

**SUBJECT: Start 2026 Strong — With no joining fee and 2 weeks free**

Terms and Conditions

1. “*Start 2026 Strong*” promotion is available to all new and previously cancelled members who do not hold an active membership at time of joining.
2. Previously cancelled members must have been cancelled for a minimum of two (2) weeks before re-joining.
3. Offer valid for fortnightly Health Club or Aquatic direct debit memberships only. Direct debit details must be provided at the time of joining.
4. Excludes Reformer and Recovery Room memberships and all add-on memberships.
5. A **pro-rata membership fee** covering the period from the join date to the next scheduled billing date will be payable at the time of joining. The **joining fee** will be waived, and the first scheduled fortnightly direct debit will be \$0.
6. Cooling-off period is 7 days. Minimum term is two weeks once billing commences. Cancellations must be submitted in writing via email or using the RLC cancellation form with 2 weeks' notice.
7. Suspensions are not available during the promotional free period. Standard suspension rules apply once billing begins.
8. Offer is non-transferable and cannot be redeemed for cash.
9. Standard RLC membership terms, conditions and policies apply.
10. Promo code **Strong26** must be used at checkout or mentioned at reception to redeem the offer.
11. Offer valid until 11:59pm Wednesday 28 January 2026 unless withdrawn earlier.