

## Group Fitness Conditions of Entry

To ensure patrons have the best possible experience, the following conditions of entry are in place to provide a safe, hygienic and pleasant environment:

- People under the age of 12 are not permitted at any time.
- Ages 12 17 may attend group fitness classes on Casual basis with a parent/guardian (Excludes weights based classes which are 16+).
- Teen members aged 12 17 may attend all non weights based classes unaccompanied after Fitness Assessment has been completed.
- Always bring a towel. Practise safe hygiene and wipe down all equipment after use.
- Ensure you have registered for your group fitness class.
- Please arrive on time for your class and participate in warm up.
- Do not drop weights when exercising.
- Return equipment to original position after use.

- Abusive, disruptive, offensive behaviour or language is not permitted.
- No film or photos can be taken without staff permission.
- Please seek assistance if you are feeling unwell during a workout.
- No glassware is permitted.
- Persons under the influence of drugs or alcohol will not be permitted entry.
- Follow staff instructions at all times.