children, health and social programs and have spaces available for hire for your next community event or meeting.

📞 **8470 8110**

@ **community.hubs**
@darebin.vic.gov.au

🌐 **darebin.vic.gov.au**

City and Shire Hall

Shire and City halls available for hire.

📍 **Gower Street, Preston**

📞 **8470 8649**

@ **presthal@darebin**
.vic.gov.au

🌐 **darebin.vic.gov.au**



Digital Learning

Helping older adults learn new digital skills through easy workshops, personal support, resources and fun activities

For more info, you can visit your local customer service centre to pick up Council's digital learning pamphlet.

☎ 8470 8888

Australian Cyber Security Centre

The Australian Government's Cyber Security Centre provides lots of information to help you stay safe online. You can also report a scam.

☎ 24/7 hotline:
1300 292 371

🌐 cyber.gov.au

Be Connected - every Australian online

Australian Government funded support for people to engage with digital technology in their local communities. Build your digital skills, confidence and safety with free online learning content and computer classes.

☎ 1300 795 897

@ connect@goodthingsfoundation.org

🌐 beconnectednetwork.org.au

Device Advice

Free one-on-one session with a library staff member, helping you complete simple tasks on your device.

View Darebin Libraries on page 45.

☎ 1300 655 355

🌐 libraries.darebin.vic.gov.au

Online Chat for Seniors

Online chat group meets both online and in person for lunch and good chat. A good place to start getting active in Darebin.

☎ 8470 8063

@ [@olderandactive](https://www.facebook.com/olderandactive)
[@darebin.vic.gov.au](https://www.facebook.com/darebin.vic.gov.au)



Seniors Rights and Advocacy



Carer Gateway

Carer Gateway is an Australian Government program providing free services and support for carers. If you care for a family member or friend with disability, a medical condition, mental illness, or who is frail due to age, then Carer Gateway can help you.

📞 1800 422 737

🌐 carergateway.gov.au

Carers Victoria

Carers Victoria is the peak body representing all unpaid carers in Victoria. Carers Victoria is a committed team of friendly, qualified people offering knowledge, support, and resources when you need it.

📞 1800 514 845

@ reception@carersvictoria.org.au

🌐 carersvictoria.org.au

Council on the Ageing (COTA) Victoria

COTA Victoria is the leading not-for-profit organisation representing the interests and rights of people aged 50+ in Victoria.

Membership to COTA Vic is free.

📞 1300 135 090

🌐 cotavic.org.au

Elder Rights Advocacy

Free, independent, and confidential aged care information and advocacy support. Also linking aged care volunteer visitors with isolated older Victorians in need of a friend.

📞 1800 700 600

🌐 elderrights.org.au

Seniors Rights Victoria

Seniors Rights Victoria supports the rights of older people and works to prevent elder abuse.

📞 1300 368 821

🌐 seniorsrights.org.au

Don't hesitate to reach out for assistance. There are community services here to support you!





Social Groups and Clubs



Seniors Clubs

Darebin has over 50 Seniors Clubs. Social groups and clubs are run by older people who are volunteers and offer various regular social activities, including meals, bocce, cards and bingo or outings. Phone the club for details.

For more information and help to connect with a group:

 **Darebin Council 8470 8828**

 **olderandactive@darebin.vic.gov.au**



Arabic

Islamic Elderly Group

- 📍 Merrilands Community Centre, 35 Sturdee Street Reservoir
- ☎ 8470 8828

English

East Reservoir Senior Citizens

- 📍 7A Strathmerton Street Reservoir
- ☎ Margaret 0417 663 949 or 0415 813 216
- @ eastreservoirseniorcitizens@gmail.com

East Preston Senior Citizens Art Group

- 📍 Donald Street Senior Citizens Centre East Preston
- ☎ 8470 8828

Northcote Senior Citizens Club

- 📍 Northcote Senior Citizens Centre, 18a Bent Street Northcote
- ☎ 8470 8828

Probus Club of Kingsbury

- 📍 Kingsbury Bowls Arch Gibson Reserve Dunne Street, Kingsbury
- ☎ Jan 0419 233 770 and Marianne 0405 548 592

Chinese/Mandarin

Blue Rhythms Chinese Dance Group

- 📍 East Reservoir Senior Citizens Centre 7a Strathmerton Street Reservoir
- ☎ Jane 0423 811 825

Cultures Together Choir

A group of elderly people singing together in Chinese and English each week.

- 📍 Northcote Senior Citizens Centre 18a Bent Street, Northcote
- ☎ 0482 053 886
- @ yinghe819@gmail.com

Home Away from Home Seniors Group

- 📍 East Reservoir Senior Citizens Centre 7a Strathmerton Street Reservoir
- @ yanghong06120612@gmail.com

Reservoir Chinese Seniors Group

- 📍 East Reservoir Senior Citizens Centre
7a Strathmerton Street
Reservoir
- ☎ Lin Wen 0421 738 616

Springtime Chinese Dancers

- 📍 East Reservoir Senior Citizens Centre
7a Strathmerton Street
Reservoir
- ☎ Emily 0416 180 488

Greek

Batman Elderly Greek Women's Group

- 📍 Northcote Senior Citizens Centre
18a Bent Street, Northcote
- ☎ Soula 0439 610 868

Centre for Greek Ex-Servicemen's Elderly Citizens Club of Darebin and District

- 📍 Northcote Senior Citizens Centre
18a Bent Street
Northcote
- ☎ Toula 0413 357 731

Darebin Greek Women's Senior Citizen's Club

- 📍 Reservoir Community and Learning Centre
Edwardes Street
Reservoir
- ☎ Soula 9460 9405

Greek Women's Elderly Friendly Club

- 📍 East Preston Community Centre
7 Newton Street
East Reservoir
- ☎ 8470 8828

Hellenic Stegi Friendly Elderly Citizens Club

- 📍 1 Bastings Street
Northcote
- ☎ Fred 0417 333 153

Reservoir Greek Elderly Citizens Club

- 📍 Reservoir (Library) Community Learning Centre
Edwardes Street
Reservoir
- ☎ Mary 0429 102 387

The Greek Senior Citizens Club 'The Hope'

- 📍 Northcote Senior Citizens Centre
18a Bent Street
Northcote
- ☎ Takis 0412 565 107

Indian

Northern Region Indian Seniors' Association

- 📍 Northcote Senior Citizens Centre
18a Bent Street
Northcote
- ☎️ Santosh 0411 136 612
- @ santosh.kumarau@gmail.com

SAHARA Victorian Association

- 📍 Northcote Senior Citizens Centre
18a Bent Street
Northcote
- ☎️ Sushil 0401 016 634



Italian

Circolo Pensionati Italiani Di Reservoir

- 📍 Reservoir (Library) Community Learning Centre
Edwardes Street
Reservoir
- ☎️ Emma 0474 748 178
or Rosa 9469 4551

Italian Elderly Citizens Group Holy Spirit

- 📍 Holy Spirit Parish Hall
197 Clarendon Street
Thornbury
- ☎️ 8470 8828

Italian Senior Citizen's Club of Preston

- 📍 Sacred Heart Church Hall
85 David Street, Preston
- ☎️ Frank 9478 9644
- @ fpascale@optusnet.com.au

Kingsbury Italian Seniors Citizens Club

- 📍 Kingsbury Bowls Club
Arch Gibson Reserve
Dunne Street, Kingsbury
- ☎️ Connie 0402 815 438

Merrilands Italian Seniors Club of Reservoir Inc.

📍 Merrilands
Community Centre
35 Sturdee Street
Reservoir

@ matteo.villani1@hotmail.com

Northwest Reservoir Italian Pensioner Group

📍 St. Joseph's The Worker
Community Hall
79 Wilson Blvd, Reservoir

☎️ Elisa 0409 177 382

Thornbury Italian Senior Citizens Club

📍 Leinster Community
Centre, 99 Leinster Grove
Thornbury

☎️ Tony 0419 381 631

Macedonian

Australian Macedonian Pensioners Club

📍 Reservoir (Library)
Community Learning
Centre Edwardes Street
Reservoir

☎️ Lambe 0415 123 124

Bigla - Senior Citizens Association

📍 East Preston Senior
Citizens Centre
Donald Street, Preston

☎️ Zivka 0468 961 998

Macedonian Senior Citizen Group Pellister

📍 Regent Centre
4 Robinson Road,
Reservoir

☎️ Bogoja 0421 140 356

Macedonian Senior Citizens Group, St. Nikola Merlikinski

📍 East Preston Senior
Citizens Centre
Donald Street, Preston

☎️ Marika 0412 288 553

Northcote Macedonian Senior Citizens Club 'Kajmakcalan'

📍 Northcote Senior
Citizens Centre
18a Bent Street, Northcote

☎️ 8470 8828

Macedonian Senior Citizens Group Prespa

📍 Reservoir Senior
Citizens Club
2-4 Wright Street
Reservoir

☎️ 0400 002 337

Polish

Polish Senior Citizens Club of Reservoir

📍 Reservoir (Library)
Community Learning
Centre, Edwardes Street
Reservoir

☎ Halina 0425 739 867

Slavic

Multi-Ethnic Slavic Senior Citizens Group - Preston

📍 Preston Library
Gower Street, Preston

☎ Lejla 0435 505 549

Vietnamese

Preston Reservoir Indo-Chinese Elderly Group

📍 Shire Hall Preston
286 Gower Street, Preston

☎ Hanh Le 0401 507 256

Social Support Groups

Groups have a social and recreational focus and are designed for people who require additional support to participate.

Activities are supported by staff and often provide meals and transport. People wishing to join a group will need to be assessed via My Aged Care.

To register with My Aged Care please call

☎ 1800 200 422

🌐 myagedcare.gov.au

Darebin Men's Shed

Safe and supportive space for men of all ages to enjoy a cuppa and a yarn. Explore a range of activities and share and develop new skills.

📍 Your Community Health
125 Blake Street
East Reservoir

📍 See also Alphington
Community Centre

☎ 8609 6009

🌐 yourch.org.au

Link Community Transport

Fun social outings to suit any interest. From local and regional sightseeing tourist destinations, art & cultural events, musical theatre to boat cruises, community and suburban markets, and more.

Staff and volunteers can take you door to door from home and assist you with your transport needs along the way.

📍 1/62 Keon Parade
Thomastown

☎ 1300 546 528

@ support@lct.org.au

🌐 lct.org.au

Spectrum

These groups are focused on the needs of people from specific cultural and linguistic backgrounds.

Activities provide physical, intellectual, emotional, and social stimulation in a welcoming environment.

Groups meet in community rooms located in Bundoora, Preston, and Reservoir.

- 📍 **Clifton Respite Cottage**
7 Clifton Grove, Preston
(Italian, Vietnamese, Chinese, Macedonian)
- 📍 **Masonic Hall, 382 Bell Street, Preston (Chinese)**
- 📍 **Regent Centre**
4 Robyns Way
Reservoir (Macedonian)
- 📍 **Janefield Community Centre**
2 Manchester Crescent Bundoora
(Chinese)
- ☎️ **1300 735 653**
- @ **connect@spectrumvic.org.au**
- 🌐 **spectrumvic.org.au**

Yanada House

The friendly team at Yanada House offers a variety of programs, themed days, and social activities. The program is designed to help older residents in Darebin stay active, engage with others, and enjoy new experiences.

Both in-house activities and outing groups are available, providing opportunities for social connection and exploration.

- 📍 **92 Dennis Street Northcote**
- ☎️ **8470 8970**
- 🌐 **darebin.vic.gov.au**

Your Community Health

Groups and activities provide a welcoming environment where you can make friends, have fun, learn new skills, and be entertained. These groups meet weekly at health centres throughout Darebin or at various community-based venues.

- 📍 **wulempuri barring - East Reservoir Health Centre**
125 Blake Street
- 📍 **wulempuri dhumba Northcote Health Centre**
42 Separation Street Northcote
- 📍 **balit wurun, Preston (PANCH) Health Centre**
300 Bell Street, Preston
- ☎️ **8470 1111**
- @ **Info@yourch.org.au**
- 🌐 **yourch.org.au**





Transport



Accessible Parking Permit

Permits give parking concessions to those with impaired mobility. There are three types of Accessible Parking Permits available to Victorian residents:

- Australian Disability Parking Permit
- Victorian Double Time Permit
- Australian Disability Parking Permit (for organisations).

 accessibleparking.vic.gov.au

Car Share

Car sharing gives you the flexibility of having access to a private vehicle without having to pay the high costs associated with owning a car.

Over 50 car share bays across Darebin are run by FlexiCar, GoGet and Popcar.

 **Call Council's Transport Team 8470 8383**

 darebin.vic.gov.au

Darebin Council's Community Transport

Council's Community Transport Service can help you stay active and connected in your local community, with regular trips to shopping centres, social clubs, and local gyms. A service for people who have difficulty using public and private transport.

 **8470 8296**

 darebin.vic.gov.au

Darebin Council's Minibus Hire

This Council funded service offers minibuses for hire to local community groups and not-for-profit organisations. Terms and conditions apply.

 **8470 8634**

 [@seniorcitizenscentres@darebin.vic.gov.au](https://seniorcitizenscentres@darebin.vic.gov.au)


 darebin.vic.gov.au



Link Community Transport

Link helps you to enjoy normal everyday things in life – with the freedom to go where ever you want – providing just the transport, or as much help as you need. Link also runs a huge range of social outings to fit every person’s unique interests, languages, preferred social groups or physical needs.

 **1/62 Keon Parade**
Thomastown


 **1300 546 528**

 **support@lct.org.au**

 **lct.org.au**

Community AccessAbility

Volunteer drivers provide a door-to-door service with fully accessible vehicles. Government subsidised transport services through My Aged Care client referral. Low-cost ‘self-funded’ options are available for older people with financial challenges.

 **1300 704 530**


 **intake@community**
accessability.com.au

 **community**
accessability.com.au

Public Transport Victoria

Provides information on all public transport services, timetables, and fares.


Victorian Seniors Card holders can enjoy one week of free public transport during Seniors Month each October.

 **1800 800 007**

 **ptv.vic.gov.au**

Free Myki Travel Passes


Available to eligible passengers to travel free on the public transport network.

 **1800 800 007**

 **ptv.vic.gov.au**

Victorian Companion Card

For people with significant permanent disability who need carer assistance to use public transport or attend movies and other entertainment. The card allows the carer to attend free of charge.

 **1800 650 611**

 **companioncard.org.au**

Victorian Concessions Guide

The Victorian government offers concessions to make essential services more affordable for low-income households and to help with bills in times of hardship.

☎ **1800 658 521**

🌐 services.dffh.vic.gov.au

Multi-Purpose Taxi Program

Eligible passengers with accessibility and mobility needs get half price taxi fares.

☎ **1800 638 802**

🌐 safetransport.vic.gov.au

Council Parking Permits

Darebin Council's Carer Parking Permit is available for family, friends, or other carers to park legally while providing services or visiting an older person.

Also available for drivers and passengers with medically assessed mobility issues.

☎ **Darebin Council Customer Service Centres**
Contact 8470 8888



Volunteering



Adult Migrant English Program

Melbourne Polytechnic is recruiting volunteer tutors to help refugees and migrants learn English.

📍 **77 St Georges Road
Preston**

☎ **9269 1514**

@ **amepvts@melbourne
polytechnic.edu.au**

🌐 **melbourneamep.com.au**

Darebin Information Volunteer & Resource Service (DIVRS)

Volunteering is a great way to meet people, share or develop skills and become involved in your community.

📍 **285-287 High Street
Preston**

☎ **9480 8200**

🌐 **divrs.org.au**

Darebin's Advisory Committees

A diverse range of Council's Community Advisory Committees give input into policy and service development, projects, and events.

The Active and Healthy Ageing Advisory Committee supports the integration of ideas and needs of older people into Council services and initiatives.

☎ **8470 8888**

@ **Mailbox@darebin
.vic.gov.au**

🌐 **darebin.vic.gov.au**



Friends for Good

We raise awareness of loneliness as a significant issue in the community and address gaps in services to foster a greater sense of connection and wellbeing for individuals and communities.

📍 **390 High Street, Northcote**

☎ **9691 6300**

@ **admin@friendsforgood.org.au**

🌐 **friendsforgood.org.au**

Grandmothers for Refugees

We firmly believe that seeking asylum is a fundamental human right. We are committed to advocating for a transformative reset of Australia's refugee policy to ensure that every person seeking asylum in this nation is welcomed, provided a fair assessment process and, where appropriate, protection and safe settlement.

@ **info@grandmothersforrefugees.org**

Hot Planet Matchmaking Service

A website for those passionate about nature, sustainability, climate justice, and a healthy planet. Connect with local groups focused on climate action, sustainability, and biodiversity.

🌐 **nuca.org.au**

Volunteering with Darebin Council

Contribute your own time and make a meaningful contribution to your community. Meet new people, share your skills, and learn new skills through volunteering at your local neighbourhood house or community organisation (as listed).

☎ **Volunteer Programs Officer 8470 8888**

@ **Volunteering@darebin.vic.gov.au**

🌐 **darebin.vic.gov.au**







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CITY OF DAREBIN

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darebin.vic.gov.au



National Relay Service

TTY dial 133 677 or
Speak & Listen 1300 555 727
or relayservice.gov.au,
then enter 03 8470 8888



Speak Your Language

T 8470 8470

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