

# GET ACTIVE IN DAREBIN

FREE EXERCISE

## AUTUMN

MONDAY 27 APRIL UNTIL SUNDAY 7 JUNE 2026

ACTIVITY	LOCATION	SUBURB	START	FINISH	TIME
<b>MONDAY</b>					
HIIT30	La Trobe Indoor Sports Centre	Bundoora	27 Apr	1 June	12.30–1pm
Active Adults Aqua	Northcote Aquatic & Recreation Centre	Northcote	27 Apr	1 June	1.30–2.15pm
Teen Mat Pilates	Northcote Aquatic & Recreation Centre	Northcote	27 Apr	1 June	4.30–5.15pm
<b>TUESDAY</b>					
Walking Basketball	Narrandjeri Stadium	Thornbury	28 Apr	2 June	10.30–11.30am
Gentle Pilates	East Preston Community Centre	Reservoir	28 Apr	2 June	4–5pm
<b>WEDNESDAY</b>					
Qigong	Darebin North East Community Centre	Bundoora	29 Apr	3 June	10–11am
Women's Seated Dance	Reservoir Community & Learning Centre	Reservoir	29 Apr	3 June	10.30–11.15am
Walking Futsal	Darebin Community Sports Stadium	Reservoir	29 Apr	3 June	12–1pm
Access & Inclusion	Reservoir Leisure Centre	Reservoir	29 Apr	3 June	12–12.45, 1–1.45 & 2–2.45pm
Preschoolers Swim session					
Leamington Lay Ups	Leamington Hub/Reservoir Skate Park	Reservoir	29 Apr	3 June	3.45–5pm
Girls Soccer Skills Clinic	Hayes Park	Thornbury	29 Apr	3 June	6–7pm
Footy fun & fitness for women & gender diverse people	AH Capp Reserve	Preston	29 Apr	3 June	6.30–7.30pm
QSA Reformer Pilates	Narrandjeri Stadium	Thornbury	29 Apr	3 June	8–8.45pm
<b>THURSDAY</b>					
Cardio & Core	Reservoir Leisure Centre	Reservoir	30 Apr	4 June	9.30–10.30am
Les Mills Thrive	Northcote Aquatic & Recreation Centre	Northcote	30 Apr	4 June	10.20–11.05am
Boccia	Narrandjeri Stadium	Thornbury	30 Apr	4 June	12–1.30pm
Come N Try Ice Skating	IceHQ	Reservoir	30 Apr	4 June	1.45–2.45pm
Chair Yoga	Keon Park Children's Hub	Reservoir	30 Apr	4 June	2–3pm
Women's Tennis	Narrandjeri Stadium	Thornbury	30 Apr	4 June	7–8pm
<b>FRIDAY</b>					
Tai Chi	AG Davis Park	Preston	1 May	5 June	10–11am
Qigong	East Preston Community Centre	Reservoir	1 May	5 June	10–11am
Mindful Yoga	Bundoora Homestead Arts Centre	Bundoora	1 May	5 June	2–3pm
Aboriginal Women-only Water Session	Reservoir Leisure Centre	Reservoir	1 May	5 June	2.30–3.15pm 3.15–4pm
<b>SUNDAY</b>					
Zumba	Reservoir Leisure Centre	Reservoir	3 May	7 June	4.30–5.30pm

WITH FREE EXERCISE AND FAMILY FRIENDLY CLASSES [DAREBIN.VIC.GOV.AU/GETACTIVE](https://DAREBIN.VIC.GOV.AU/GETACTIVE)



We acknowledge the Wurundjeri Woi wurrung people who are the Traditional Owners of the land on which Darebin stands.

We recognise their continuing connection to land, waters and culture. We pay my respects to Elders past and present, and future leaders.



the place to live